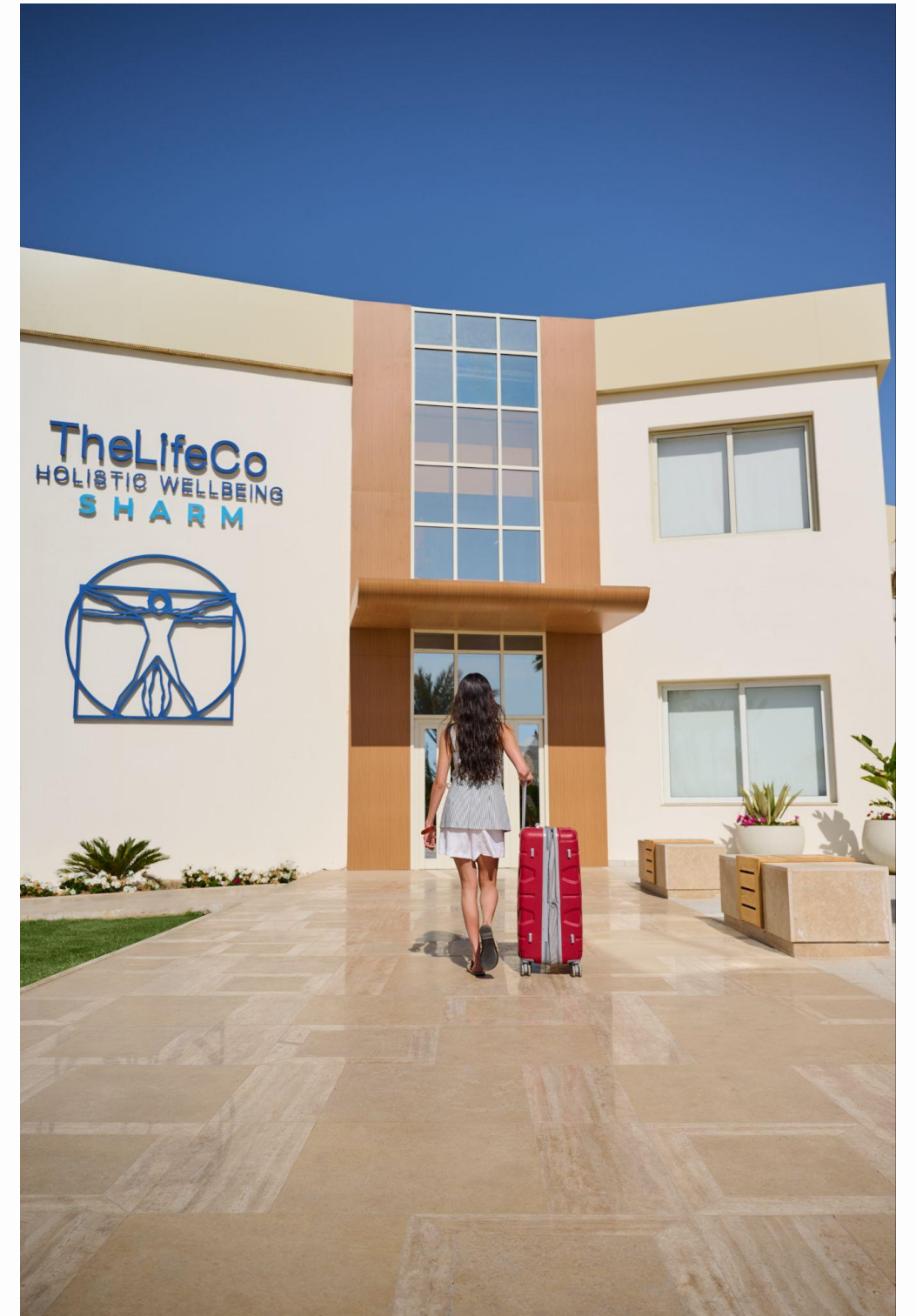


TheLifeCo[®]

HOLISTIC WELLBEING
S H A R M

A curated visual journey through our holistic wellbeing center
— where Holistic & Clinical wellness meets the timeless beauty
of the Red Sea coast.

