

Nadhuv  
PRIVATE ISLAND  
MALDIVES

# beru



*Your own little island paradise*



Discover a whole new  
world of travel with  
the Minor Hotels App

APRIL | MAY | JUNE



# WELCOME

As the ocean breeze touches our shores, I'd like to thank you for choosing Naladhu Private Island Maldives as your home away from home. At Naladhu, we believe in the beauty of simplicity, in personal moments, and in service that feels effortless and thoughtful.

Each stay is a chance to create memories that linger, from peaceful sunrises on your private deck to candlelit dinners beneath the stars, surrounded by the timeless seclusion of the island. To enhance these moments, our team has designed bespoke experiences, from wellness rituals inspired by local traditions to culinary journeys that celebrate Maldivian flavours.

We wish you a truly enchanting stay on our petite island. If there is anything you desire or any assistance you may need, please reach out to me personally – it would be my pleasure to ensure your experience is nothing short of exceptional.

ALI SHAMEEM – *Resort Manager*

FOLLOW US ON



@NaladhuPrivateIsland



#naladhmaldives

## MEET...

### Our Cultural Insider, Shuaib Ibrahim!

Originally from Hdh. Nolhivaran, Shuaib grew up in a family of musicians. With his father being a pioneer of music on the island, he was always surrounded by music and art. My father often plays Boduberu at home and at gatherings and that is how I fell in love with traditional music. Every time I watched him play the Boduberu, I got this adrenaline rush. The feeling is hard to explain, but I am sure any Maldivian can relate to what I am saying!" shares Shuaib.

Following in his father's footsteps, a passion that ignited as a hobby quickly turned into something more. Shuaib participated in the second season of the Voice of the Maldives, where he competed against some of the top singers in the Maldives and placed in the top six. It is my biggest accomplishment so far, and I take great pride in it," said Shuaib with the biggest smile.

With tourism being a crucial part of the Maldivian economy, Shuaib started his career in the hospitality industry 11 years ago. He started as a housekeeping attendant at Anantara Dhigu where he met Javid, the legendary Cultural Insider, whom this unique position was inspired by. Javid's inspiration, paired with his love for music, Shuaib decided to embark on his journey as the Cultural Insider at Naladhu Private Island Maldives.



# IN THE WORDS OF...

Serenity, privacy and lush greenery are just the beginning of what one could experience during their stay at Naladhu Private Island Maldives. But what else would make your stay on the island one to remember? Here are some insider tips from our Kuwaanus:



“Here at Naladhu Private Island Maldives, we are like one big family, and this includes our guests. The relationship that we have with our guests is beyond just a butler – it’s a bond that continues on even after they’ve departed. I’ve had guests sending me messages to ask about my daughter back home and it’s really a warm feeling.” – **Aslam**



“There’s no better place to go diving than in the Maldives. Even for first timers, it’s the best place to take the first leap – or in this case, dive. The marine life here is simply stunning and it’s easy to get hooked on this newly found passion. From black tip sharks (*don’t worry, they’re friendly*) to a kaleidoscope of fishes, there’s so much to see on your journey to find Nemo!” – **Ibrahim a.k.a. Ibbe**



“Have you tried having breakfast at night? As funny as that sounds, at The Living Room, you can! We really mean it when we say you can have breakfast all day. The Living Room has a ‘no menu’ concept and our guests can preorder anything they feel like for the day. If you’re having a hard time deciding what to have, fret not! A special menu is always there to give you a kickstart.” – **Evgeniia**



“Far from the rush and steeped in tranquillity, Naladhu Private Island Maldives is the perfect place to observe the night sky. Fix your gaze on the horizon and witness the moonrise – an enchanting and peaceful moment different from the drama of sunset. As darkness falls lay out on the outdoor deck to stargaze and observe the twinkling constellations. If you’re lucky, you might even catch some meteor showers. Don’t worry about waking up early — breakfast is served throughout the day, so you can fully unwind and enjoy the relaxed pace of the island.” – **Mohamed**



“Being a Kuwaanu at Naladhu Private Island Maldives is a wonderful experience for anyone who has the passion for the job. And I think this passion translates into our guests’ experience as they can expect the warm smiles the moment they step off the boat. Not to carry my own basket, but as a Kuwaanu, we often go the distance to ensure our guests leave the island with amazing stories to tell from one of their most unforgettable vacations. From an Instagrammable floating breakfast to family dinner overlooking the stunning sunset (*and everything in between*), we are always a dial away to help craft those special moments.” – **Ameen**



