"Aditya" Spa

Our quaint "aditya" spa, cozily tucked between the Ground floor and the First level of the Hotel is the perfect place for you to relax, unwind and enhance your stay with us.

Choose from any of our special packages and ala carte treatments and let our expert therapists soothe your cares away

"ADITYA"

US\$ 370 Nett Per Couple 2 hours & 30 minutes

Recharge your senses and indulge in our signature couples treatment in the privacy of your own suite, or reserve the luxurious spa for you and someone special.

This package includes

- ** Foot bath
- ** Aromatherapy Massage
- ** Body Scrub (Coconut Scrub)
- ** Body Mask
- ** Milk Bath
- ** Candle Lit Dinner with a Bottle of Wine or Sparkling Wine, on the beach, or at any other dinning option of your choice.

**Reservations should be made one day in advance.

ADITYA BLISS

US\$ 265 Nett Per Couple 2 hours and 30 minutes

Turn a hot tub jacuzzi into a tranquil oasis with the heady scent of tropical flowers in the privacy of your own suite, or reserve the luxurious spa for you and someone special, and indulge in the richness of a chocolate or green tea body scrub.

This package includes

- ** Foot Bath
- ** Balinese Massage
- ** Body Scrub (Green Tea or Chocolate)
- ** Foot Massage
- **Floral Bath
- **Reservations should be made one day in advance.

Body Treatments

Relaxing Massage - US\$ 80 75 Minutes

We use a cooling cucumber and curd mask in this relaxing massage, that will soothe your mind and body. (Curd and Cucumber)

Balinese Massage – US\$ 70 60 Minutes

This massage involves a combination of authentic Balinese techniques, including massage, acupressure, reflexology and aromatherapy. This relaxing massage helps loosen muscles and relieves aches and pains.

Aromatherapy Massage – US\$ 85 90 Minutes

We use a soothing blend pure essential oil extracts, that improve the health and fitness of your mind and body. This aromatherapy massage is ideal for those looking to detox, and unwind.

(Warm essential oils)

Aditya Signature Massage – US\$ 63 60 Minutes

In this signature treatment; We use a fusion of massage techniques

Indulge in this aromatic and relaxing massage with your choice of three essential oil blendes.

Choose from Green Tea, Lemongrass, Cinnamon

Deep Tissue Massage - US\$ 90 90 Minutes

Let the hands of our experienced therapist work on the deep layers of your tissue, to give you the added pressure that will ease and relax tensed muscles. An excellent therapy for those who prefer a massage with added pressure.

Head, Neck, Back & Shoulder Massage – US\$ 53 45 Minutes

Relax the tensed muscles of your neck, head, back and shoulders, and relieve yourself from stress.

This massage will help you to unwind and enjoy the serene and peaceful beauty of aditya.

Choose one of our specially blended aromatic oils, relax and enjoy 45 minutes of bliss.

Warm Stone Massage - US\$ 100 90 Minutes

Pamper your body with the warmth of smooth basalt stones, combined with warm aromatic oils. This therapy is penetrating, and relaxes aching muscles and helps to improve blood circulation.

Foot Reflexology - US\$ 42 30 minutes

Reflexology is a therapeutic method of relieving pain by stimulating pre- defined pressure points on the feet.

This specialized foot massage relieves stress and tension, helps to improve blood circulation, and restores the body's natural state of equilibrium.

Aditya Sunset Ritual - US\$ 95 120 minutes

Relax and unwind from a day in the sun with our soothing after sun ritual. This treatment begins with our special happiness oil blend, made to calm and cool your skin, followed by a healing aloe vera wrap and a refreshing moisturizing milk mask. While you wait for the luxurious wrap to cool you feel the last few traces of stress melt away when your therapist gives you a soothing head massage.

(Rose & Jasmine Oil Massage, Aloe Vera wrap and Milk mask)

Body Scrubs

Soften your skin by gently removing dead cells, and enhance your natural glow, by using our range of body scrubs.

Choose from: Dead Sea Salt Scrub, Green Tea Scrub, Chocolate Scrub, Coffee Scrub, Milk Scrub

Body Scrub – US\$ 50 45 minutes

Dead Sea Salt Body Scrub or Coffee, Aloe Vera Scrub or Chocolate Scrub-US\$ 130 120 minutes

With

- ** Foot Bath
- ** Aditya Signature Massage
- ** Body Scrub
- ** Floral bath

Milk Scrub, Chocolate, Green Tea- US\$ 140 120 minutes

With

- ** Foot Bath
- ** Aditya Signature Massage
- ** Body Scrub
- ** Body Mask
- **Milk Bath

Sun Burn Body Wrap – US\$ 42 30 minutes

Cool off your skin after a day in the tropical sun, with our soothing cucumber and Aloe Vera body wrap. While your body cools off, you will be treated to a relaxing foot massage

Facial - US\$ 80

Manicure - US\$ 37

Pedicure - US\$ 48

Nail Polish - US\$ 10

French Polish - US\$ 15

All rates are inclusive of Government Taxes & 10% Service Charge

To make a spa reservation, please contact the reception Desk on # o.

