



## LOTUS SPA

### *A PERFECT WELLBEING*

*Allezboo Lotus Spa takes a holistic approach for physical and spiritual well-being provided by a sanctuary for the senses drawing on Asian traditions, our intimate retreats blend exotic romance and serenity. With 5 rooms, the ancient architecture of our Spa blends seamlessly with the beauty of our beach and our lush green garden. The sound of the ocean soothes your senses, while you enjoy our homemade candied ginger and ginger green tea. You will discover the harmony of body, mind, and spirit. Our massages are based on evolving technique of ancient Asian Reflexology, Thai Massages, and rejuvenation therapies. Whatever treatment you choose, you will feel completely revitalized and glowing from within. Our wide selection of Spa services features, from romantic treatments to complete half-day packages, from therapies, natural, skincare treatments, to beauty salon. Moreover, we are pleased to customize individual Spa programs to suit your personal needs.*

*For more information, please feel free to contact us.*

## Special Packages

### COMPLETE BODY DETOX – 2 HOURS

VND 945.000

*Let your sense experience our own Vietnamese traditional treat. A Salt Scrub is applied to eliminate impurities and prepare your skin for a Mineral Mud Wrap, containing 100% Vietnam's natural ingredients. A Relaxing Massage is followed, completing your detoxifying experience.*

### REJUVENATING BODY DELIGHT – 2 HOURS

VND 945.000

*Give your body a new skin. This treatment starts with a Tamarind Scrub to remove dead skin cells, and gently prepare your skin for a Botanical Body Wrap and Destressor Therapy Massage, leaving you rejuvenated and delighted.*

### SUN SOOTHER – 2 HOURS

VND 945.000

*For those who love to stay under the sun, refresh yourself with the cooling treatment from all-natural ingredients. Indulge with cooling Aloe-Vera Cucumber Wrap, followed by refreshing After-Sun Massage, and hydrating Aloe-Vera Facial.*

## Half-Day Rejuvenation

### *MEN'S ESCAPE - 3HRS & 30MIN*

VND 1.890.000

*Steam Bath, Shower (30 min)*

*Hot-Stone Massage (60 min)*

*Haircut/Shave or Pedicure (30 min)*

*Deep Cleansing Facial (60 min)*

*Foot Massage (30 min)*

### *LADY'S INDULGENCE – 3HRS & 30MIN*

VND 1.890.000

*Steam Bath, Shower (30 min)*

*Cucumber Facial (60 min)*

*Choice of Body Wrap (30 min)*

*Manicure or Pedicure (30 min)*

### *LOTUS SPA RETREAT – 3HRS & 30MIN*

VND 1.890.000

*Body Scrub & Wrap (60 min)*

*Deep-Cleansing Facial (60 min)*

*De-Stressor Massage (60 min)*

*Foot Massage (30 min)*

## Massage Therapies

### ALLEZBOO MASSAGE – 80 MIN

VND 777.000

*Discover the traditional Thai Massage and Reflexology treatment, which incorporates back and stress-relieving head massage that warms, invigorates, and relax muscle tissue. Improve circulation and rejuvenate the body.*

### VIETNAMESE BODY MASSAGE – 60 MIN

VND 630.000

*Smooth and gentle massage, leaving the body relaxed with a sense of well-being, using a blend of essential oils for stimulating and revitalizing. (Our Vietnamese Body Massage is gentle in nature; please don't hesitate to request stronger pressures from our masseuse)*

### HOT-STONE MASSAGE – 60 MIN

VND 672.000

*Indulge with the magical healing effect of marble hot stones from the mountain of Danang, believed to have a magnetic power that is placed strategically on energy points of your body. Promoting inner peace while giving power and warmth to tensed muscles, this massage is believed to renew the sweetness of life.*

### TRADITIONAL THAI MASSAGE – 60 MIN

VND 672.000

*A treatment combining gentle to moderate forces, applied on zen lines, together with stretching the muscles and joints, this will relax and invigorate the body, reduce muscle tightness, and improve blood flow.*

## SYNCHRONIZED 4-HANDS MASSAGE – 60 MIN

VND 987.000

*Two therapists working together in unison, in synchronized movements using arms, forearms, elbows, and hands over your body, to take you to a profound dimension of relaxation*

## HEAD & SHOULDER MASSAGE – 30 MIN

VND 357.000

*A soft massage on the head, neck, and shoulder that relives stresses and eases away tension. Gentle acupressure is applied to restore a sense of calmness.*

## BACK MASSAGE – 30 MIN

VND 357.000

*A perfect de-stressed massage to unwind tense back, neck, and shoulder muscles.*

## REFLEXOLOGY (FOOT OR HAND) – 45 MIN

VND 420.000

*A treatment based on the principles that areas or reflex points on the feet and hands corresponds to each organ and structures in the body. It is a natural way of re-establishing harmony and homeostasis in the entire body, stimulated to improve energetic balance, enhancing your sense of well-being.*

## *Slimming Massages*

*A special massage designed on areas where cellulite formation or 'orange peel' skin is common in the body. With the used of special ingredients such as fucus, creeping ivy, lemon and caffeine that works on cellulites and assist in weight loss and aids in circulation. A cellophane wrap is applied with warm blanket that aids in absorption leaving your skin feeling smoother and firmer with less dimpling and appreciable dimensional reduction.*

**STOMACH – 30 MIN**

VND 420.000

**THIGHS – 30 MIN**

VND 420.000

**WHOLE BODY – 2 HOURS**

VND 945.000

**CELLULITE MASSAGE – 45 MIN**

VND 420.000

## Body Scrubs

### SEA SALT SCRUB – 45 MIN

VND 420.000

*Renew your skin with this skin-softening body exfoliation treatment, using our own special blend of natural sea salts from Phan Thiet, blended with essential oils to leave the skin feeling fresh, smooth, and revitalized.*