“What are memories without some stunning photos to show off? In Naladhu Private Island Maldives and its surrounding islands, there are many spots that are great for photos or to simply enjoy the moment. In the middle of the island sits a swing that would take you back to your childhood. Hidden in a corner as you walk past house number one towards Baan Huraa, is my favourite spot to watch the sunrise. I can spend the morning sitting in the swinging chair just watching the sun come up while enjoying the calming sounds of the sea. Do you have a favourite spot on the island so far?” – **Sulvaan**



# DINING EXPERIENCES



## THE LIVING ROOM

Enjoy breakfast overlooking the tranquil lagoon, where every moment feels like a serene escape, whether it's the first light of dawn or a leisurely brunch later in the day. At Naladhu, each dish is a celebration of fresh, seasonal ingredients, thoughtfully prepared and tailored to your individual tastes. Embark on a culinary journey as you sample bold, inventive flavours inspired by cuisines from around the world, while still savouring a modern twist on cherished classics. At The Living Room, the glass-walled wine cellar commands attention, showcasing an exquisite collection of some of the rarest and most distinguished vintages. Allow our expert sommelier to guide you through the perfect wine pairings, enhancing every course and elevating your dining experience to an unforgettable level of sophistication. Every detail, from the ambience to the presentation, has been carefully curated so that each meal is not just a feast, but a memory to cherish. Bon appétit!

## A TASTE OF TRADITION: THE STORY OF MALAAFAIY

For generations in the Maldives, celebrations have been brought to life through the sharing of food. At the centre of many of these occasions was the Malaafaiy, a beautifully presented assortment of traditional delicacies, prepared with care and shared with pride.

Malaafaiy is most closely associated with Maldivian wedding traditions. In the past, families would prepare these elaborate presentations as part of the celebration, offering them as a gesture of hospitality, respect and joy. Each selection would include a variety of dishes, from savoury favourites to sweet treats, giving guests a taste of the islands' rich culinary heritage.

Beyond the food itself, Malaafaiy represents something deeper: the spirit of gathering, sharing and celebrating together. It is a symbol of Maldivian hospitality, where every dish tells a story and every shared meal brings people closer.

Today, this cherished tradition is finding a new home at Naladhu Private Island Maldives.

Inspired by the cultural heritage of the Maldives, Naladhu is introducing the Malaafaiy experience, inviting guests to rediscover this meaningful island tradition. Thoughtfully curated and beautifully presented, Malaafaiy offers guests the opportunity to savour authentic Maldivian flavours while connecting with a piece of the nation's history.

Just as families once gathered around Malaafaiy to mark life's most joyful moments, guests at Naladhu can now experience this timeless ritual, a celebration of flavour, culture and the enduring spirit of the Maldives.





## SEA FIRE SALT

Turquoise lagoon, stunning sunset, and the occasional visit from Nikki, our resident makana, Sea Fire Salt promises nothing but a memorable dining experience over prime-aged cuts and fresh catch from the Maldivian waters – especially with the right company. Paired with the right selection of fine wine and a hint of sea breeze, there's no reason to not wine, dine and be merry.

No meat? No problem! Our chefs are always ready to put their creative hats on and cook up a vegetarian storm.



## FUSHI CAFÉ

Can't decide what to have for breakfast? We got you!

Start your day with a lavish buffet breakfast at Fushi Café featuring a selection of fresh tropical fruits and juices, homemade breads and pastries, European cold cuts and cheeses, and made-to-order eggs cooked by our chef at the cooking station. Don't forget to grab a Nutella crepe from the live station while you're there!

By night, the spread transforms into a feast fit for a king! Start from your classic favourites to pizza, seafood and meat, and not to be missed, mouth-watering desserts. Dine indoors or al fresco under the starlit Maldivian sky.

## AQUA BAR

Mamma mia, here we go again!

n affair that is. At Aqua Bar, vibrant Italian flavours take reign by the pool, set right by the beach with endless lagoon views. The ambiance changes throughout the day, with poolside refreshments and light meals served all afternoon. Munch on specialty pizzas, fresh from the wood fire oven. And don't forget to stop by our ice-cream hut with a variety of flavours and ingenious toppings. Staying true to the Italian affair, we recommend the tiramisu ice-cream or a scoop of vanilla for an affogato!



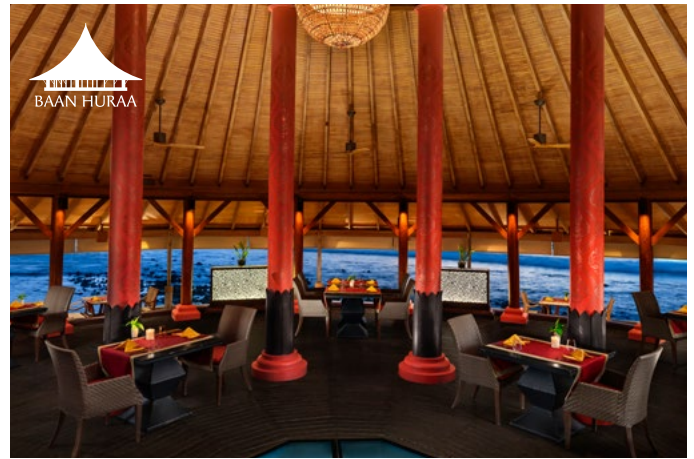


## ORIGAMI

Are you a sushi connoisseur? We know we are! And now you can enjoy your favourite Japanese fare in an island setting.

