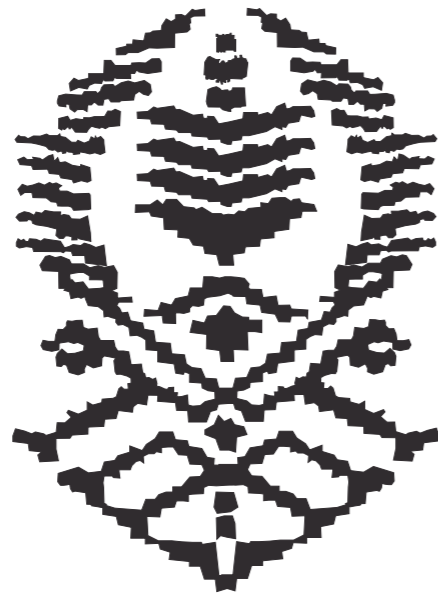


BVLGARI  
RESORT BALI

SPA



## OVERVIEW

Conveying the exclusivity of the Bvlgari brand with customised experiences and luxurious spa suites. The spa at Bvlgari Resort Bali provides the ultimate offering in terms of treatments, products and services. The spa is the embodiment of a holistic healing centre, bringing together the therapeutic traditions of Indonesian massage and contemporary spa practices.

An antique 'Joglo' house, transported piece by piece from central Java, creates a unique reception area.

The cliff-top spa at Bvlgari Bali offers the ultimate spa experience and breathtaking views overlooking the Indian Ocean. Traditional Balinese culture and the elegance of Italian contemporary style are reflected in the exquisite design. A complete retreat from the rest of the world, the spa extends an enticing invitation for you to enter a world of peace and harmony to experience a range of result-driven, yet authentic treatments inspired by regional health and wellbeing rituals.



## BVLGARI SIGNATURE RITUALS

### BVLGARI ROYAL LULUR FOR TWO

180 Minutes

A treatment created for royalty, this exotic spice and yogurt exfoliation and body polishing process has been faithfully practiced in the palaces of Central Java since the 17th century. There, the pursuit of beauty has long been a sacred daily ritual, with the Javanese lulur an integral step, leaving skin soft, supple and shining.

An exotic blend of indulgent therapies for couples seeking a complete retreat, this regal experience for two takes place in our Royal Spa Pavilion. Commence with a welcoming foot ritual, followed by a skin-exfoliating lulur scrub of rice powder and spices. A full-body envelopment with an seaweed mask refines the skin. Meanwhile, a cleansing facial takes place and feet and limbs benefit from an intensive reflex zone massage. The subsequent facial with Biologique Recherche products balances the skin. Step into the plunge pool to cleanse and refresh, then bliss resumes with a perfectly synchronized signature four hand body massage rich with exotic oils and herbs to complete this decadent, stress relieving and calming experience.

## ROMANTIC HARMONY FOR TWO

180 Minutes

Designed for two, this journey is a perfect way to enjoy a spa experience with someone special in the privacy of the spa suite.

Embark on this pampering journey for two, starting with a foot cleansing ritual. Then, a gentle gel-based exfoliating scrub made from bamboo clears clogged pores and prepares the skin to fully absorb the nourishing ingredients in the following aromatherapy bath and essential oil massage. The use of customized massage blends helps to restore and retain moisture in the deeper levels of the skin, eases muscular tension and invites a sense of bliss. The subsequent facial with Biologique Recherche products balances the skin.

## STRESS RECOVERY

120 Minutes

A refreshing treatment that helps eliminate toxins, smooth and firm the skin, and provide physical and mental relaxation.

Inducing a deeper state of relaxation, a foot ritual marks the beginning of this thoroughly de-stressing treatment. Enjoy the warmth of a cocooning seaweed wrap that helps detoxify and hydrate. While enveloped in this mineral-rich mask, a personalized facial is performed to balance and tone the skin. With the skin detoxified and toned, a relaxing massage ushers your body and mind into a state of total relaxation and renewal.



## MASSAGE THERAPIES

Our experienced spa therapists combine ancient healing wisdom from around the world with modern therapies to provide a range of massage techniques that restore inner calm and rejuvenate the body.