PHOTO LIBRARY

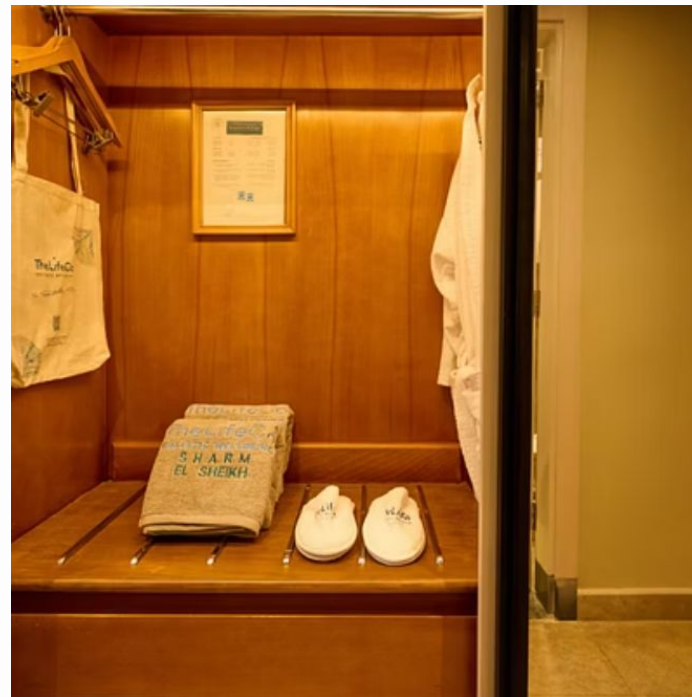


Accommodations



Single Rooms

Serene private retreats designed for solo wellness journeys

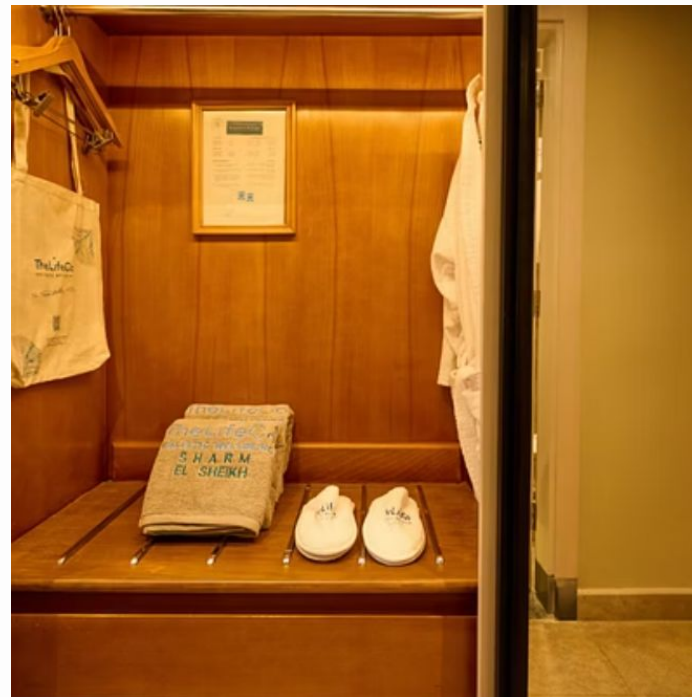


Accommodations



Double Rooms

Spacious layouts ideal for couples or shared retreats



Reastaurant & Juice Bar



Nourishment is at the heart of every transformation. Our open-air restaurant and vibrant juice bar serve thoughtfully curated, plant-forward menus crafted to complement your wellness program — from cold-pressed elixirs to beautifully plated whole-food meals enjoyed under the Egyptian sun.