Satisfy your cravings with fresh sashimi and sushi creations, highlighting local catches of yellowfin tuna. Sink your teeth into juicy Hokkaido scallops straight from the robata grill, or signature dishes such as thinly sliced seabass garnished with yuzu, truffle oil and salmon roe. Our personal favourite: the Wagyu Gunkan, a wagyu beef sushi with daikon and black truffle.

Go “ooh” and “ahh” as the chef brings his tricks to the Teppanyaki table with a selection of wagyu beef or Alaskan king crab, sliced, diced, sizzled and served before you.



## BAAN HURAA

Sawasdee!

Let’s embark on a journey to explore authentic Thai cuisine, with dishes fit for a family feast just as they do in Thailand. Choose from an array of delicacies from across the kingdom – spice up your palate with sour spicy salads from the Northeast, piping hot coconut curries from the South, beloved dishes from the Central Plains accompanied by fragrant jasmine rice that takes you back to the land of smiles. You can always count on the traditional desserts such as our all-time favourite sticky rice and mango or bananas poached in coconut milk to sweeten your experience.

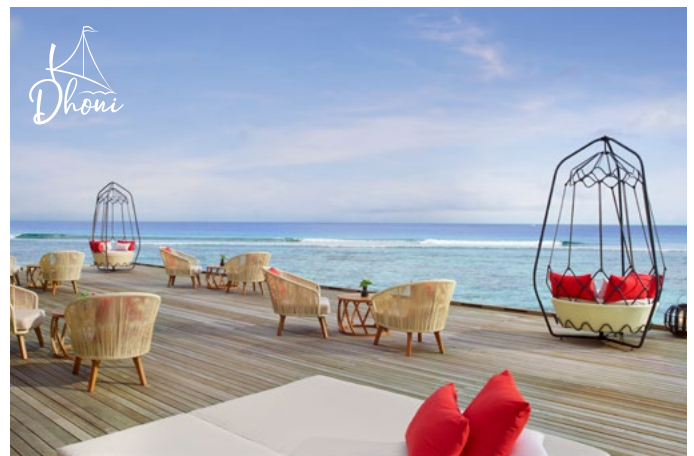
Walk out over the lagoon and into a traditional teak house on stilts, magically lit with a sunset glow and warm greetings from our Baan Huraa team who come from various regions of Thailand.



## CUMIN

Traverse the Indian Ocean in search of new South Asian flavours, where spices from India meets the Maldivian novelties and the deliciously complex flavours of Sri Lanka.

At Cumin, we take your taste buds on a journey across the Indian Ocean, utilising the bounty of the waters that surround us and fresh herbs and spices from the chef’s garden. Dine in a beautiful beach setting kissed by sea breezes and explore our personal favourites like butter chicken and naan to comfort your soul. Local curry prepared using freshly caught tuna and some kottu with flavours that take you on a roller coaster ride simply makes your stay on the sunny side of life an unforgettable one.



## DHONI BAR

Soak up the sun in a casual poolside setting with all-day refreshments of iced coffees, smoothies and mocktails, as well as an array of international options to whet your appetite.

As the sun sets, Dhoni Bar transforms into the perfect spot for sundowner while you groove to the music with our resident DJ. Sip on our signature cocktails as you treat your taste buds to tantalising tapas and ease your way into the evening.

While you are there, don’t forget to check out the extensive collection of gin featuring 76 brands from all over the world.

# THE PERFECT BEACH DAY AGENDA



The sun shines brightly, warming your skin. Glimmers on the turquoise waters invite you to take a soak. These elements create the perfect setting for a blissful day at the beach. For a surreal escape, head to Gulhifushi Picnic Island, home to sensational sunsets, snorkelling spots and culinary delights.

## **Steer a Kayak**

Drift languidly or paddle across the crystal-clear lagoon to Gulhifushi Picnic Island. Don't miss capturing a postcard-perfect photo on the overwater swing, framed by a backdrop of blues.

## **Snorkel Through a Living Masterpiece**

Embark on a guided snorkelling tour off Gulhifushi Picnic Island and explore the hidden nooks of the underwater world with our Marine Biology team. Discover something new and unexpected with every plunge, from the iridescent parrot fish to soaring eagle rays or even transient dolphin pods.