### HEALING STONES

**90 Minutes**

A holistic experience combining the benefits of warm volcanic stones with therapeutic oils to deliver ultimate relaxation for tight and tired muscles. Heated massage stones enhance the effectiveness of classical massage moves to stimulate blood flow and induce a profound muscular relaxation.

### BALINESE FOUR HANDS MASSAGE

**90 Minutes**

The perfect treatment for those who find it hard to unwind and relax during massage. Start out with a welcome foot ritual followed by a body massage. A pair of therapists then commence the four-hand, tension releasing massage – applying advanced massage combinations of stretching and rolling movements with long, deep strokes. A mix of hot stone, warm oils and a therapeutic head massage ensures you emerge completely relaxed.

### HERBAL REVIVAL

**90 Minutes**

A healing massage treatment utilizing warm poultices made of local herbs to calm the nerves and rebalance energy levels to positively promote circulation and good health. It aims to soothe muscle tension and stiffness on targeted areas. Heat and herbs are absorbed by the body to help reduce aches and pains, increase lymphatic drainage and tone the skin.



### **THAI MASSAGE**

**60 Minutes / 90 Minutes**

An ancient technique that includes deep pressure point massage and stretching to relieve tension and improve flexibility. Loose garments are provided and no oil is used during this massage. Thai massage improves blood circulation and flexibility while restoring health and vitality.

### **TRADITIONAL MASSAGE**

**60 Minutes / 90 Minutes**

A freestyle massage Balinese techniques soothes away tension with your choice of massage oil blend, combined with a suitable pressure to take your body and mind on a journey of ultimate relaxation and harmony.



### **RELAXING BODY MASSAGE**

**60 Minutes / 90 Minutes**

A soothing and deeply relaxing experience, this treatment utilizes the potent properties of essential oils applied with long, slow and gentle strokes to the body, face and scalp. Tensions are released, and body and mind brought back into equilibrium.

### **RELAXING FOOT MASSAGE**

**30 Minutes / 60 Minutes**

Revive weary feet and experience deep relaxation and revitalization in this pampering treatment. Taking inspiration from the eastern art of reflexology, this delightful foot and lower leg massage will stimulate circulatory and lymphatic systems to leave hard working feet walking on air. A perfect pampering for tired feet.



## **BODY THERAPIES**

Give your whole body a lavish and indulgent pampering with our carefully developed body therapies. Relax, reenergize and boost your skin with natural vitamins and minerals. Leave your skin refreshed and full of life.



### **BALINESE LULUR**

**60 Minutes**

Indulge in this sensuous Indonesian ritual, traditionally performed on brides before a wedding. The treatment begins with a Balinese Lulur Body Exfoliation using ground rice and fragrant spices, before being enveloped with a luxurious mixture of yoghurt, ginger and spirulina, which are soothing and nurturing to the skin.

### **BALINESE BOREH**

**60 Minutes**

A healing recipe of indigenous herbs is used as a body exfoliant to induce heat, open clogged pores and improve circulation. A relaxing head massage is performed while the spices work to warm and detoxify the skin. This traditional treatment is used in the region as a cure for stress-induced headaches, muscular stiffness and even rheumatism.

### **AFTER SUN SOOTHER**

**60 Minutes**

The After Sun Soother brings instant relief and intensive moisture to dry, sensitive, sun burnt or flaky skin, leaving it calm, hydrated and soft. A coconut scrub is used to gently cleanse the skin and followed by application of a replenishing body mask comprising nourishing aloe vera gel. It's a soothing treat for skin after sunbathing or spending too much time outdoors exploring Bali.

### **ANTI-CELLULITE BODY TREATMENT**

**75 Minutes**

A high-performance treatment designed to tackle cellulite and stubborn, unwanted curves using a body wrap that infuses oxygen into skin cells, stimulating release and elimination of stored fat. Corrective fluids are then applied to specific cellulite-prone areas to refine and re-sculpt. This treatment concludes with a sculpting massage using deep and effective movements created to dislodge cellulite while helping to restore toned skin.



## **FACIAL TREATMENTS**

### **BIOLOGIQUE RECHERCHÉ**

The Biologique Recherché Methodology is based on nearly forty years of experience using innovative products and meticulous protocols.

