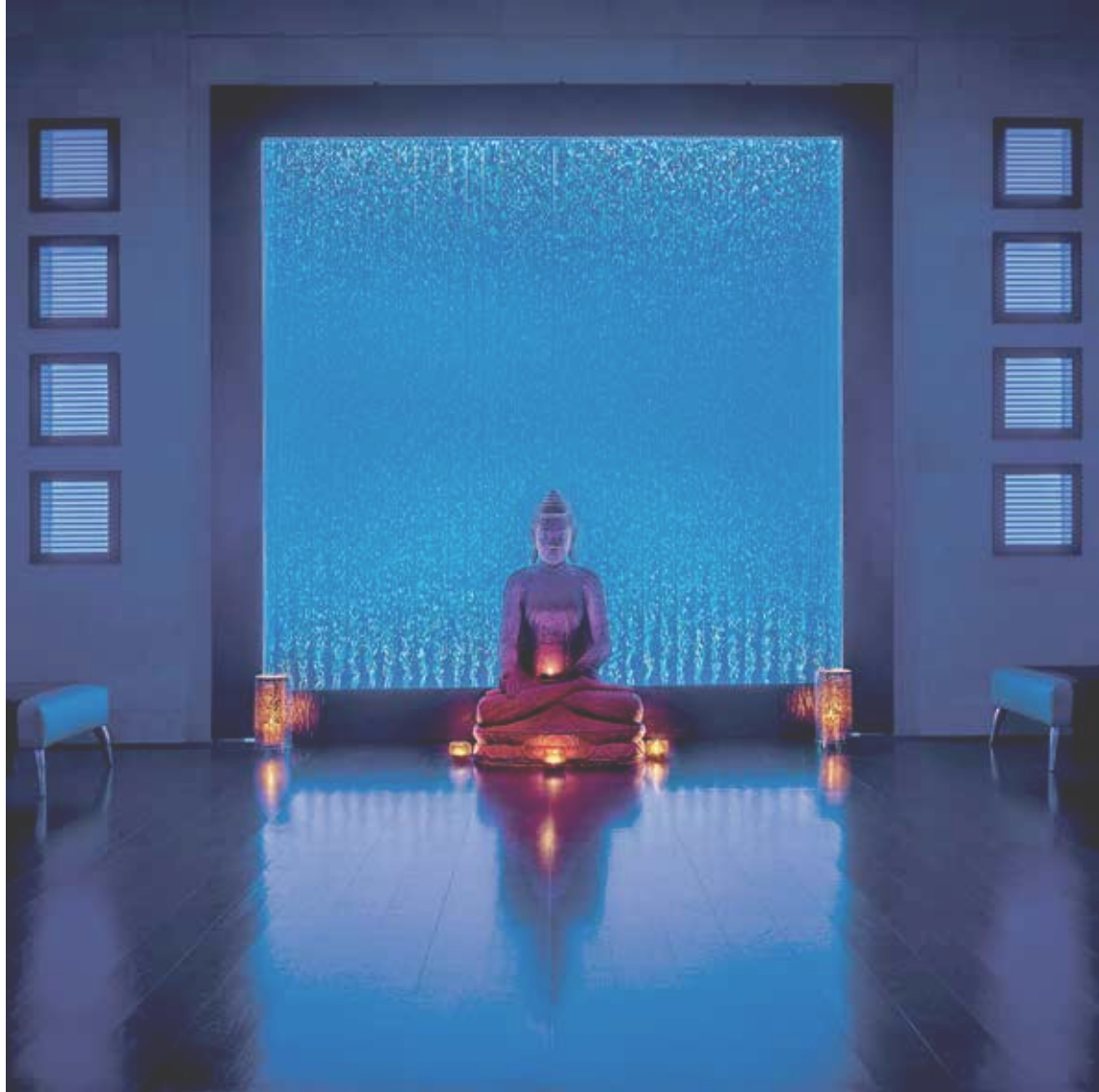




FOUR SEASONS SPA









FOUR SEASONS SPA

PRICE LIST

From the moment you walk through our door
as our honoured guest our aim is to take you on a journey of tranquillity
whilst increasing the well-being of your body, soul and mind.