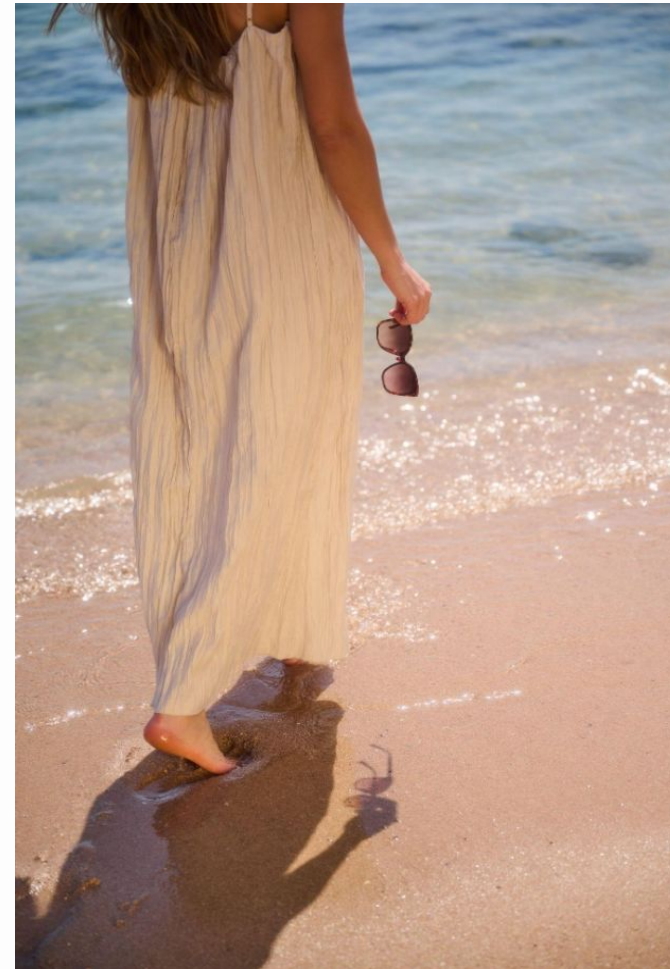
Spa Treatments Area



Surrender to stillness in our dedicated spa treatments area — a haven of healing where ancient therapies meet modern wellness science. From therapeutic bodywork to energy-balancing rituals, every treatment is delivered with precision, care, and deep intention in serene, beautifully appointed spaces.

Beach Area

The Red Sea is more than a backdrop — it's a vital part of your healing. Our private beach area offers guests the rare gift of open water, warm sunlight, and natural tranquility, complementing every wellness program with the restorative power of the sea.

