



KURUMBA SPA

How to Spa

Some advice for your comfort

What should I wear when going to the Spa and during my treatment?

We will provide you with kimono, slippers, and hygienic disposable lingerie. Alternatively, our treatment may be enjoyed while wearing your own underwear, choose whatever is the most comfortable for you.

When should I arrive for my treatment?

Please arrive 10 minutes before your scheduled check-in time, you will therefore be able to change without haste and then you can sample our cold tea of the day offered before treatment.

What if I have special health treatment consideration?

Please notify our SPA Manager before booking your treatments if you have high blood pressure, allergies, physical ailments, disabilities, or if you're are pregnant.

What if I am late for my appointment?

Arriving late will limit the time available for your treatment. Programs are carefully planned to accommodate each and every one, we kindly request you to be punctual.

Cancellation Policy

Should you wish to modify or cancel a reservation, we should be grateful if you could notify us at least 3 hours in advance, in order to avoid paying a cancellation fee.

Time to relax, unwind and feel good

A visit to a SPA is time put aside for you and you should enjoy the experience in the best possible conditions. Should it concern the room temperature, massage pressure or volume of the music, please do not hesitate to ask your therapist to adjust them to your best comfort levels.

Where should I keep my valuables?

It is recommended not to bring any valuables, such as jewelry that needs to be removed prior to Spa treatments, and we must remind you that we are not responsible for any items lost or stolen.

Floating Rooms Treatment Surcharge

A surcharge of USD 10 will be applicable for all treatments that are availed on the floating rooms on the lake at Kurumba Spa.



Special Massages

Four Hands Massage

50 minutes – US\$ 130

The ultimate sensation with this massage provided by two therapists working together in perfect harmony that creates overall wellbeing. The perfect synchronization will balance the pressure of the whole-body improving blood circulation. The four-hand massage is a combination of shiatsu, traditional massage and lomilomi leaving your entire body re-energized and intensely relaxed.

Kurumba Spa Signature

1h30 – US\$ 130

This massage exclusively created by Kurumba Spa is our Signature. A relaxing combination of 4 massages, starting with long strokes and deep skin massage for 30 minutes is then followed by 10 minutes shiatsu and 20 minutes warm stone massage on your back, shoulders, neck and arms to release the tension of your stressed muscles. It ends with a 30 minutes reflexology to relax and give you a feeling of overall comfort. Discover this deeply relaxing path to health and harmony.

Back Massages

Discovery Massage

30 minutes – US\$ 60

For an immediate stress and tension release effect, this massage concentrates on the back and the legs, easing muscle aches, stretching joints, improving flexibility where most of the body tension is accumulated.

Head, Back and Shoulders Massage

50 minutes – US\$ 80

Starting from the back to stimulate the blood circulation this massage continues with the neck and shoulders to relieve muscular pain and drain tensions away. It is then concentrated on the head to effectively ease out accumulated stress and to enhance relaxation.

Back and Stones Massage

50 minutes – US\$ 80

Starting with a shiatsu and traditional massage to warm the body, the stones are then applied on your back in such a way as to relieve your muscles from pain and tension. Back and stones massage is especially adapted for back problems, achieving a feeling of wellbeing and perfect relaxation.



Full Body Massages

Balinese Traditional Massage

50 minutes – US\$ 85

90 minutes – US\$ 135

The Asian Traditional massage is a full body massage using palm pressure and long gentle strokes while applying a unique blend of natural essential oils this stimulates your blood circulation, improving energy flow and tension drains away.

Warm Stones Massage

50 minutes – US\$ 95

A full body massage starting with a traditional massage and lomilomi and then continues with the warm stones. Smooth and warm stones glide across your body in long, flowing strokes. The heat helps to relax the muscle and has a soothing effect on your emotions. Stones are positioned on the various energy body points to develop the healing potential.

Shiatsu

50 minutes – US\$ 80

The Shiatsu Massage is a digit puncture technique using pressure point massage without oil to release tight nodules and produce a deep relaxed feeling. This massage is a real revival for the body and mind increasing energy level intensified by a few stretching movements.

Swedish Massage

1 therapist – 50 minutes – US\$ 80

2 therapists – 50 minutes – US\$ 130

Using warm oil, heated up in a bottle and poured all over your body, the Swedish massage is designed to harmonize the corporal functions, such as blood circulation, breathing and mind relaxation. Soft and long strokes envelop all the body from feet to head creating an overall relaxation of the body and soothing effect.

Massages from another World

THAILAND

Thai Massage

50 Minutes – US\$ 90

90 Minutes – US\$ 140

THAI massage is an ancient healing system combining acupressure and yoga, like stretching for an invigorating and balancing experience

Thai Oil Massage

50 Minutes – US\$ 85

90 Minutes – US\$ 135

The perfect combination treatment for health relaxation commence with a Thai yoga massage followed by an oil massage to relieve stress and tiredness



Herbal Massage

50 Minutes – US\$ 90

90 Minutes – US\$ 140

The root of herbal ritual comes from Thailand, where hot compress massage is commonly used to increase blood circulation and stimulate the vital energy of body and mind. This re-energizing massage starts with a combination of stretching movements and palm pressure points. Once the body is warmed up, aromatic heated herbal bags are applied on your body, for an instant relaxing and soothing effect providing great relief to muscular aches and pains. Herbal lotion is then rubbed on your body to complete this detoxifying treatment.