More than just an escape, we work with you to create a relationship
that goes beyond pampering.

Please take the time to browse through our treatment menu and
discover a diverse blend of sensuous spa treatments, customised to meet your needs,
designed to stimulate your senses and delivered by our team of highly
qualified international therapists.

Signature Spa Treatments

Four Seasons - Four Senses - 90 minutes



€200

Awaken your senses and start a blissful journey of Aroma, Sound, Touch & Taste. This unique signature massage will stimulate all your senses with a combination of textures, touch & sensations applied to bring your attention to the present moment and escape the outside world before the deep and rhythmic movements lull you into a deep state of peace & tranquillity. Connect to your inner self and arrive at the end of your journey with all your senses singing with delight and reflect on your experience with our signature tea.

Indian Ceremony of Indulgence - 90 minutes



€190

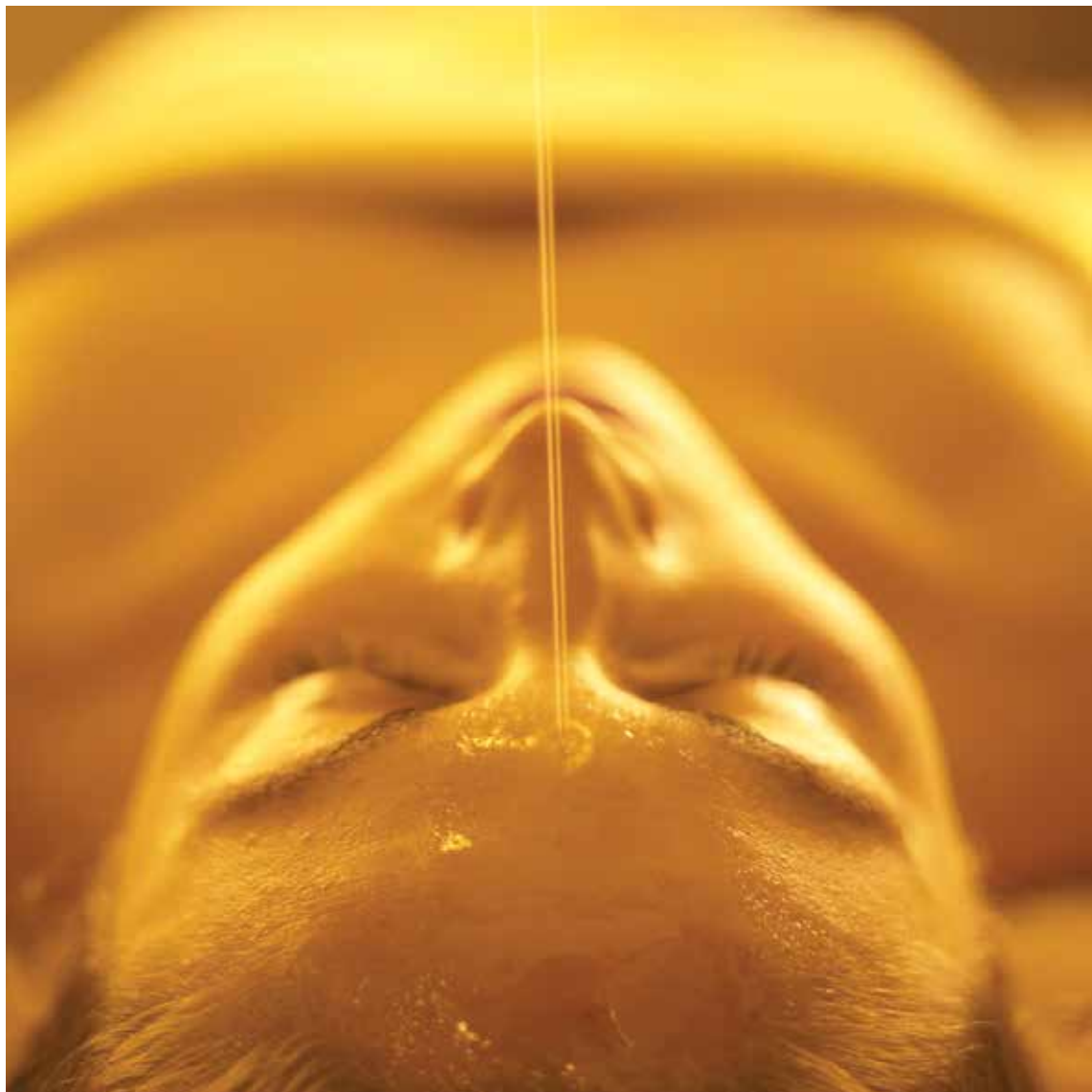
Allow yourself to indulge in this Indian Ceremony that will take you on a journey of your senses. A warming Indian spice foot scrub during a warm foot bath will soak away tension before the journey continues with a deep rhythmic massage to relieve deep seated tension from the tips of your hair to the tips of your toes. The treatment is concluded with the Shirodhara warm oil flow to the head and an indulgent scalp massage to leave you grounded and all your senses singing with delight.

