

BLUE

TUI BLUE

Olhuveli Romance

BLUE *Spa*

A space to Relax, Rest and Reconnect with your inner vitality, through holistic Spa & Wellness experiences with Love and Joy.

We are at the BLUE Indian ocean, our holistic treatments are with influences from around the world including India, China, Thai, Bali, Tibet, and Maldives.

We take on their traditions and concepts to create truly genuine, personal, pure and authentic Spa and Wellness experiences.



THE BLUE® SIGNATURE RITUAL

INNER RESET RITUAL 90 Minutes

For the authentic and personalized experience at Blue Olhuveli Romance. This ritual starts with a eucalyptus and geranium steam bath to cleanse and release fatigue. Followed by Prana Vitality body massage with energy-enhancing essential oils of geranium and patchouli that will leave your mind, body and spirit sparkling with vitality and the experience will finish with a crystal healing facial yoga to reset and balance your energy level.

FROM ADDU TO THE BLUE 90 Minutes

A deeply nourishing treatment using organic warm coconut oil to soothe and condition the skin. Begin with hydrotherapy, footbath ritual followed by Dhivehi theyo demun massage to detoxify and stimulate your lymphatic system. Continue with exfoliate fresh coconut & pink Himalayan Salt scrub that will deliver its pure nutrients while gently smoothing your skin.



JOURNEY TO THE BLUE

TAKE ME TO THE MOON (Couple) 150 Minutes

One of the ultimate spa experiences for couples, you should try with your loved one! This package includes Hydrotherapy, foot bath ritual, side-by-side Balinese full body massage, followed by a full body exfoliation to revive your tired skin to give pure radiance. This journey is completed with rose petals, milk bath and a bottle of sparkling wine to celebrate the love and joy together.

IMMERSE YOURSELF (Single) 120 Minutes

Take time out of a busy sightseeing schedule for some pampering and self-care. Begin the journey with foot bath ritual followed by ocean blue body renewal, garden of deep body massage to release deeply held patterns of tension and will pacify your mind. Crystal healing facial yoga will plum up the skin and smooth away wrinkles

3 DAYS TO KERALA 60 Minutes/Session

Ayurvedic medicine is one of the world's oldest medical practices and remains one of the favorites in India's traditional health care systems. The ancient Indian medical practice, also known as Ayurveda, is based on ancient writings that rely on a "natural" and holistic approach to physical and mental health

Day 1 - Abhyanga

Day 2 - Shirodara

Day 3 - Kativasthi



AUTHENTIC BLUE® SELECTION

GARDEN OF DEEP 80 Minutes

This full body massage uses Swedish and deep tissue massage techniques. The aroma of lemongrass melts tensions away while Sweet Orange and Vetiver helps to create inner peace. This treatment is very helpful for people who hold a lot of tension in their body and mind.

WAT PHO STRETCH 80 Minutes

This dry massage can relieve joint stiffness, increases flexibility, and revives energy level. Your therapist will apply strong pressure, using thumbs and palms, along the energy meridians to guide you and your body through this 5,000-year-old self-healing tradition.

KARUNA KAYA 60 Minutes

An effective full-body treatment which releases deeply held patterns of tension deeply relaxes you and pacifies your mind. This massage uses the weight and radiant warmth of the stones and is combined with calming essential oils.

PRANA VITALITY ENERGY 60 Minutes

This full body massage helps reduce fatigue and restore physical and mental strength. Invigorating massage therapy with energy-enhancing essential oils of geranium and patchouli will leave your mind, body and spirit sparkling with vitality.



BALINESE SLIDE 60 Minutes

This massage originated from the Island of God's "Bali". A combination of gentle stretches, acupuncture, Swedish and aromatherapy massage techniques are used to stimulate the flow of blood circulation. This massage brings a sense of wellbeing, calm and deep relaxation.

DHIVEHI THEYO DEMUN 60 Minutes

A deeply nourishing Maldivian treatment using organic warm coconut oil to soothe and condition your skin, followed by an infused herbal compress. This gentle massage encourages relaxation of body & mind.

KUNDALINI BACK THERAPY 60 Minutes

This back, neck and shoulder massage increase your energy and spiritual level by awakening the dormant energy in the base of your spine known as Kundalini. Warm herbal poultices are massaged into the back whilst sound healing and chakra balancing lift away your tension.

QI FOOT RELIEF 30 Minutes

Focusing entirely on your feet, our therapist will identify and stimulate points that correspond to specific parts of the body, helping to relieve stress. This ancient Chinese practice is famous for its beneficial effects.



