

# GYM RECREATION ACTIVITIES



**GYM OPENING HOURS**  
7AM - 8PM



**FUN AQUAROBIC**  
11AM - 12PM  
Main Pool  
Complimentary



**RECREATION OPENING HOURS**  
7AM - 6PM



**YOGA CLASS**  
8AM - 9AM  
Beach Garden  
IDR 150,000++/person



**HI TABATA CLASS**  
10AM - 11AM  
SoFIT Gym  
IDR 100,000++/person



**BICYCLE**  
7AM - 5PM  
Recreation Counter  
IDR 50,000++/person



**MINI SOCCER**  
7AM - 5PM  
Recreation Counter  
Complimentary



**TENNIS**  
7AM - 7PM  
SoFIT Gym  
IDR 250,000++/hour



**MINI BADMINTON**  
7AM - 5PM  
Recreation Counter  
Complimentary



**FUN BOXING**  
1PM - 2PM  
SoFIT Gym  
IDR 150,000++/person



**SUPER ABS**  
3PM - 4PM  
SoFIT Gym  
IDR 100,000++/person



**PING PONG**  
7AM - 6PM  
SoFIT Gym  
Complimentary



**VOLLEY BALL**  
7AM - 5PM  
Sofitel Beach  
Complimentary



**BOOTCAMP**  
10AM - 11AM  
Beach Garden  
IDR 100,000++/person



**ARCHERY**  
7AM - 5PM  
Recreation Counter  
IDR 50,000++/person