## **Choose Your Seaside Sipper**

Watch the day go by with a vibrant drink in hand. Chill out at the Tiki Bar where flavours of the Caribbean blend with the idyllic atmosphere of the Maldives. Fill up on our extensive list of rum-based cocktails and imbibe the spirit of the tropics.

## **Munch on Food Truck Classics**

Missing your favourite snacks while on the beach? Head to the food truck offering tasty finger food without the frills – perfect for grabbing and going as you laze under the sun or go for another round of swimming.

## **Savour Dinner Castaway-Style**

The enjoyment doesn't have to end once the sun sets. Cap off your day with a beach barbecue dinner exclusively for you. Immerse yourself in serenity as the twinkling stars illuminate the night sky and the soothing sound of lapping waves fills the air. Could there be anything more romantic than this?

## UNCORKING THE SECRETS OF A WINE SOMMELIER

A sommelier brings each bottle to life, connecting terroir, tradition and flavour to create meaningful experiences for every guest. Across Anantara Dhigu Maldives Resort, Anantara Veli Maldives Resort and Naladhu Private Island Maldives, Kanagaraj Natarajan, known to many simply as Raj, is the guiding palate behind the wine journey—carefully curating selections, pairing bottles with cuisine and transforming each pour into a story waiting to be discovered.

### **What first got you interested in wine?**

At the beginning of my career in the service industry, I developed a passion for organising wine training programmes and tastings with several wine educators, including Enrico Donati. This experience inspired me to create memorable wine experiences for guests. I later pursued formal qualifications, completing WSET Level 3 in Wines and WSET Level 2 in Spirits, and further expanded my knowledge through visits to vineyards and wineries in South Africa's renowned wine regions.

### **What wine would you open on a special occasion?**

I once opened a 1962 Château Mouton Rothschild, Premier Grand Cru Classé, for a sunset dinner at Naladhu. After an hour of breathing and careful decanting, it revealed perfect harmony in aroma and flavour, creating an unforgettable experience.

### **What was the most challenging part of becoming a sommelier?**

The role is highly rewarding but demanding, requiring long hours, continuous learning, recalling tasting experiences and sharing knowledge, all while delivering exceptional service.

### **What's the most memorable wine you've ever tasted?**

The 1997 Petrus, Grand Vin, Pomerol, France. A remarkable vintage with a complex aroma of mocha, coffee, black fruits, candied cherry and subtle earthy notes.



# HEARTFELT MALDIVIAN ENCOUNTERS FOR YOUR NALADHU ESCAPE



## MALDIVIAN ART & CRAFT SESSION

Step inside a Maldivian art and craft session led by a Cultural Insider who offers a warm, hands-on journey into the islands' rich artistic heritage. Experiment with coral-inspired designs and feel the texture of handwoven mats as you craft your own piece of island artistry. Between brushstrokes and storytelling, the insider reveals the traditions, beliefs and rhythms that shape Maldivian life, turning the session into an intimate cultural voyage which is a combination of masterclass and a memory-making escape.



## MALDIVIAN HISTORY CLASS

A Maldivian history class that feels less like a lecture and more like being welcomed into the living memory of the islands.

The Cultural Insider brings history to life with personal stories, local legends and the kind of nuance you won't find in textbooks that points out how traditions evolved, how global currents touched the atolls and how the past still echoes in daily island life.



## BODUBERU LESSON

This traditional drumming experience goes beyond music as guests learn to play the drums and understand the stories woven into each beat. Guided by the Cultural Insider, you'll feel the energy of the islands come alive, discovering how Boduberu has long been a heartbeat of Maldivian celebrations, from fishing villages to festive gatherings.

By the end of the session, you're not just playing music, you're connecting with centuries of island culture in a lively, unforgettable way.



## MALDIVIAN FOLK STORIES

Told by cultural insiders, these stories weave together legends of sea spirits, brave ancestors and mystical creatures, reflecting the unique life and traditions of the atolls. Each narrative offers more than entertainment but reveals the values, humour and wisdom passed down through generations, giving listeners a window into Maldivian identity.

From the mysterious depths of the ocean to the vibrant life in village communities, these folk stories transport you into a world where culture and storytelling are inseparable.

# UNDER THE MALDIVIAN SKY

Ever looked up at the night sky and wondered what those sparkling dots are called, or why some stars form familiar shapes?

At Naladhu Private Island Maldives, the new stargazing experience turns that curiosity into a magical evening. Far from city lights, under the vast Maldivian sky, guests relax in a serene setting where the gentle ocean breeze and rustling palm trees create the perfect backdrop.