THE BLUE® BODY RENEWAL

AFTER SUN IMMERSION 45 Minutes

This treatment harnesses the healing powers of pure aloe vera to restore sun exposed, dehydrated and damaged skin. A refreshing Aloe Vera body wrap and conditioning scalp massage

MARINE ALGAE WRAP 45 Minutes

100% pure and natural patented micronized marine algae, rich in minerals, vitamins and trace elements, helps to reduce or fully eliminate problems with acne and cellulite

OCEAN BLUE BODY RENEWAL SCRUB 45 Minutes

This ocean blue scrub pairs the incomparable exfoliating power of marine salt with nourishing oils to reveal a refined skin texture with a velvety feel.

SANDALWOOD LULUR SCRUB 45 Minutes

A traditional Javanese royal beauty ritual. This scrub will soften and refine your skin as it gently exfoliates. Ideal for all skin types

ANTI CELLULITE SCRUB 45 Minutes

This exfoliation and decadent coffee and orange scrub helps to reduce visibility of cellulite. Packed with anti-oxidants, it is sure to leave your body smooth and healthy looking.



AYURVEDA

SIRODHARA 60 Minutes

Aimed to cure headaches, sinusitis, anxiety, premature hair graying, insomnia, and depression. An abhyanga full body massage using warm Ayurvedic herbal oil followed by poured Ksheerbala tailam on the forehead area also known as the third eye.

ABHYANGA 60 Minutes

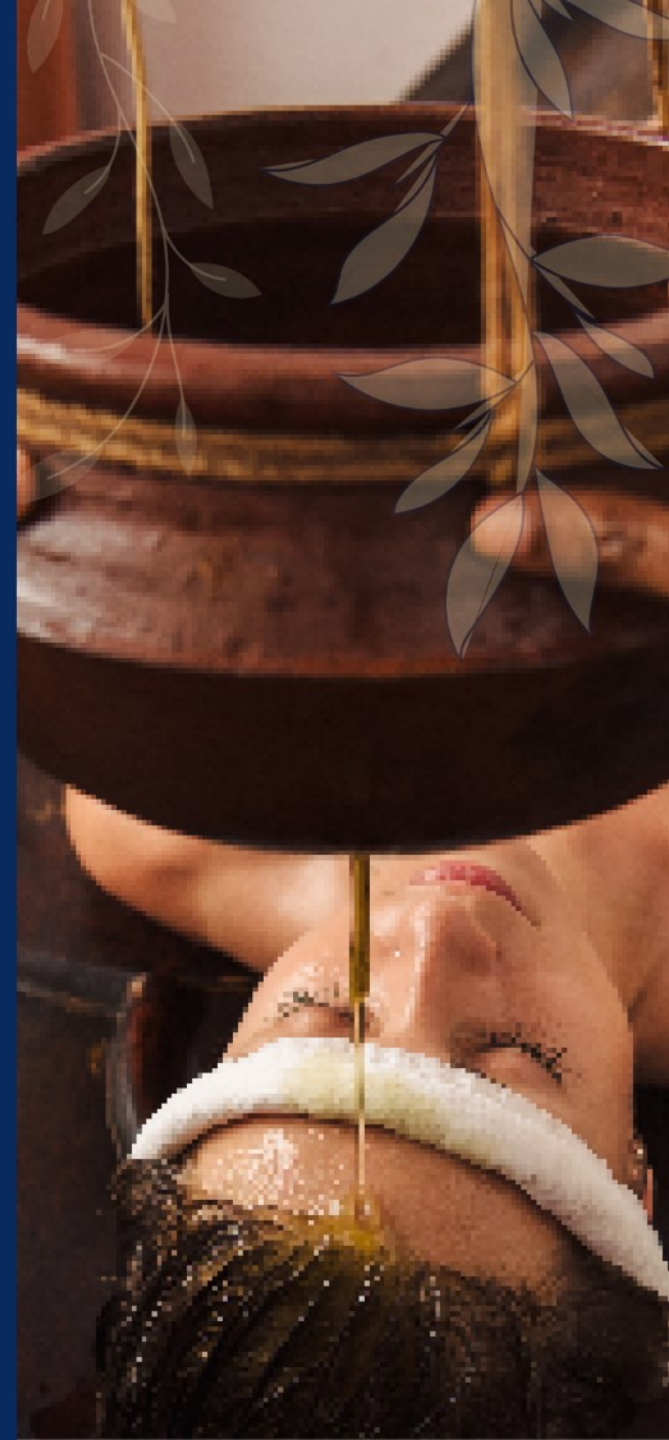
This massage is performed with warm herbal oil infused with Ayurvedic herbs, reaching deeper tissue and bones and will detoxify the body by stimulating lymphatic drainage.

KATIVASTI 60 Minutes

The most powerful Ayurvedic treatment to ease lower back pain and spinal ache. Our therapist will pour warm oil inside a dough which will be built around the lower back combined with a body massage with warm Murivenna oil.

INDIAN HEAD MASSAGE 30 Minutes

This treatment has distinct healing properties to relieve tense muscles, headache, increase blood circulation around the head and reduce hair loss.



