

# ALL YOU NEED TO KNOW ABOUT RAMADAN AT SOFITEL DUBAI THE PALM



LET THE SERENE GREEN LANDSCAPES, TURQUOISE BLUE WATERS, WHITE SANDY BEACH, AND POLYNESIAN ARCHITECTURE OF SOFITEL DUBAI THE PALM BE YOUR PERFECT GETAWAY HAVEN TO RELAX, REFLECT AND RENEW WITH YOUR LOVED ONES THIS HOLY MONTH OF RAMADAN.

ENJOY GREAT EXPERIENCES FROM EXQUISITE DINING OPTIONS, WELLNESS ESCAPES AT SOFITEL SPA, PHYSICAL TRANSFORMATIONS AT SOFITEL FITNESS, EXCITING ACTIVITIES FOR THE LITTLE ONES AT AMURA KIDS CLUB, AND REFRESHING LEISURE ACTIVITIES FOR THE FAMILY AT THE POOLS AND BEACH.

## What is Ramadan?

The Holy Month of Ramadan is celebrated on the ninth month of the lunar calendar also known as *Hijri*. It is considered to be the month in which Prophet Mohammed received the revelation of the Quran. During this period, Muslims are fasting by abstaining from drinking or eating from dawn to dusk, to teach themselves self-awareness, patience and tolerance.

## What is Iftar?

Iftar or breaking the fast happens at *Maghrib* or the sunset prayer time. This is the time for families to come together and share our meal.

Enjoy authentic Iftar experience with your family at Maui Beach Restaurant serving a scrumptious Iftar spread featuring local and regional Arabic delicacies, international dishes and Ramadan inspired beverages.

**Prices:** AED195 per adult | AED98 per child, all packages includes Ramadan inspired juices and house water  
Extra charges will apply on top of Dine around package

Sunset to 9pm

**After Iftar,** Maui Beach Restaurant and Rooftop offers a selection of snacks, mezzeh, soft beverages and shisha from 9pm to 11pm.

## What is Suhour?

Suhour is the first meal taken before sunrise and before beginning the fast. Suhour set menu is available through In-Room Dining from 1am to 5pm.

All guests with breakfast package can choose between regular breakfast or Suhour.

## Greetings

**Ramadan Kareem** means  
"Have a generous Ramadan"

**Ramadan Mubarak** means  
"Have a blessed and bountiful Ramadan"



### General Safety Guidelines:



Wear face mask



Social distancing  
3 meters



Use sanitizer



Wash hands  
regularly

## Restaurants and Lounges

All restaurants follow the safety guidelines of 3-meter distance between tables and maximum of seven guests per table.

All guests are requested to pass by the Restaurant Reservations Desk, open from 10am to 8pm, for their breakfast preferences, dietary requirements and lunch and dinner bookings for a seamless stay experience.

### Breakfast 6:30am to 11am

- **Manava**  
Breakfast Buffet

### All -Day F&B

- **In Room Dining**  
Shour set menu from 1am to 5am  
À la carte for 24 hours
- **Olivier's Lounge**  
Take-away and À la carte at the terrace  
from 7am to 11pm
- **Maui Food Truck**  
Refreshments from 12pm to 6pm

### Lunch 12:30pm to 3pm

- **Laguna Lounge**  
Greek-inspired Menu from 11am to 11pm
- **Maui Beach Restaurant**  
Dine around and À la carte  
Happy Hours daily from 4:30 pm to 6:30pm
- **Pools & Beach**  
À la carte
- **Moana Seafood Restaurant**  
Dine around and À la carte  
Closed every Tuesday

### Dinner 6:30pm to 11pm Dress Code: Smart Casual

- **Laguna Lounge**  
Greek-inspired Menu from 11am to 11pm
- **Maui Beach Restaurant**  
Iftar Buffet from sunset to 9pm  
Extra charges will apply on top of Dine around package  
Iftar refreshments and shisha from 9pm to 11pm
- **The World Eatery**  
Dine around and À la carte  
Closed every Monday
- **Moana Seafood Restaurant**  
Dine around and À la carte  
Closed every Tuesday
- **Porterhouse Steaks & Grills**  
Dine around and À la carte  
Closed every Sunday  
Happy Hours, daily from 6:30 pm to 8:30pm  
Ladies Night, every Tuesday from 7pm to 11pm

### Food, Water and Non-alcoholic Beverage:

You may consume food and beverages at the designated areas across the resort which includes restaurants, lounges, pools and beach. Kindly refrain from eating around the hotel lobby and other public areas in the city.

### Alcoholic Beverage:

All restaurant and lounges except Olivier's Lounge may serve alcoholic beverages on the tables and by glass only. All-inclusive Beverage package is available at all restaurants and lounges excluding In Room Dining and Olivier's Lounge.

## Wellness and Leisure Facilities:



**Sofitel SPA**  
Sunday to Thursday,  
from 11am to 9pm  
Friday and Saturday,  
from 9am to 9pm



**Our pristine beach**  
Daily, from 8am to 6pm

### Pools

- Main Pool : 8am to 8pm
- Slide Pool : 9am to 6pm
- Apartment Pool: 9am to 6pm
- Egg Pool : 9am to 6pm
- Kids Club Pool : 9am to 6pm



**Sofitel FITNESS**  
Daily from 7am to 9pm  
Closed for Sanitisation  
from 2pm to 3pm

### Tennis Court

Daily from 7am to 9pm  
For reservations, please call  
+971 52 992 8595



### Amura Kids Club

Welcomes children from age four to 12 years  
Sunday to Thursday from 10am to 5pm  
Friday to Saturday from 9am to 6pm  
Closed for Sanitisation from 1pm to 2pm

- Access is a maximum of three hours per child.
- All children should bring along their personal socks and water bottle.
- Children from six years and above are required to wear a mask in the Amura Kids Club premises.
- Parents and guardians are not permitted inside the Amura Kids Club at all times.
- Pre-booking is required to access the Kids Club; please call +971 44 55 5438 or 5604 to reserve your time slot.

## General Reminders:



### Smoking and Shisha:

We have designated areas for smoking at the restaurants, lounges, pools and beach areas.

Shisha service is available from sunset in the following venues:

- Maui Beach Restaurant from sunset to 1am
- Laguna Lounge from sunset to 11pm
- Olivier's Lounge from sunset to 11pm
- Porterhouse from sunset to 1am



### Dress Code:

Whilst the Beach Chic attire is acceptable at the pool and beach areas, please ensure to dress modestly and conservatively at the hotel lobby, dinner restaurants, and all public areas in the city.



### Retail Products and Services:

Our shopping arcade boasts a wide selection of products and services from pharmaceutical necessities, grocery items, beach fashion and souvenirs, to salon services and excursion and transportation arrangements.



### Tourist Attractions:

Most tourist attractions remain open but may have changes in the opening hours.

Please visit the concierge for more information.



### Shopping Malls:

All mall opening hours are extended until late in the evening during Ramadan.

Please visit the concierge for more information.



### Public Areas and Transportation:

No eating or drinking

No smoking

No public displays of affection

All timings are subject to change without prior notice.

## SOFITEL DUBAI THE PALM

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