



LUMINOUS  
S P A



We warmly welcome you to the [Luminous Spa](#) where you can detach yourself from busy city life and enjoy serenity through pampering while leaving your hectic daily routine behind. With a beautiful panoramic view and integrated spa design you can sense and feel the tranquility of nature all around. Our secret recipes will brighten your soul, redefine your body shape and shine pure light into your mind.

## SPA ETIQUETTE

### Appointment Information

We recommend that you make a reservation in advance to ensure that your preferred time and service is available.

### Arrival Time

In order to attain the most from your spa experience, please arrive 15 minutes prior to your scheduled appointment, so that we can deliver all necessary pre-service information before you relax and enjoy the facilities at Luminous Spa.

Please be advised that late arrival may result in a reduction to treatment time as each session will need to be finished on time, as a courtesy to the following client.

### Children

Children must be accompanied by an adult at all times.

### Cancellation Policy

A minimum of 4 hour cancellation notice is required for all appointments. Any cancellations under the 4 hour threshold will result in a 50% cancellation charge.

If you fail to turn up to your appointment without cancelling, a charge of 100% will be implemented. All charges will be made to the room. The re-scheduling of appointments is subject to availability.

### Peaceful Environment

For the comfort of all our spa guests, photography and the use of mobile phone is strictly prohibited at Luminous Spa. Please ensure you respect all spa guests' right to privacy and serenity.

### Personal Belongings

Although there are lockers provided we suggest keeping your personal belongings in your room for extra security. The spa is not responsible for any loss or damage to personal belongings.

### Pregnancy

We have specially designed treatments for expectant mothers in their second and third trimesters. Please contact the Spa Reception for further information and to help you make the correct treatment choice.

### Prohibition

Smoking and the consumption of alcohol within the spa are prohibited.

### Health Conditions

Please advise us of any health conditions, allergies or injuries when making your spa reservation as a doctor's note may be required.

# SPA PACKAGES



## Luminous Signature

165 minutes / THB 4,890++

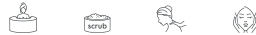


Beginning with Luminous Signature Massage & followed by Luminous Signature Facial Ideal for normal skin, maintaining moisture level, and bringing skin radiance strengthens skin's lipid to help prevent moisture loss with Luminous Spa.

- ◆ Steam or Sauna 15 minutes
- ◆ Luminous Signature Massage 90 minutes
- ◆ Alpine Aloe Vera Facial Treatment 60 minutes

## Rejuvenate

195 minutes / THB 5,490++



Rejuvenate yourself with a combination of whole body treatment with a choice of body scrub & relax in mineral or milky bath. A choice of body massage & facial treatment to complete the wonderful experience. Leaving you feel fresh from top to toe.

- ◆ Steam or Sauna 15 minutes
- ◆ Mineral or Milky Bath 15 minutes
- ◆ Body Scrub 30 minutes
- ◆ Body Massage (Select one) 60 minutes
- ◆ Whitening Facial Treatment 75 minutes

## Ultimate Bliss

135 minutes / THB 3,290++



Designed to reveal healthy and beautiful skin. Package starts with body scrub to remove dead skin cell, followed by body wrap to nourish your skin. Finishing touch includes your choice of body massage to enhance blood circulation and make your skin glow.

- ◆ Steam or Sauna 15 minutes
- ◆ Body Scrub 30 minutes
- ◆ Body Wrap 30 minutes
- ◆ Body Massage (Select one) 60 minutes

### Body Massage

- ◆ Thai Massage
- ◆ Aromatherapy Massage
- ◆ Swedish Massage
- ◆ Deep Tissue Massage



## BODY MASSAGE

### The Signature Massage

90 minutes / THB 2,590++

Let our signature massage ease your tension while enjoying this unforgettable experience. Our Traditional Thai Massage is combined with a Luminous Oil Aromatherapy Massage, to alleviate muscular aches and tension, leaving you completely restored.

## MASSAGES



### THAI TOUCH

#### ★ Thai Massage

60 minutes / THB 1,290++

90 minutes / THB 1,690++

Traditional Thai Massage, works on the theory of intrinsic energy flow and energy balance to promote better health. This massage concentrates on the application of pressure to distribute energy release blockages and stretch the muscles, leaving the body relaxed and energetic.

#### Thai Herbal Compress Massage

120 minutes / THB 2,490++

This traditional massage features a warm herbal poultice to soothe muscles. This massage is effective for alleviating sore muscles, arthritis, or stress.

### MUSCLE RELAXER

#### ★ Swedish Massage

60 minutes / THB 1,490++

90 minutes / THB 1,990++

The strong rhythms massaging techniques help to increase blood circulation and boost immune system. Highly recommended for athletes or sportspeople.

#### Deep Tissue Massage

60 minutes / THB 1,490++

90 minutes / THB 1,990++

Perfect for athletic individuals who require body work. Helps to release muscle tension and increase joint flexibility. This massage focuses on individual muscle groups using deep compression and stroke.

## FOCUS POINT MESSAGES

### Luxury Foot Massage

60 minutes / THB 1,290++  
30 minutes / THB 1,090++

Reflexology is an ancient medical way of healing with pressure applied to soles of your feet. It helps to soothe energy blockages. It helps to remove stress & enhance the circulation. The body is allowed to return to a state of perfect balance.