Guided by an expert, stars and constellations come alive with stories of ancient sailors, mythology and science, while the clear skies reveal a celestial theatre of glowing planets and occasional shooting stars.

It's an intimate experience where learning and wonder meet, inviting guests to pause, breathe and connect with the universe. A chance to slow down, embrace curiosity and uncover the timeless stories written across the stars.





## From Central Park to your private island escape



Inspired by a snowy day in New York City's Central Park where Jo and her loved ones found refuge in a brasserie, Green Orange & Coriander captures the cosy moments shared with her family, along with the aroma of fresh coriander making its way out of the kitchen.

Born from a treasured memory during a winter day in Manhattan, this signature scent has found its perfect new home amidst the azure waters and white sands of Naladhu Private Island Maldives, gracing the resort as a bespoke hotel fragrance experience with the one-of-a-kind Jo Loves House. This pioneering hotel and fragrance collaboration marks a world first, transforming how guests experience scent in luxury tropical villas.

***Green Orange & Coriander came from a family memory in New York. How do you decide which personal moments from your life are worth turning into a Jo Loves fragrance?***

I think I always know when there is a moment, and it stops me dead in my tracks. It might be riding a horse, walking by a beach or having a coffee in the little streets in Italy, and I just feel creativity starting to put all these moments and memories into little fragrance notes.

I see it all like an incredible watercolour turning to oil, turning into a sculpture – I can feel life breathing into a memory. It is my job to recreate that memory. It's not something I can control; it just knocks on the door and says, "This is a moment – pay attention".

***Now that Green Orange & Coriander is living at Naladhu in the Maldives, how do you think the scent would be different in that tropical villa than it did during that snowy New York moment that inspired it?***

The great thing about Green Orange & Coriander is that it is a bit of a chameleon scent. It can be very masculine in crunchy snow, but it can also be great on a hot summer's day, in a white linen shirt or a beach towel. It is very happy on a beach, in a town or city, on a boat or up in the mountains. There is this freshness to it, almost like drinking iced sparkling water – that feeling of coolness. It is a wonderful all-rounder!

***The fragrance world can be quite traditional. What's the biggest rule you've broken with Jo Loves that you're most proud of?***

I think I break the rules every day. I challenge everything that my creativity is about and also what the fragrance industry expects. I was one of the first people to wear several fragrances layered together, so I am a rule-breaker!

I also developed the world's first fragrance paintbrush, allowing you to paint your body with fragrance, like you would paint on a canvas. I am a disrupter, and that's when I'm at my happiest.

***You've introduced bespoke experiences and special touches inspired by the Green Orange & Coriander scent for this collaboration. What's the most out-of-this-world advice you've ever received about how people should experience fragrance?***

For this project, working with our fragrance paint brushes and encouraging people to learn to paint the body with fragrance, as though it were a beautiful canvas – but instead of the art being for sight, it's for your sense of smell.

The Fragrance Paintbrush is so versatile in bringing fragrance into our lives in many different ways. You can add them to ice buckets on the beach to keep you nice and cool, you can paint your beach towel, so you have this wonderful Green Orange & Coriander mixing with salty air. I love being able to bring your five senses into a moment.

Green Orange & Coriander can be a salad or a drink, it can be white crisp towels, the texture of the finest linen or cashmere, rolling seas and blue skies or a beautiful old wooden boat sailing across the Maldivian waters.

***“I love all the fragrances I have created for many different reasons.”***

***Imagine you could only smell one thing for the rest of your life – what would you choose and why?***

It would have to be my husband and my son! As fragrance notes, they both love vetiver, grapefruit and neroli. I would never be able to choose just one! But it would be able to smell the people you love. When my son went to Uni, he was wearing Ebony Wood (one of my creations for Zara). I stood and I waited until I couldn't smell Ebony Wood anymore and then I knew he was gone onto his next chapter. I turned around and my darling husband was there behind me and I was greeted with the scent of Cobalt Patchouli and Cedar. I love all fragrances I've created for a reason.



## SPA AND WELLNESS FIND THE ULTIMATE RELAXATION AND REJUVENATION IN PARADISE

Your guide to spice up the wellness journey

Vacation is more than just a break from the daily routine; it's a chance to recharge, reconnect and rejuvenate. The Maldives is a sanctuary for everyone seeking an idyllic blend of luxury, nature and wellness. On your much-deserved time off, it's important to strike the balance between relaxing and keeping in shape.

The landscape of wellness is undergoing transformational change focusing on holistic wellbeing and a personalised approach towards integrating mind, body and spirit with proactive measures enhancing overall health and happiness. Here are some tips on how you can enliven your holiday with nourishing spa treatments and invigorating activities.