The products are formulated with high concentrations of active ingredients derived from natural or biotechnological compounds and are fragrance-free. Skin care is provided following a personal dermocosmetic diagnosis using a Skin Instant© analysis for each individual.



#### **BRIGHTENING & BALANCING**

**90 Minutes**

A treatment for diminishing fine lines and wrinkles. It tones and refines the skin on your face, neck and chest. A regenerating and revitalizing treatment for the epidermis. It restores the natural balance, leaving the skin smooth and glowing. This treatment helps to re-plump, making your skin supple & healthy.

#### **ANTI AGEING**

**90 Minutes**

An exfoliating and lifting treatment combined with shaping techniques designed for mature Skin. A treatment to prevent and reduce the appearance of dark spots. It strengthens, firms and hydrates dry damaged skin.

#### **AFTER SUN**

**60 Minutes**

A treatment to stabilize particularly sensitive and fragile Skin Instants©. It has a soothing effect on the skin on your face, neck and chest, giving it an extra glow.

#### **PURIFYING FOR MEN**

**60 Minutes**

A treatment that regulates sebaceous secretions and detoxifies oil and acne-prone Skin Instants©. It tightens your skin's pores, leaving your face, neck and chest purified.



## HAIR SALON & NAILS CARE

### TRADITIONAL HAIR CREAMBATH

**60 Minutes**

A Traditional and therapeutic treatment to stimulate circulation, nourish the scalp and strengthen the hair.

### HAIR SHAMPOO

**60 Minutes**

### MANICURE

**60 Minutes**

The ultimate treatment for your hands, this manicure features with scrub and relaxing massage that will leave your hands softer, brighter, and younger looking. In addition to nail shaping, buffing and cuticle nail treatment.

### PEDICURE

**75 Minutes**

Your feet are treated to a thorough cleansing and buffing. Starting with an invigorating foot scrub, your lower legs and feet will benefit from an intense exfoliation and soothing massage, whether for removing a callus, cracked skin and just pure relaxation. This treatment is for the well-being of your feet.

## HOW TO SPA

### Opening Hours

9.00 A.M. - 10.00 P.M.

### Arrival time

You are encouraged to arrive at least forty minutes prior to your appointment to enjoy the exclusive facilities at The Spa.

## FACILITIES

Enjoy the luxurious range of experiences which include the use of:

- Aromatic Steam Room
- Separate Male and Female Changing Rooms
- Relaxation Pavilion with breathtaking sea views
- Plunge pool with breathtaking sea views
- Spa Refreshment

All treatments and Spa Packages will be available to residents of the Bvlgari Hotels and Resorts.

Non-residents are welcome to reserve Spa appointments at a minimum of 2 hours booking time. These cannot be confirmed or secured without a credit card.

To make an appointment for the perfect treatment, call The Spa at on Ext 6601.

## SPA ETIQUETTE

Our Spa environment is one of relaxation and tranquillity. Please respect all Spa Guests' right to privacy and serenity. We appreciate you turning off your mobile phone whilst in the Spa.

## GIFT VOUCHERS

Gift vouchers are available for any treatment, Day Spa programmes or product and are an ideal present for someone special. Gift vouchers are non refundable and must be presented at time of treatment or purchase.

## AMENITIES

Personal amenities and toiletries are provided in the Spa treatment room.

## HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries, which could affect your service when making your Spa reservation.

## CANCELLATION POLICY

If you must cancel your appointment, we ask that you notify us 12 hours in advance to avoid being charged the price of your treatment. Cancellations made with less than 12 hours notice will be charged full price.

**PREGNANCY**

Please allow our Spa team to guide you in selecting which treatments are most suitable for you during this special time.

**MINIMUM AGE**

An adult must accompany children under age of 18 during their spa treatment

**PRICES & TAXES**

All prices are subject to change at management's discretion. Goods and services tax at prevailing rates apply. Prices are subject to 21% tax and service charge.

**PRIVACY**

Our therapists will discreetly drape areas of your body not involved in the treatment to protect your privacy and modesty at all times.



## HOURS OF OPERATION

The Spa at Bvlgari Resort Bali

Spa Treatment: 9.00 A.M. - 10.00 P.M.

Last treatment booking: 9.00 P.M.