

# THE SERENITY MESSAGE

## Price List



### FOOT MASSAGE

60 min | THB 1,300    90 min | THB 1,900

This massage uses pressure on particular areas of the feet. A very old therapy that links the re-ex zones on the feet to specific parts of the body. Relief from pain, illness and stress comes by putting pressure on the appropriate zones of the feet and legs.

### THAI MASSAGE

60 min | THB 1,300    90 min | THB 1,900

A "traditional Thai massage" is the most energizing. Pressure points together with gentle body stretching to help release energy blockages and muscle tension. This massage is performed without oil and pressure is strong. It is excellent for inner body balancing and unblocking energy pathways.

### HEAD BACK NECK AND SHOULDER MASSAGE

60 min | THB 1,400    90 min | THB 2,050

This therapeutic massage technique which focuses on the head, back, neck and shoulder, creates a sense of balance for the mind and body.

### THAI OIL MASSAGE

60 min | THB 1,600    90 min | THB 2,350

A combination of Thai and deep tissue techniques using a natural blended massage oil in smooth flowing massage strokes to relieve tension, tiredness and leave feeling refreshed.

### AROMATHERAPY OIL MASSAGE

60 min | THB 1,600    90 min | THB 2,350

This delightfully relaxing and gentle massage allows the healing properties of these natural oils to soothe. Aromatherapy uses essential oils to improve the health of the body, mind, and spirit.

### AFTER SUN MASSAGE

60 min | THB 1,600    90 min | THB 2,350

This soothing relaxing massage uses the healing power of fresh Aloe vera to help your skin to regenerate after a sunny day on the beach.

### DEEP TISSUE MASSAGE

60 min | THB 1,700    90 min | THB 2,500

The perfect tension release for over-stressed muscles. This deep muscular therapy massage will increase flexibility, speed up recovery and relieve soreness from over-exertion or intense exercise.



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### WARM CANDLE MASSAGE

60 min | THB 1,800    90 min | THB 2,600

A soothing body massage using warm nourishing aromatic massage candle which will help soothing your muscle tension, relieve stress and will leave you rejuvenated.

### THAI HERBAL HOT COMPRESS

60 min | THB 1,800    90 min | THB 2,600

A traditional Thai herbal compress is a divine luxurious treatment that combines traditional Thai massage techniques with heated herbal compress. These compresses are invigorating which lead to a relaxing effect on the body.

### SLIMMING MASSAGE

60 min | THB 1,900    90 min | THB 2,800

This treatment uses massage oil, body lift cream and massage movement technique to improve blood circulation as well as helping to make your skin more smooth and firm.

### HOT STONE THERAPIES

60 min | THB 2,000    90 min | THB 2,800

A full body massage technique that uses Basalt stones to instill a deep level of calm while relaxing tight muscles, removing blockages and dissolving stress.

### TRIGGER POINT MASSAGE

60 min | THB 2,500    90 min | THB 3,500

Our skilled and specialized therapists have an innate ability to find issues in your body and heal them. This is a rare opportunity to experience a unique session that can address specific skeletal muscular ailments that have been troubling you.

### BODY SCRUB

60 min | THB 1,600

The treatment involves the exfoliation of the skin to remove dead skin cells and impurities from the body. This body scrub ideal for normal to oily skin will help hydrating your skin, leaving it smoother and softer.

### FACIAL MASSAGE

70 min | THB 1,900

This massage help improving your skin appearance and reinvigorating your natural radiance to reduce fine lines and wrinkles on your face. They also increase the circulation to your facial tissue resulting in brighter and youthful looking skin.