### VIETNAMESE GREEN TEA SCRUB – 45 MIN

VND 420.000

*A treatment specifically designed to deep-cleanse and purify the body with gentle skin exfoliation, using natural Vietnamese green tea, which is full of antioxidants and removes dead skin cells, whitens complexion. This treatment incorporates a body massage to moisturize the skin.*

### COFFEE AND SPICE BODY POLISH – 45 MIN

VND 420.000

*Sugar provides a gentle natural scrub with mild antiseptic, while coffee helps deodorize, and spice & citrus essential oils provide detoxification. A 30 minute massage is followed to relax and moisturize your body.*

### HEAD & BODY FRESH COCONUT MASSAGE – 45 MIN

VND 420.000

*An ideal indulgence for sun-burnt or sensitive skin. The recipe originated from a Traditional Vietnamese remedy in which coconut flesh and oil are applied onto your skin*

## Body Wraps

### ALOE-VERA EMBRACE – 45 MIN

VND 420.000

*After long hours of sun-bathing, cool down with this tingling wrap of cucumber and aloe-vera, minced together and enveloped on your body, leaving your skin moisturized and re-hydrated. A must for skin exposed to sun and sea.*

### MINERAL MUD WRAP – 45 MIN

VND 462.000

*Experience Vietnam's finest mud from the province of Binh Chau, enriched with minerals that detoxify and cleanse the body. A treatment that will guarantee to refresh and rejuvenate your body, soul, and mind.*

### DRAGON-FRUIT BODY WRAP – 45 MIN

VND 420.000

*The pureed dragon-fruit mixture is smeared all over the body, allowing certain natural enzymes of the dragon-fruit to be absorbed in to the skin, revitalizing, and softening.*



## Organic Facials

### ALOE-VERA FACIAL – 45 MIN

VND 420.000

*The ideal facial massages for lifeless and dull skin, known for its healing qualities, aloe-vera is used to clear skin blemishes, restore injured skin cells, and heal burns and sunburns. This facial gives your face the brightness of the day.*

### CUCUMBER/HONEY FACIAL WITH FOOT MASSAGE – 60 MIN

VND 525.000

*Cucumber has been extensively used in beauty products as cooling and revitalizing agent. It tones and tightens pores, soothes your face. Get refreshed with this wonderful treatment combined with honey and vitamin E that nourish and moisturize your face. Good for normal to oily and sun-burnt skin.*

### DEEP-CLEANSING FACIAL & FOOT MASSAGE – 75 MIN

VND 630.000

*A treatment specifically designed to deep-cleanse and purify the skin with gentle exfoliation, using natural fruit extract and fiber, which removes dead skin cells and pollutants deep in the pores. Finish with a foot massage for a head-to-toe relaxation.*

### CARROT FACIAL

VND 420.000

*A blend of carrot, milk, and honey to soften, moisturize, and activate skin regeneration. Full of vitamin A, beta-carotene, and antioxidants, and at the same time antibacterial, this natural facial will leave your skin renewed.*

## Beauty Treatments

### HAIR SERVICES

LADIES HAIRCUT VND 210.000

GENTS HAIRCUT VND 210.000

SHAMPOO/BLOW-  
DRY VND 210.000

STEAM BATH VND 210.000

### WAXING

UNDERARM VND 210.000

ARM VND 315.000

BIKINI LINE VND 315.000

HALF-LEG VND 420.000

FULL-LEG VND 525.000

### FOOT SPA – 60 MIN

VND 525.000

*We start with a warm foot-soak on a bed of stone that invigorates, nourishes, and softens your foot. After, a session of callous removal, exfoliation, and massage with special cream designed to relax and hydrate your foot.*

### DELUXE PEDICURE – 80 MIN

VND 672.000

*Pamper your feet to the fullest with the combined effect of foot spa and a pedicure*

### MANICURE – 30 MIN

VND 315.000

### PEDICURE – 30 MIN

VND 315.000

### COLOR-ONLY (NO CUTICLE OR NAIL TREATMENT)

VND 105.000

## *Kid's Spa*

### KID'S MASSAGE – 45 MIN

VND 315.000

*A relaxing massage specially made for kid, a series of long strokes with mild to moderate pressure leaving your kids relax and invigorated.*

### SUNKISSED BABY – 45 MIN

VND 315.000

*After a long day playing under sun, let your kid cool in the refreshing and healing wrap with aloe-vera and cucumber. A soothing massage is followed to leave the skin relaxed and moisturized.*

**Check in:** Please arrive at the Spa reception at least 5 minutes prior to your scheduled appointment.

**Ethics:** To ensure that guests can enjoy the peaceful sanctuary of Spa, we respectfully request that all visitor keep noise to a minimum. Cellular phones and electronic devices are discouraged.

**Payment:** We accept the room charge, and all major credit cards (with a surcharge of 3%). All prices are quoted in US Dollar and subject to change without prior notice.

**Reservations:** Advanced booking prior to your arrival is recommended to secure your preferred date, time of massage.

**Smoking & Alcohol:** Smoking and consumption of alcohol within the Spa is prohibited.

**Spa hours:** The Spa rooms are opened from 8:30 am to 8 pm; the last treatment ends at 7:30 pm

**Special Consideration:** Guests who have high blood pressure, heart conditions, who are pregnant or have other medical complications, are advised to consult our hotel manager before any Spa services. Please notify us beforehand of any possible allergies/reaction to any ingredients.

**Valuables:** A secured box for valuable is provided in the treatment pavilions, but we recommend that no jewel be worn at the Spa. The management accepts no responsibility for the loss of money or valuables of any kind brought into the spa premise.