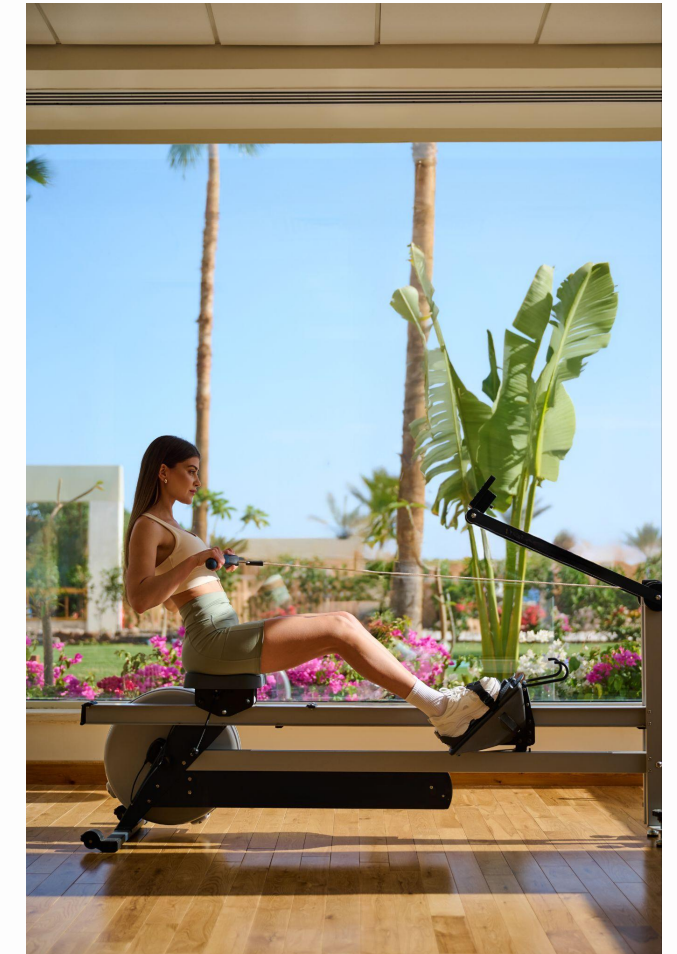
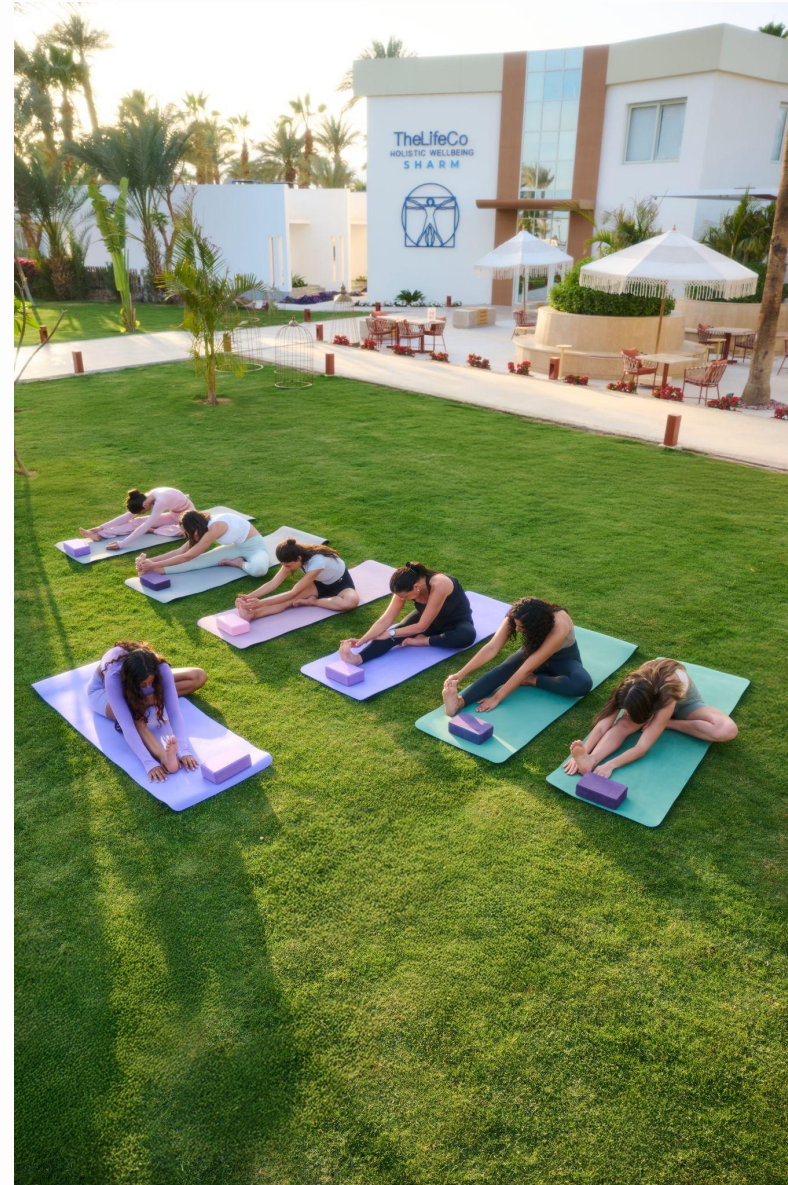


Clinic Area

Our state-of-the-art clinic bridges integrative medicine and holistic wellbeing. Staffed by experienced health professionals, the clinic offers comprehensive diagnostics, personalized health consultations, and evidence-based treatments — ensuring your retreat is built on a foundation of clinical precision and genuine care.



Activities area



Wellbeing flourishes through movement, connection, and joyful experience. Our activities program is designed to energize the body, clear the mind, and enrich your stay — from guided yoga and breathwork to outdoor excursions that celebrate the extraordinary natural setting of Sharm El Sheikh.

COMING SOON

Soon to Come to Life...

The vision for TheLifeCo. Sharm El Sheikh is still unfolding — and what's ahead is nothing short of extraordinary. Two landmark additions are on the horizon, set to elevate our center to a world-class longevity destination.

Full Spa Building

A dedicated, purpose-built spa facility housing our complete suite of [longevity treatments](#) — from advanced regenerative therapies and IV nutrition to infrared sauna, hydrotherapy, and beyond. A landmark space for deep transformation.

Seafront Gym

A stunning, [sea-facing fitness facility](#) where movement meets the majesty of the Red Sea. Designed for functional training, mindful movement, and breathtaking views that make every workout an experience to remember.





We Look forward to welcoming you!