Herbal Thai Traditions

120 Minutes – US\$ 165

Package

Herbal Body Scrub

Herbal Massage

Indulgence Package – Thai Herbal Treatment

150 Minutes – US\$ 245

Herbal Body Scrub

Herbal Body mask

Herbal Massage

Body Treatment

Body scrub

Harmony Body Scrub

50 Minutes – US\$ 85

Using local harvested coconut with cinnamon, the body is gently exfoliated leaving your skin moisturized and renewed.

Sensation Body Scrub

50 Minutes – US\$ 85

Made from finely grated Vanilla mixed with Ginger to rejuvenate your skin and give you a sensation of freshness and wellbeing.

Herbal Body Scrub

50 Minutes – US\$ 85

A traditional Herbal Body scrub combined with natural products such as kaffir lime, sweet fennel, ginger and lemongrass essential oils. This ideal Asian composition will enhance your body's natural circulation and eliminate the toxins. Your skin is deeply revitalized, supple and nourished.

Body Mask

50 Minutes – US\$ 80

A body mask is a thick paste or cream made from minerals, plants and other natural elements that detoxifies and firms your skin. Applied onto your skin, this detoxifying treatment stimulates your skin; aids lymphatic flow and boosts circulation.

Body Treatment

Sun Lovers

50 Minutes – US\$ 80

After your day spent in the sun, come and enjoy our Special Sun Lover to calm, soothe and re-hydrate your skin.

Sun Lover treatment is specially designed to fight against sun burn and the ageing of the skin.

This treatment includes: Aloe Vera gel, SPF 15, 30, 50 to ease sunburn, prevent skin peeling and to lock in the moisture.

Anti-cellulite

Cellulite Treatment – 1h30 – choice of 1 – 3 or 5 treatments

1 Treatment	US\$	120
3 Treatments	US\$	310
5 Treatments	US\$	510

This efficient treatment will help you to reduce the cellulite by an activation of the blood circulation, using a special range of products adapted to your requirements. We start with dynamic and powerful frictions with a body scrub made from almond powder and pure essential oils to release the toxins, followed by a mud mask made from crushed volcanic stones, clay, sea weed and essentials oils brushed onto your all body to purify the skin. The treatment is finally completed by a vigorous massage to cover your body with a unique blend of pure essential oils of basil, fennel and lemon, well known for their interaction against cellulite.

For a better result we recommend our 5 treatments package, taken one per day.



MOTHER AND CHILD CARE

Prenatal Massage

50 Minutes – US\$ 80

Massage therapy during pregnancy is a wonderful choice for prenatal care. It is a healthy way to reduce stress and promote overall wellness. It relieves many of the normal discomforts during pregnancy (after 4 months pregnancy only).

Junior Massage

50 Minutes – US\$35

This is the massage we offer for kids from 2-10 years old, offers a variety of health benefits. This is human nature to touch as a way of showing love, affection, and the touch stimulates the body in positive ways to help growth, development, and to boost immunity.

Facials

Refresher Facial

30 minutes – US\$ 60

A great introduction to facial treatment using principal ingredients: pure honey mask and cucumber, leaving your skin feeling smooth and radiant. Enjoy the benefits of these natural ingredients with an age-old reputation for skin healing, softening, and moisturizing.

Natural Asian Facial

50 minutes – US\$ 80

Using only Bio natural products, the face is cleansed and gently exfoliated to eliminate all the dead cells on the surface of the skin. While purifying with a gel mask, relax and unwind with a hand and feet massage. This treatment, which is adapted to your skin type, will effectively restore and hydrate your skin, leaving your face fresh, youthful, and restored.

Complete Facial

90 minutes – US\$ 145

This complete facial restores the tone and vitality of the skin, leaving it radiant and glowing. Enjoy the luxury of a deep cleansing. A nourishing mask applied by facial massaging stimulates the skin by microcirculation. Your face is rested and your complexion is glowing with health. To complete this treatment, a hand and feet massage will encourage the tensions to drain away.



Hair Treatment

Mask, Treatment and Massage

50 minutes – US\$ 80

A natural traditional mask is massaged onto your scalp to nourish and revitalize your hair. During the treatment a head and shoulder massage is given so that your blood circulation is stimulated and brings relaxation.

To maximize the benefits of the mask, the hair is not blown dry leaving it shiny and soft to the touch.

Hands & Feet Treatments

Hands Reflexology

30 minutes – US\$ 60

50 minutes – US\$ 80

Hands reflexology brings your body's energy flow back into balance. By removing energy blockages in all areas of your body, you increase circulation, reduce tensions and detoxify. Energy flows freely again into your entire body, you feel this incredible sensation of a perfect harmony within yourself.