FACE THERAPY

RENEWED RECOVERY 50 Minutes

Calming & Renewing, this facial is ideal for hormone imbalance and acne skin types.

AGE RESTORE ANTI-AGEING 50 Minutes

Anti-Ageing & Repairing, ideal for mature, irritated or rosacea prone skin.

SKIN DRINK FACE THERAPY 50 Minutes

To detox the skin & to release tension, ideal for dry, dull or congested skin.

MEN'S KUNYE FACE THERAPY 30 Minutes

A tailor-made treatment for men, this purifying and youthful facial is Ideal for stressed insomnia or exhausted skin.

CRYSTAL HEALING FACIAL YOGA 30 Minutes

This facial will plum up the skin and smooth away wrinkles. Joyous Jade is one of the most famed healing crystals known for bringing lashings of good luck with Mental & Emotional Healing Properties.



BEAUTY & GLOSSY

HAIR & NAIL

BLUE® Manicure or Pedicure 45 Minutes

Polish-Up 20 Minutes

Wash and Blow Dry 30 Minutes

Make-up 50 Minutes

Hair Style (Curly or straightening) 50 Minutes

Bridal Package 100 Minutes

Trim & Shave 20 Minutes

Men's or Ladies' Haircut 30 Minutes

STAY LITTLE LONGER 'Add-On

Aroma Floral Bath 20 Minutes

Hydrotherapy 20 Minutes

Hand or Foot Ritual 15 Minutes

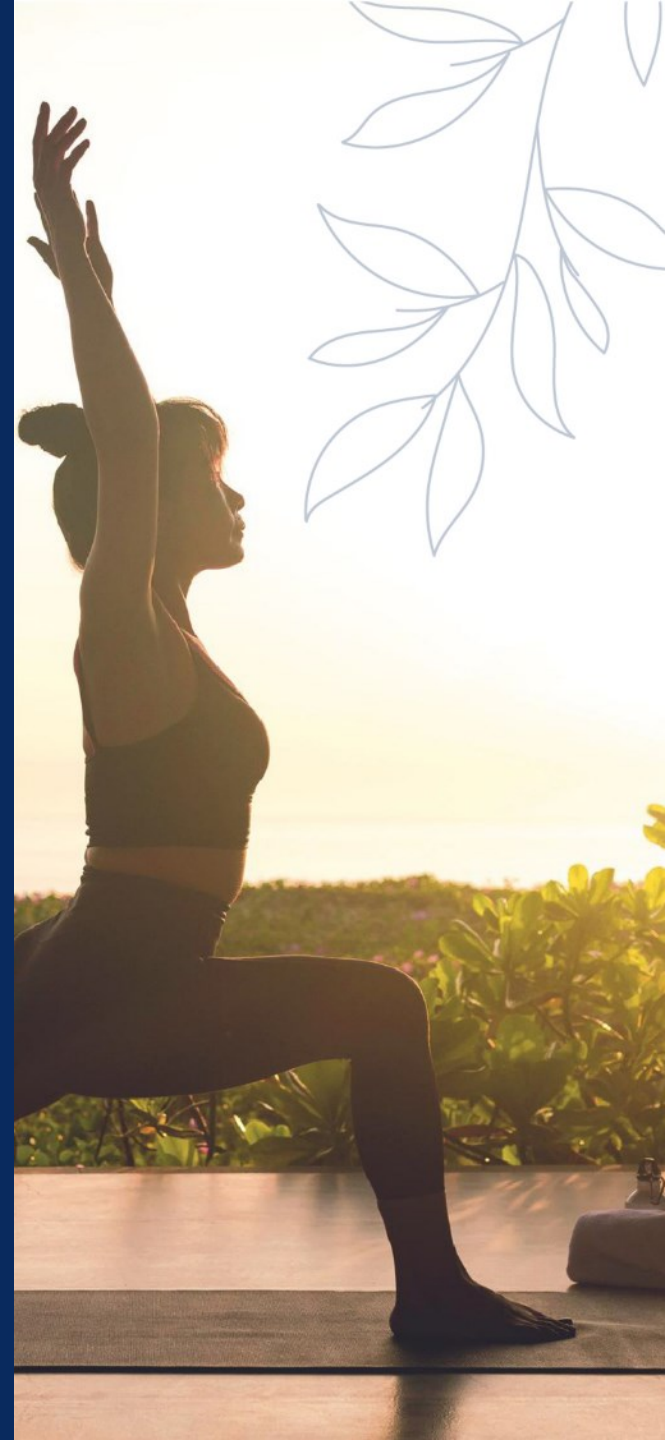
Scalp Massage 15 Minutes



YOGA & MEDITATION

Elevate your inner self to a higher level of consciousness, inner peace, and freedom, at the same time battling complications such as high blood pressure, sleep deprivation or extreme overall stress levels while toning your body from head to toe. Our Yoga Guru can also arrange private yoga classes upon request.