## RESTORE YOUR BALANCE

### MIDUN KULASEKARAM

*Performance & Recovery Specialist*

Midun had spent more than a decade chasing strength. He had learned a truth many athletes discovered too late: intensity without intelligence eventually breaks the body.

In his early years, Midun trained like everyone. Personal records were victories, until injuries began whispering warnings through tight joints and exhausted muscles. That was when his philosophy changed.

Instead of simply pushing people to their limits, Midun began studying how the body recovers, how it moves and how small imbalances quietly steal performance. His sessions became something different from the typical gym routine.

For Midun, coaching was never about chasing exhaustion. It was about engineering a body that could stay powerful for years to come.



# YOUR HOUSE, YOUR PLAYGROUND FOR WELLNESS

Imagine waking up to the gentle sound of waves and the first light of the sun spilling into your house. No alarms, no schedules—just you, the ocean and a day waiting to be your own. At Naladhu Private Island Maldives, your villa isn't just a place to sleep; it's your personal sanctuary and your wellness playground.

You can start the day with a moment just for you. Step onto your deck, sip a warm cup of tea and watch the sunrise paint the horizon. Not a fan of quiet meditation? Try a playful alternative: record a morning gratitude boomerang on your phone.

And who says wellness can't be fun?

Make yourself a colourful, healthy cocktail. Lounge in your private pool with a drink in hand, or turn the deck into a mini spa. And if you're in the mood for a little indulgence, book an in-house massage so the spa comes to you, bonus points for poolside naps afterward.

## ANANTARA SPA

Unwind with calming Ayurvedic rituals and personalized treatments designed around you. Here, wellness moves at your preferred pace—whether you're in the mood to fully relax or feel energized. Thoughtfully curated programs include nutrition consultations with on-site specialists and tailored fitness plans to kick-start or elevate your healthy lifestyle, all within one of the Maldives' standout wellness destinations.

## BALANCE WELLNESS BY ANANTARA

At Balance Wellness, the focus is on nurturing both body and mind through a holistic retreat experience. Greet the sun, meditate by the ocean and surrender to restorative Ayurvedic therapies crafted to suit your needs—an invitation to reset, recharge and reconnect in one of the Maldives' most tranquil wellness escapes.

At the end of the day, your house is your playground, your retreat and your experiment in self-care. There's no wrong way to wellness here—just your way.

Stretch, sip, float, meditate, laugh... repeat. Because at the heart of it, wellness isn't a routine. It's whatever makes you feel lighter, happier and a little more in love with the day.

# AQUAFANATICS

## FISH-TANK SNORKELLING

Embark on an unforgettable snorkelling adventure in the stunning North Malé Atoll. Discover two vibrant reefs: Fish Tank, teeming with pink whiprays, a kaleidoscope of tropical fish and numerous moray eels; and Bandos Reef, home to a diverse variety of tropical fish and the occasional blacktip shark.

## FLYBOARD

Learn to fly like Iron Man with this thrilling flyboard adventure. An adrenaline-pumping activity you won't want to miss, offering a unique sensation of soaring above the water.

Suitable for anyone aged 12 years and above, this exciting experience takes place in the calm waters of the lagoon, making it both safe and enjoyable. Our experienced instructors will guide you through the basics and help you get airborne during your session.



## BIG GAME FISHING

Set out on an exciting big game fishing adventure aboard our modern boats, designed in the traditional Maldivian style. Travelling at approximately 12–14 knots, we reach the fishing grounds in around 10 minutes. As we are located directly on the outer reef of South Malé Atoll, there is rarely a long journey before the action begins. Fishing takes place in the open ocean, yet always close to the reef edge, where predatory fish come to hunt. This prime location offers an excellent chance of catching impressive species such as wahoo, sailfish, trevally and more.

## SCUBA DIVING

Discover the incredible underwater world of the Indian Ocean surrounding the resort with our experienced diving instructors. Whether you are a beginner or an experienced diver, there are plenty of opportunities to explore the vibrant marine life beneath the surface. If you have never tried diving before, you can experience it in just one afternoon with our Discover Scuba Diving programme, or you can complete the PADI Open Water Diver course with us in just 3 to 4 days. With over 35 dive sites around the resort, the marine life is truly spectacular, featuring large schools of colourful reef fish and a remarkable variety of species. It is common to encounter moray eels, stingrays, lionfish, eagle rays, turtles, large Napoleon wrasse, jackfish, barracudas, whitetip sharks, grey reef sharks, nurse sharks and more. There is even a shipwreck located very close to Anantara, offering an exciting and unique diving experience.

# TROPICSURF

Set amidst a span of blue and near world-class waves, Naladhu Private Island Maldives beckon surf enthusiasts of all levels to ride the best waves throughout the year.