Manicure - Hands Beauty Treatment

50 minutes – US\$ 70

Give your hands and nails a well-deserved care with our Hands Beauty treatment. Starting with the basics nail cut, file and cuticle repair, your hands are then gently exfoliated for a silky feeling. A nourishing cream is applied with a gentle massage to restore the moisture and improve the texture of your skin. Your hands feel hydrated, smooth and soft with a great youthful look.

Special Foot Treatment

30 minutes – US\$ 65

The ultimate soothing experience for your tired feet, leaving them refreshed, rested and relaxed. A foot soak with essential oils combined with a gentle cleanse, followed by a relaxing and cooling 20 minutes foot and leg massage will relieve the tension in the sole of your feet and reduce the swollen sensation.

Feet Reflexology

30 minutes – US\$ 60

50 minutes – US\$ 80

An ancient healing therapy as blissful as it is beneficial; a foot massage on the reflex point can restore the natural flow of body energy and improve your health. Recover physical and mental harmony with this wonderful treatment.

Pedicure - Feet Beauty Treatment

50 minutes – US\$ 70

Comprising of the classical pedicure treatment with nail cut, file, cuticle repair and soothing foot soak of essential oils; it is then followed by a scrub that will relieve your tired or swollen feet. Finally, to stimulate blood circulation a foot massage is applied with a refreshing lotion. Your feet are hydrated, fresh and soothed.

For an extra charge, your may complete your manicure treatment with Nail Polish / French nail polish or Nail art

Nail Polish	US\$	12
French Nail Polish	US\$	15
Nail Art (per nail)	US\$	3

Spa Packages

Sensation 100 minutes – US\$ 130

Choice of Body Scrub
Swedish Massage

Energy 100 minutes – US\$ 130

Balinese Traditional Massage
Reflexology

Thai Traditions Package 120 minutes – US\$ 170

Herbal Body Scrub
Herbal Massage
Jacuzzi 15minutes

Serenity 140 minutes – US\$ 180

Kurumba Spa Signature
Natural Asian Facial

Indulgence Package

Thai Herbal Treatment 150 minutes – US\$ 235

Herbal Body Scrub
Herbal Bodu Mask
Herbal Massage
Jacuzzi – 15 Minute

Harmony 100 minutes – US\$ 240

Four Hands Massage
Natural Asian Facial & Reflexology

Satin Skin 150 minutes – US\$ 200

Choice of Body Scrub
Balinese Traditional Massage
Natural Asian Facial

All prices are inclusive of all taxes and charges



Adam & Eve Package

90 minutes – US\$ 260

Pamper yourself and your significant other this holiday with the Adam and Eve Package. A step towards paradise, indulge in the various treatments:

- Foot Bath
- Discovery Massage
- Refresher Facial
- Jacuzzi – 30 Minutes (Bubble Bath)

Chocolate Package

Single: 90 Minutes – US\$ 160

Couple: 90 Minutes – US\$ 260

Smell... Feel... Appreciate... Discover the pleasure... The unique sensation of... Chocolate...!

Your skin is soft, smooth and re-hydrated, sense the difference after our chocolate treatment comprising of:

- Chocolate Body Scrub
- Discovery Massage
- Jacuzzi – 30 Minutes (Bubble Bath)

2 Days Package

US\$ - 200

Day 1 – Balinese Traditional Massage

Day 2 – Natural Asian Facial & Reflexology

3 Days Package

US\$ - 385

Day 1 – Choice of Body Scrub & Natural Asian Facial

Day 2 – The Kurumba Spa Signature

Day 3 – Natural Asian Facial & Reflexology

5 Days Package

US\$ - 480

Day 1 – Choice of Body Scrub & Natural Asian Facial

Day 2 – Swedish Massage

Day 3 – Balinese Traditional Massage & Reflexology

Day 4 – Head, Back and Shoulder Massage

Day 5 – Four Hands Massage



Kurumba Spa Wellness Treatment

Jacuzzi Bath

Jacuzzi baths are relaxation-enhancing, pain-relieving therapies and massages that work together to clear the mind, reduce stress, and soothe overworked muscles via water. Heat improves circulation and warms muscles and joints. every therapy takes the load pressure off the joints and muscles. Jacuzzi baths stimulate muscles, heal and relieve pain, which also helps relieve pain around the joints.

15 minutes – USD 25.00

30 minutes – USD 45.00

1 hour – USD 60.00

Steam Room

steam room improves the overall immunity, helps in the treatment of recurrent colds, respiratory diseases, system circulation and in ailments and rheumatic diseases Body steaming reduces muscle tension, perfectly moisturizes and regenerates the skin, as well as cleanses the body of toxins.

15 minutes – USD 25.00

30 minutes – USD 45.00

1 hour – USD 60.00

Sauna Room

Profound sweating is a highly effective way to remove toxins the body might have absorbed. And sauna does just that Sauna are highly effective ways to recover from workouts. The metabolic wastes are eliminated while sweating in a sauna. The blood flow to tired and strained muscles increases through sauna, helping them to recover quickly and feel relaxed much quicker.

15 minutes – USD 25.00

30 minutes – USD 45.00

1 hour – USD 60.00

All in one – USD 75.00

20minutes jacuzzi &

20minutes steam room &

20minutes sauna room