In order to serve you better, please assist us by making your appointment at least 4 hours ahead of the desired time.

We kindly request Cancellations to be made at least 2 hours prior to your booking.

We provide disposable undergarments for use during treatments. Our therapist has been trained to use proper draping technique to respect your privacy at all times.

Ultrasonic Aroma Hydrotherapy

Soak in a tub of highly energized water combined with plant extracts to treat your specific health conditions, or just soak in for a relaxing fine bubble hydrotherapy experience.

Millions of tiny oxygen rich air bubbles stimulate acupressure points on the body whilst emitting relaxing sound waves into the water, in return gives internal warning to give an efficient blood circulation to all the internal organs of your body in cellular level.

BEAUTY & WELLNESS HYDROTHERAPY

Hydrotherapy Combined with Massage

Experience hydrotherapy bubble energy bath before a relaxing full body massage for that extreme body and mind relaxation

Hydrotherapy, Signature massage **1 hr 20 min USD 80** Hydrotherapy, Relaxing massage **1 hr 45min USD 90**

Detoxification, Water Retention - 20 Minutes

Smooth and mild water therapy stimulate kidneys to purify your blood system

Single Session USD 27
Five Sessions USD 105

Jet-lag clearance and reviving energy - 20 Minutes

Hydrotherapy can adjust the biological time clock, perk up and stabilize the pressure of internal organs and adjust to the new atmospheric change

Single Session	USD 27
Three Sessions	USD 63

Hydrotherapy to Relieve Body aches and pain - 20 Minutes

Hydrotherapy can gently treat aching joints, muscles and relieve back pain, with sound waves and natural far intra red light.

Single Session USD 27
Three Sessions USD 63

Skin whitening, Skin tone Balancing - 20 Minutes

This Volcanic salt mix herbal extract, combined with Hydrotherapy, lightens and softens your skin whilst removing dead skin.

Single Session	USD 32
Three Sessions	USD 75
Five Sessions	USD 125

Skin Irritation, Sun burn - 20 Minutes

This is an ideal solution for sensitive skin. Soak in a solution of water and Pine needle oil, which soothes and hydrates irritated skin.

Single Session	USD 27
Three Sessions	USD 63

Slimming, Toning, firming, cellulite Single Session - 20 Minutes

This highly effective, fat burning 40C spring bath therapy, burns calories and tones your flabby tissue without any exertion to your joints or internal organs, and strengths your muscles. 10 sessions can achieve 2 - 3 kg loss and 3- 4 inch loss from stomach.

(twice a day treatments)

Ten Sessions	USD 265
Twenty Sessions	USD 475

Extreme exercise with Hydrotherapy (2-3 km jog effect) - 20 Minutes

This therapy feels like a marathon, with strong fine air bubbles actively pumping 46 liters per second through the bio – ceramic embedded mat, is equivalent to a one hour cardio vascular work out, without the strain on joints and muscles.

Single session

USD 32

Sinus Colds & Headaches, Nasal congestion, Chest congestion - 20 Minutes

Ultrasound and aroma therapy with powerful bubble activity clears the congested nasal cavity and air passages of the lungs with ease.

Single Session	USD 27
Three Sessions	USD 63
Five Sessions	USD 105
Ten Sessions	USD 190

Bowel movement, flatulent and discomfort 20 Minutes

This Hydro energy bubble bath, can take away flatulent, improve metabolic functions and food digestion. It also eases and relaxes your stomach muscles for smooth bowel movements.

Single Session	USD 27
Three Sessions	USD 63
Five Sessions	USD 105

HEALTH HYDROTHERAPY

10 Sessions program plan - USD 370 Single Session - 20 Minutes

- 1. Diabetes, Neuropathy
- 2. Asthma
- 3. Cholesterol
- 4. Insomnia
- 5. Arthritis pain management
- 6. Skin Diseases
- 7. Cancer Rehabilitation
- 8. Sports Injuries Lactic Clearance
- 9. Paralysis / Stroke Re-habilitation
- 10. Re-productive System Disorders
- 11. Gastritis and gas build up