January to March is the best time for those starting to learn the ropes and immerse themselves in the thrill of surfing. With the smallest swells of the year, this period allows beginners to practice with ease. From April onwards, the waves gradually increase in size, reaching its peak during July, August and September with powerful swells. What makes Naladhu appealing for surfers is the diverse range of nearby surf breaks, each offering ideal conditions tailored to every skill level from beginners to intermediates and advanced surfers chasing challenging barrels.

For first-timers and young surfers, the lagoon lesson is an ideal introduction to surfing, guided by seasoned coaches who will help improve your skills. Hosted in the resort's serene, flat lagoon, this session focuses on ocean safety, board control and the fundamentals of surfing. It provides a fun and safe environment that builds confidence before tackling the nearby waves. All other surf breaks are accessible by boat, with travel times ranging from five to thirty minutes from the resort. Many surfers find their paradise at Nonyas, renowned for its long, peeling waves and easy, mellow take-offs. Nearby, Tropicsurfers revel in the diversity of breaks like Boatyards, Riptides and Natives—an exceptional region where beginners can hone their skills on rolling waves while advanced surfers test their mettle in fast, barreling sections. Adventurous surfers can venture to the North Malé Atoll, home to some of the most iconic breaks in the Maldives. During the off-season, surfers can still find world-class waves at Sultans, offering a consistent right-hander with long rides and great sections perfect for turns and barrels.

For those seeking a more laid-back experience, Tropicsurf offers stand-up paddleboards for rental, allowing guests to roam the crystal-clear lagoon and spot vibrant sea life underneath. Take in the stunning vistas during sunrise, sunset or any time of the day for a peaceful and immersive experience.

Whether you're catching your first wave or exploring legendary surf breaks, Naladhu Private Island Maldives is the ideal destination for the ultimate surf holiday.





## PRESERVING PARADISE: OUR COMMITMENT TO SUSTAINABILITY

Breathtaking yet fragile, the natural beauty of the Maldives is its greatest asset, sought-after by many. At Anantara Maldives, we recognise our vital role in maintaining the delicate balance of protecting this paradise and providing enriching guest experiences.

Discover the highlights of our sustainability journey and learn about the milestones of our three guiding pillars: People, Planet and Value Chain.

### **PEOPLE: EMPOWERING A SUSTAINABLE COMMUNITY**

Sustainability begins with our people who share the same goals. Our Green Committee, composed of team members and resort leaders, oversees all initiatives and weaves sustainability into the fabric of resort operations.

Fostering local culture, we invite you to immerse yourselves in the rich heritage of the Maldives with authentic experiences that give you a glimpse of the island life. Learn from our **Cultural Insiders** as they share the vibrant customs of the Maldives. Follow the beat of the BoduBeru and savour the flavours of Dhivehi cuisine on **Maldivian Night** happening every Thursday at Fushi Café in Anantara Dhigu Maldives Resort. From handcrafted bath products to delicacies, discover eco-conscious Maldivian brands produced by small-scale artisans through the ‘**Buy Local, Buy Organic**’ programme.



### PLANET: OUR PASSION FOR MARINE CONSERVATION

With rising habitat loss, warming sea temperatures and unpredictable weather patterns, sustainability is not just a passing trend; it's a necessity. As stewards of the environment, we are committed to promoting a harmonious co-existence with nature.

Following the devastating coral bleaching event of 2016, we took a proactive step in protecting our oceans with the **HARP (Holistic Approach to Reef Protection)** Project since then we've made several strides in marine preservation. Our coral nurseries have expanded, increasing coral farming capacity from **500 to 2,000 coral fragments** grown annually. Our **seagrass research** has identified and protected key seagrass species, vital for maintaining a healthy ecosystem. Anantara Maldives is also one of 17 resorts in the Maldives that have pledged to protect our incredible seagrass meadows, a commitment that is part of the Seagrass Industry Leader circle, a powerful initiative led by Maldives Resilient Reefs (MRR) and the Blue Marine Foundation.

As proud partners of the **Olive Ridley Project** and **Marine Savers**, we strive to protect and conserve the sea turtle population in the Maldives. In the past years, we rescued five sea turtles trapped in ghost nets and rehabilitated them back into their habitat. With a special permit for protected species from the Environmental Protection Agency (EPA), we actively study and monitor nesting population of sea turtles. Occasionally, sea turtles nest on the beaches of Gulhifushi Island and Naladhu Private Island Maldives providing a rare chance to witness baby sea turtles hatching.