Ancient Healing Hot Stone Massage - 75 minutes



€175

Calling upon ancient traditions and techniques, the Hot Stone massage will restore balance and energy through the placement of stones on your chakras whilst the deeply soothing massage to the body and face will relieve tension in your muscles and have you drifting into a blissful state of relaxation.





Thai Quartz Crystal Healing Massage - 90 minutes Strong €190

This 90 minute treatment incorporates the use of warm Quartz Crystal stamps applied to the body to allow the release of stress & negative energy. Combined with the benefits of traditional Thai massage tension is released through a series of deep pressures and stretching, whilst the Quartz Crystal stamps increase the flow of positive energy in the body & mind.

Bamboo Sculpting Massage - 75 minutes Strong €180

This revitalizing lymphatic massage blends hands-on techniques with bamboo wood rollers to encourage fluid drainage whilst deeply relaxing tired muscles. The synergy of natural bamboo tools, body brushing and botanical firming and slimming products, helps smooth the skin, improve tone and restore a sense of lightness, vitality and well-being.

Body Bliss Ritual - 60 minutes €150

A ritual of pure indulgence, polish & smooth your skin with a blend of coconut, exotic spices and deeply nourishing essential oils before being cocooned in a warm wrap. Drench yourself in the exotic blend of sumptuous textures and aromas and let your thoughts drift away during a blissful scalp massage with warm oil.

Youth Rejuvenating Facial

An advanced non-surgical facelift using radio frequency technology to stimulate and contour the face by producing natural collagen and elastin combined with dynamic muscle activation (DMA) for improved muscle tone, particularly around the jawline. Including an exfoliating enzyme peel, and a series of comprehensive lifting and drainage massage techniques and a specialized mask to lift and sculpt the facial contours. This facial also includes a scalp and hand massage, making it the ultimate facial experience.

60 minutes €180

90 minutes €200

Massage

Relaxing Massage - 60 minutes



€130

A relaxing massage which releases tension using a fusion of different techniques individualised to your needs to leave you feeling relaxed, supple and soothed.

Aromatherapy Massage - 75 minutes



€165

Your therapist will guide you through a sensory essential oil consultation to select the perfect mind body balance blend for you. Performed with soothing and calming strokes to the body, face and scalp, this massage will bring harmony and induce deep relaxation and well-being.

Deep Tissue Massage - 60 minutes



€145

This deep tissue massage is ideal for those who prefer a stronger massage which concentrates on areas of muscle stiffness and deep tension. Your masseur will customise the massage according to your specific needs.