### Healing Back Massage

45 minutes / THB 1,190++

Focuses on stressed muscles particularly on the back, shoulder, neck, and head. Ease away chronic aches and release tension.

### Head & Shoulder Massage

30 minutes / THB 1,090++

Head & shoulder massage soothes away tensions in your upper body, break down knots and improve flexibility. It helps to relieve headaches by stimulating the nerves on your scalp and the blood circulation within your head. You will feel relaxed and re-energized.

### Arm & Hand Massage

30 minutes / THB 1,090++

Provide relief for people who spend hours on devices. It helps to relieve stress, pain and discomfort in the arms, hands, and wrists. A massage also resolves issues related to arthritis and poor blood circulation.



## AROMATHERAPY

### Aromatherapy Massage

60 minutes / THB 1,490++      90 minutes / THB 1,990++

Aromatherapy massage combines the use of essential oils and therapeutic massage to promote a feeling of well-being and relaxation. It will loosen your muscles and release any suppressed tension in your body, mind and soul.

### Kid Massage with Natural Oil

60 minutes / THB 1,190++

Especially for kid from 3 - 10 years old, It helps children relax and learn to calm themselves and be able to manage stress better. It also helps to relieve depression and anxiety.

SPECIAL MENU

# Cannabis Massage Therapy



## Cannabis Massage Therapy

90 minutes / THB 2,550++

### Relieve

- ◆ Stress
- ◆ Anxiety
- ◆ Insomnia
- ◆ Muscle Tension





## BODY SCRUB & WRAP

### Choice of Body Scrub

60 minutes / THB 1,990++

(Steam or Sauna : 15 mins / Body Scrub : 30 mins / Moisturizing Massage : 15 mins)

Exfoliate the skin, removing dead skin cells and brightening tone and texture, leaving you looking and feeling radiant.

◆ Nourishing ◆ Detoxifying ◆ Revitalizing ◆ Brightening

### Choice of Body Wrap

60 minutes / THB 1,990++

(Steam or Sauna : 15 mins / Body Wrap : 30 mins / Moisturizing Massage : 15 mins)

Revitalizes your skin and regain the glow. Spread a herbal paste over your entire body, and immerse yourself in a full body wrap.

◆ Moisturizing/Soothing ◆ Brightening

## PRENATAL MASSAGE

60 minutes / THB 2,000++

90 minutes / THB 2,500++

A pregnancy massage is a specially adapted gentle and soothing massage tailored specifically for the mother-to-be. As a term, 'pregnancy massage' applies to any hands-on massage treatment for a woman during her pregnancy, easing aches and pains, aiding deep relaxation.



# Dr. Spiller

## FACIAL TREATMENT

by Dr. Spiller

**" Premier quality, Exclusivity, Inspired by nature "**

These are the principles that guide us in developing highly effective innovations with the ultimate goal of maintaining healthy skin and supporting its natural functions. We have set out to make exclusive skin care Made in Germany a true experience for all the senses.

This is a goal we work towards relentlessly with conviction and passion, holding ourselves to the highest standards.

### Propolis Treatment

70 minutes / THB 2,890++

*For Oily Skin*

For blemished and oily skin,  
balance the skin flora.

### Alpine Aloe Vera Treatment

70 minutes / THB 2,890++

*For Normal Skin & Sensitive Skin*

Retain youthfulness and soothes.  
Delay skin aging process.  
Boost and maintain the skin youthfulness  
for rosy and fresh appearance.

### Whitening Treatment

80 minutes / THB 3,390++

The De Pigmentor treatment helps balance  
the complexion. It lightens the skin and  
makes it evenly toned.

### Cellular Treatment (Anti-aging Skin)

80 minutes / THB 3,390++

The ultimate treatment for a total turnaround for skin.  
Revive the skin youthfulness. Re-activate the firmness  
and reduce the signs of aging.



## SALON & SERVICES

### Additional Service Add In's

- |   |           |
|---|-----------|
| ◆ Any Choice of Body Scrub (30 minutes) | THB 700++ |
| ◆ Mineral or Milky Bath (30 minutes)    | THB 550++ |
| ◆ In-room Service Fee                   | THB 300++ |

### Extra Service

- |   |           |
|---|-----------|
| ◆ Steam or Sauna (per time or 30 minutes) | THB 550++ |
|---|-----------|

### Salon Treatment

- |                                |           |
|--------------------------------|-----------|
| ◆ Shampoo & Blow Dry           |           |
| - Shoulders length or shorter  | THB 550++ |
| - Longer than shoulders length | THB 750++ |

### Manicure & Pedicure Treatment

- |                                   |             |
|-----------------------------------|-------------|
| ◆ Basic Manicure Spa (60 minutes) | THB 1,000++ |
| ◆ Basic Pedicure Spa (60 minutes) | THB 1,200++ |
| ◆ Gel Nail Polish                 | THB 850++   |
| ◆ Gel Glitter Nail Polish         | THB 1,150++ |
| ◆ Gel Nail Polish Removal         | THB 500++   |
| ◆ Gel Nail Extension PVC          | THB 1,600++ |
| ◆ Gel Nail Extension Poly Gel     | THB 3,000++ |
| ◆ PVC/ Polygel/ Gel Removal       | THB 1,200++ |

\*\*Manicure and pedicure treatments require a 24-hour booking appointment and payment in advance\*\*