To further our commitment, we've partnered with the Citizen Scientist Photo ID Program, a non-invasive technique that uses photos to identify and track marine animals by their unique body patterns. By joining as a citizen scientist, you can help gather data on sea turtles, sharks, manta rays, and whale sharks. Your photos from snorkeling or diving contribute to research on animal movements, behavior, population sizes, and the effects of human activities like poaching. Together, we can make a difference in understanding and protecting marine life.

### VALUE CHAIN: INNOVATING FOR A SUSTAINABLE FUTURE

Being eco-friendly is a way of life embedded in all the details at Anantara Maldives. From the solar energy that powers the resorts to our self-sufficient water production, it reflects our aim to reduce our waste and carbon footprint.

We achieved a significant milestone in water conservation reducing our consumption by approximately **5,160 cubic meters per year**. Additionally, treated water from our on-site Sewage Treatment Plant (STP) is repurposed for irrigation. The on-site biogas digester processes **1,000 kg of organic waste daily** into renewable energy effectively preventing approximately 1,747.87 tonnes of CO2 emissions annually.

To curb plastic pollution, we've successfully eliminated single-use plastics opting for sustainable alternatives like wooden key cards, refillable toiletries and compostable packaging. In collaboration with **Parley for the Oceans**, we launched a **Plastic Innovation Challenge**, exploring new ways to recycle plastic waste into useful products, such as sustainable furniture made from post-consumer plastic.

To further our strategy, we've launched a **Zero Food Waste Campaign**. This includes introducing smaller plate sizes and organising No-Bin Day every Monday, during which all bins are removed from the canteen to encourage team members to finish the food on their plates. Additionally, our Sustainable Seafood Policy supports the local community by sourcing sustainable stocks buying local catch and Marine Stewardship Council (MSC) certified seafood only.

### ENGAGING OUR GUESTS: A SHARED RESPONSIBILITY

Going beyond luxury, we aim to inspire environmental stewardship in every guest. Programmes such as **Marine Biology Talks, Sustainability Talks, Nature Walks and the Dhoni Kids' Club** are avenues that stir curiosity and open the discussion on conservation. Join our **Back of House Tour** and see the environmental initiatives we have put in place, all the while delivering exceptional guest experiences.

### LOOKING AHEAD: THE JOURNEY CONTINUES

The work we've done over the past years has been groundbreaking, but the journey doesn't end here. We remain steadfast in our vision of a sustainable future as we continue to explore the possibilities of sustainability.

Join us on this journey and be part of our sustainability story. Together we can make a difference in building a paradise with a purpose and conserve this legacy for future generations.





# BE A CORAL GARDENER FOR A DAY

## DID YOU KNOW THAT CORAL REEFS OCCUPY LESS THAN 0.1% OF THE OCEAN, BUT SHELTER AT LEAST 25% OF MARINE SPECIES?

An enchanting kingdom drawing adventurers to explore its richness, coral reefs play a vital role in supporting marine biodiversity. For all its splendour, it is one of the most vulnerable ecosystems threatened by climate change.

How can we protect and restore the majesty of our oceans? Join our resident marine biologist in planting corals to help rebuild the habitat of our aquatic friends. Collect and tie broken coral fragments to ropes and attach them to the coral nurseries, where they will grow until they reach maturity and at that point, they can be transplanted onto the house reef.

Follow the growth of your “baby corals” by receiving photo updates every six months. Come and join us in protecting our underwater wonders!



### COMMON SIGHTINGS AT SNORKELLING SPOTS

Dive into the underwater world and discover marine life.

### BEWARE

Keep a lookout for these marine life.

GREEN SEA TURTLE



HAWKBILL SEA TURTLE



SPOTTED EAGLE RAY



PORCUPINE RAY



COWTAIL STINGRAY



TRIGGERFISH



SEA URCHIN



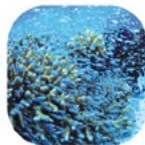
LIONFISH



HUMPBACK UNICORNFISH



DAMSELFISH



BLACKTIP REEF SHARK



STONEFISH



HELL'S FIRE ANEMONE



Let's stay safe while snorkelling.  
**DO NOT:**



NO STEPPING ON CORALS



NO TOUCHING OR CHASING MARINE LIFE



NO FEEDING MARINE LIFE



NO LITTERING



NO SPEARFISHING NO FISHING



DO NOT COLLECT LIVING OR DEAD MARINE LIFE

# SUSTAINABILITY

## LOVE OUR REEF? HELP US PROTECT IT.

Immersing guests in the spirit of giving back, Naladhu invites you to donate USD 1 per night stay in the Dollars for Deeds programme. The resort will match guests' donations dollar for dollar during their stay to raise funds to support Holistic Approach to Reef Protection (HARP) Project by protecting our flourishing reefs, reducing our impact on the environment and promoting sustainability.

