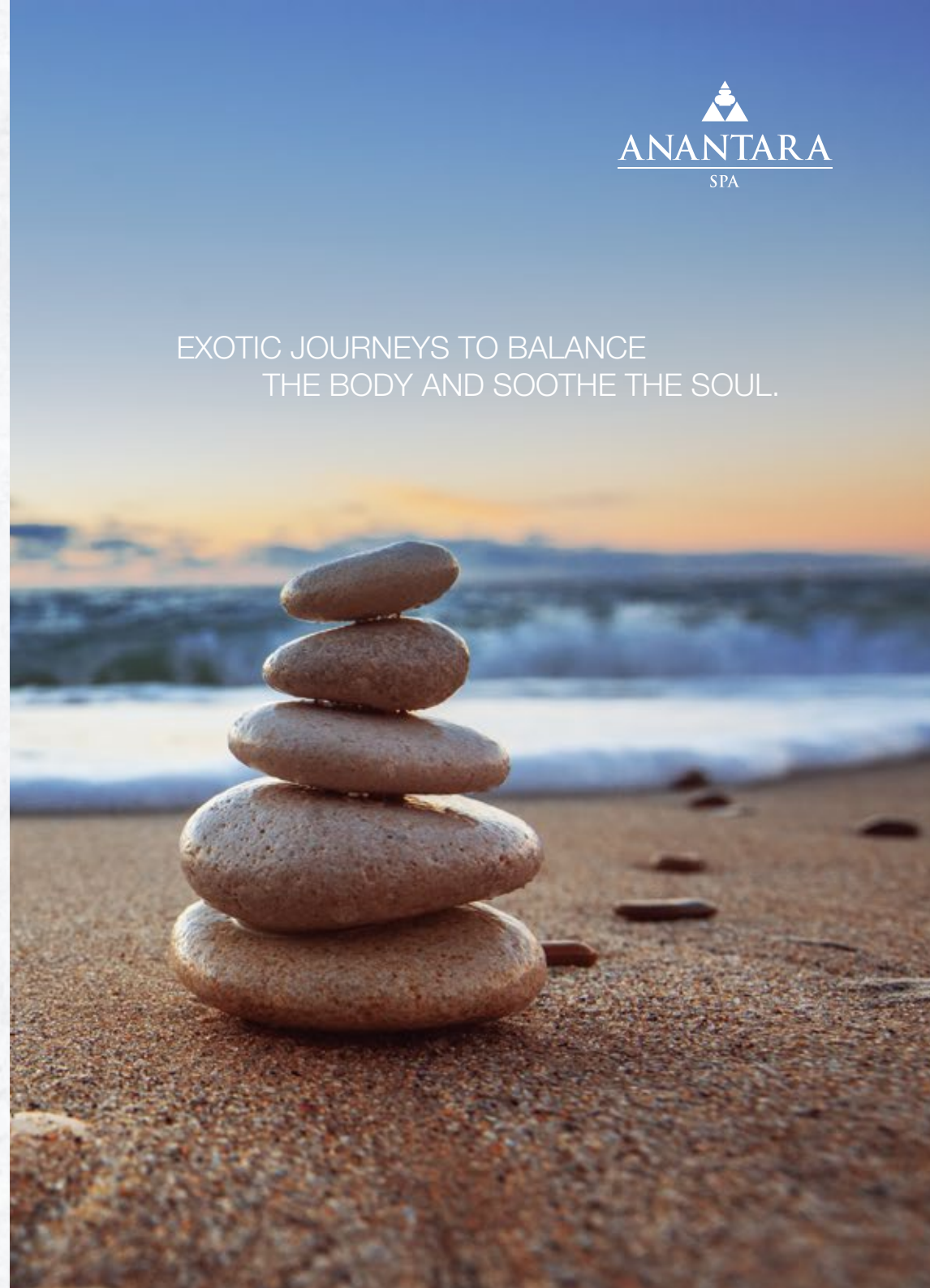





Anantara Mui Ne Resort
Mui Ne Beach, 12A Nguyen Dinh Chieu Street,
Harn Tien Ward, Phan Thiet City, Binh Thuan Province, Vietnam
T +84 252 3741 888 F +84 252 3741 555 E spa.amui@anantara.com
anantara.com



EXOTIC JOURNEYS TO BALANCE
THE BODY AND SOOTHE THE SOUL.



A wide-angle photograph of a beach at sunset. The sky is a gradient of warm colors from light yellow to deep orange. The water is calm with gentle waves lapping at the shore. In the foreground, a person is silhouetted against the water, standing near a small boat. Several other small boats with people inside are scattered across the middle ground. The overall mood is peaceful and tranquil.

Exotic Journeys to balance the body and soothe the soul.

Rooted in Thailand, the essence of the Anantara philosophy 'without end' stems from ancient Sanskrit origins and is beautifully expressed at our spa through Vietnam's exotic beauty and wellness traditions.

Inspired by the blissful-relaxation of a tropical beach escape, the luxurious world of Anantara Spa offers journeys that feel as smooth as the golden sands on Mui Ne Beach, as serene as the sea and soothing like the lullaby of waves that gently lap the pristine shore.

Let your cares slip away as the intuitive, healing hands of our expert therapists take you on a sensual journey for your supreme well-being.