*Group Yoga Sessions 60 Minutes
Private Yoga Session 60 Minutes*



Opening Hours: 9 am - 7 pm

SPA COMFORT & AMBIENCE

The spa environment is one of tranquility and relaxation. Please respect the quiet and privacy of other guests by speaking in a soft voice or simply enjoying the silence. Cell phones and other electrical devices are discouraged, and ring tone are silenced and switched to vibrate mode while enjoying the spa. Smoking is prohibited throughout the spa.

RESERVATION

*For scheduling appointments or for further information, please contact our spa reception at Ext . 2112
We highly recommend booking your treatment in advance to ensure that your preferred time and service is available. Please notify the spa concierge of any health conditions, allergies or injuries that could affect your treatment or use of the spa facilities.*

ARRIVAL TIME

Please arrive at the spa reception at least 30 minutes prior to your first scheduled appointment. This allows us to have consultation with you to understand any of your concerns and to allow you to check-in, change to spa attire and unwind for your treatment.

SPA ATTIRE

Spa attire and a locker for your personal belongings will be provided to you to your comfort. Swim wear is required for plunge pool.

LOSS OR DAMAGE

A personal locker will be provided to keep your valuables. However, it is recommended that all valuables are left in your Villa safe. The management and staff accept no responsibility for any loss or damage of valuables to your personal article in the spa premises.

CANCELLATION POLICY

Please allow at least three hours' notice for cancellation or rescheduling of your treatments. Cancellations with less than three hours' notice of the appointment time will incur a 100% charge.

PAYMENT METHODS

Blue Olhuveli Romance guests may charge their treatments to their Villa account.



BLUE® SIGNATURE RITUAL

DESCRIPTIONS

BLUE® SIGNATURE RITUAL		USD
1 Inner Reset Ritual *	90 Min	149.40 ++
2 From Addu to the Blue *	90 Min	149.40 ++

JOURNEY TO THE BLUE®

3 Take me to the moon (Couple) *	150 Min	480.00 ++
4 Emmerge yourself (Single) *	120 Min	199.20 ++
5 3Days to Kerala *	180 Min	298.80 ++

AUTHENTIC BLUE® SELECTION

6 Garden of Deep *	80 Min	158.40 ++
7 Wat Pho stretching	80 Min	90.40 ++
8 Karuna Kaya *	60 Min	118.80 ++
9 Prana Vitality Energy	60 Min	99.00 ++
10 Balinese Slide *	60 Min	118.80 ++
11 Dhivehi Theyo Demun *	60 Min	118.80 ++
12 Kundalini Back Therapy *	60 Min	106.80 ++
13 QI foot relief	30 Min	50.10 ++

AYURVEDA

14 Shirodhara	60 Min	100.20 ++
15 Abhyanga *	60 Min	109.80 ++
16 Kativasthi	60 Min	100.20 ++
17 Indian head massage	30 Min	39.90 ++

YOGA & MEDITATION

40 Group Yoga Session	60 Min	34.80 ++
41 Private Yoga Session	60 Min	60.00 ++

THE BLUE BODY RENEWAL

USD

18 After Sun Immersion	45 Min	62.10 ++
19 Marine Algae Body Wrap	45 Min	53.10 ++
20 Ocean Blue Body Renewal scrub	45 Min	39.15 ++
21 Sandalwood Lulur Scrub	45 Min	45.00 ++
22 Anti Cellulite Scrub	45 Min	45.00 ++

FACE THERAPY

23 Renewed Recovery	50 Min	85.00 ++
24 Age Restore Anti-Ageing	50 Min	85.00 ++
25 Skin Drink Face therapy	50 Min	85.00 ++
26 Mens Kunye face therapy	30 Min	51.00 ++
27 Crystal Healing Facial Yoga	30 Min	51.00 ++

BEAUTY & GLOSSY

28 BLUE® Manicure or Pedicure	45 Min	45.00 ++
29 Polish-Up	20 Min	20.00 ++
30 Wash & Blow Dry	30 Min	30.00 ++
31 Make-up	50 Min	75.00 ++
32 Hair Style (Curly or straightening)	50 Min	60.00 ++
33 Bridal Package	100 Min	150.00 ++
34 Trim & Shave	20 Min	20.00 ++
35 Men's or Ladies' Haircut	30 Min	45.00 ++

STAY LITTLE LONGER - Add-on

36 Aromatherapy Bath	20 Min	20.00 ++
37 Hydrotherapy	30 Min	28.50 ++
38 Hand or Foot Ritual	15 Min	15.00 ++
39 Scalp Massage	15 Min	15.00 ++

* Massages applicable for \$50 credit.

Prices are in USD and are subject to a 10% Service Charge and 16% applicable government taxes.