At Anantara Spa, the greatest journeys are felt, not told...

SIGNATURE EXPERIENCES

Drawing from Anantara Spa's world-class expertise, the finest indigenous wellness traditions and unique holistic therapies, our collection of highly specialist rituals blend luxurious pampering with powerful long lasting benefits for body, mind and soul.

ANANTARA SIGNATURE EXPERIENCE (60 Minutes)

Revered eastern and western massage techniques, combined with a signature oil blend, stimulate the circulation, promote deep relaxation and restore energy flow for supreme well-being.

VIETNAMESE EXPERIENCE (90 Minutes)

Full body purification begins in the steam room. This a great way to cleanse the respiratory system while eliminating toxins through the skin. It also softens the muscles which prepares the body to release pain, stiffness and remove energy blockages through our signature massage which pays homage to indigenous healing tradition.



SPA JOURNEYS

Escape the limits of space and time with these carefully crafted journeys. Indulge in unique destination-inspired therapies and exclusive rituals, all created with your supreme well-being in mind.

“MUI NE” NATURAL SIGNATURE JOURNEY

(180 minutes)

Inspired by the revitalizing rhythm and natural beauty of Mui Ne beach life, this restorative series is designed to leave you gleaming with healthy vitality and brimming with radiance from head to toe.

- Herbal Foot Ritual
- Homemade Coconut Scrub
- Coconut Bath
- Homemade Coconut Oil Body Experience
- Natural Facial
- Refreshment

DAWN RENEWAL

(120 Minutes)

Rise to a refreshing ritual of replenishing therapies and exfoliate with a scrub infused with green tea extract, and experience an invigorating choice of body massage.

- Herbal Foot Ritual
- Choice of Scrub
- Shower
- Choice of Body Experience
(Not including Anantara Signature Experience)
- Refreshment

ROMANTIC ESCAPE FOR COUPLE

(150 minutes)

Indulge in our VIP couple treatment room with an Aroma Bliss Massage to induce relaxation and promote well-being followed by a refreshing facial to restore and moisturize the skin.

Relax after your treatment with a glass of sparkling wine and a rose for the lady whilst enjoying the jacuzzi and steam room in our VIP treatment room.

- Herbal Foot Ritual
- Steam and Mui Ne Bath
- Stress Release Experience
- Refreshing Facial
- Two sparkling wine



EXPERIENCES

STRESS RELEASE EXPERIENCE

(60/90 minutes)

Using a combination of strokes and classical movement techniques, along with the specially blended signature aromatherapy oil of your choice, this gentle massage offers a wonderful stress release tonic to completely relax body and mind.

HERBAL COMPRESS EXPERIENCE

(90 minutes)

This age-old Thai treatment removes negative energy and sluggishness, soothes muscle tension and eases out stiffness. The healing session begins with the application of a warm herbal poultice containing therapeutic Thai herbs and spices, followed by a full body massage with carefully selected herbal oils.

DEEP TISSUE EXPERIENCE

(90 minutes)

Unwind into a powerful, customized massage that combines deep rhythmic pressure and a personally prescribed dynamic blend of essential oils to alleviate stress, ease aching muscles and target individual needs.

FOOT REFLEXOLOGY EXPERIENCE

(60 minutes)

Experience holistic balance and deep relaxation. This fascinating treatment provides physical renewal with specific thumb, finger and hand techniques applied to various reflex points on the feet to effectively stimulate corresponding organ groups in the upper body.



SCRUB

DETOXIFYING GREEN TEA BODY SCRUB

(60 minutes)

Purify, nourish and refresh skin with the therapeutic properties of a soothing green tea polish.

COCONUT BODY SCRUB

(60 minutes)

Homemade "Mui Ne" coconut flakes and coconut oil completely polishes and leaves your skin deeply cleansed, replenished and softened to perfection.

BATH

"MUI NE" SIGNATURE BATH

(30 minutes)

Indulge the senses with a luscious fragrance that fuses locally produced rose and lavender oils with the therapeutic benefits of mineral rich sea salt. Enjoy a private tea service as the exotic aromas and relaxing warmth of this bath balances your body, mind and spirit.

FACIAL

NATURAL FACIAL

(60 minutes)

For All skin types

Deep cleansing and nourishing sensitive skin to be healthier, whiter and softer, luxurious natural spa products lavish the complexion with the healing, regenerating, moisturizing and refreshing properties of coconut oil, seaweed powder, honey, yoghurt and green tea.

ANTI-AGEING FACIAL

(60 minutes)

For Dry skin types

Treat your complexion to intensive moisture and relieve environmental stress. The application of an effective "Lovely 2 in 1 serum", gentle exfoliate, cleanses and reduces signs of ageing, also re-establishes and even tone and texture.

HYDRATING FACIAL

(60 minutes)

For normal to dry skin

This active facial comprises a powerful blend of deeply nourishing and hydrating ingredients which also work to prevent moisture loss. Fine lines are minimized and dry skin is instantly revitalized.



HAND & FOOT CARE

SPA MANICURE
(45 minutes)

NAIL PAINTING
(30 minutes)

SPA PEDICURE
(60 minutes)

GEL REMOVER
(30 minutes)

HAIR CARE

SHAMPOO & BLOW DRY
(60 minutes)