Shirodhara Back & Head Massage - 60 minutes



€150

Shirodhara comes from the two sanskrit words “shiro” meaning head and “dhara” meaning flow. This Ayurvedic massage treatment starts by drizzling a warm aromatic blend of Rosemary, Fennel & Frankincense oil over the back. A deeply relaxing massage focusing on tension areas of the back neck & shoulders is performed before the treatment continues onto the front of the head. The warm oil from the authentic Shirodhara copper pot is gently flowed over the ‘third eye’ chakra before trickling through the hair during a mind melting head massage.



Thai Foot Massage Strong

The original knowledge and techniques of Thai Foot Massage were carefully guarded secrets kept by the Buddhist monks of the Thai Royal Palace. The lower legs and feet are stretched and massaged to open Sen (energy), then specific pressure points, which stem from 10 major energy lines that run throughout the body, are stimulated freeing up blocked energy in the body's Thai-based meridians to create a feeling of deep relaxation and help the body restore its own natural healthy balance.

30 minutes

€ 80

60 minutes

€130

Royal Thai Massage Strong

This unique Thai massage was traditionally reserved for Thai Royalty and Aristocracy and uses an invigorating blend of aromatic herbal oils to release tension from the body by applying both Thai stretching and deep manual massage to bring tranquillity and balance.

60 minutes

€145

90 minutes

€190

Traditional Thai Massage Strong

Performed on the floor on a raised mattress, this unique massage uses an ancient system of techniques to manipulate, loosen and stretch the body, releasing blocked energy, increasing your flexibility and inducing a peaceful mind.

60 minutes

€145

90 minutes

€190



ANNE SEMONIN

PARIS

Because each skin is unique, every Anne Semonin programme is customized and starts with a personal diagnosis of your skin. Your beauty therapist will create your own “beauty prescription”, depending on the needs of your skin and your lifestyle. The Anne Semonin treatment collection combines an ingenious blend of aromatic essential oils, trace elements and marine ingredients with the classic French touch and a holistic approach to treating the individual needs of your body and skin. Anne Semonin treatments are designed to be “tailor made” and will not only revitalize the skin, but energize and balance the mind and spirit, providing total relaxation.



Prescriptive Facial Treatments

Soothing Skin Saviour - 60 minutes

€140

Calming, Hydrating, Restoring

The secret to soothing even the most delicate skin lies in the exquisite blending of minerals and essential essences. The skin on your face is prepared with gentle cleansing and exfoliation before delighting in the application of the luxurious Anne Semonin Cream mask. The generous application of the algae and mimosa wax formula smoothes and nourishes skin revealing a perfectly calm and soothed complexion.

Age Defend - 60 minutes

€140

Anti-ageing, Firming, Toning

Defy the ageing process with this quintessential regenerating facial therapy. Signs of ageing dissolve as essential oils and minerals are gently massaged into the skin improving tone and elasticity. Mexican Wild Yam and Vitamins A & E provide ultimate defence against environmental elements and help maintain a youthful radiance all the way to a cellular level.

Detoxifying Facial - 60 minutes

€140

Antioxidant, Premature ageing preventing

The facial that precisely targets the urban environment and lifestyle: pollution, smoke, blue light, stress which lead to skin premature aging. Specialized gestures to drain toxins and impurities, using essential oils and trace elements combined in personally prescribed quantities to effectively restore a refreshed, healthy-looking skin.

Exquisite Miracle Eyes - 45 minutes

€110

Cooling, Soothing, Radiance

An exquisite facial treatment specifically designed for the delicate eye area brings together a unique combination of contour masks and specialized lymphatic massage, ideal for reducing the signs of ageing and melting away stress. Cryotherapy ice cubes diminish puffiness and refresh the eyes. Finally, a divine application of the miracle eye cream completes the total eye care experience.

Ultimate Facial Collection

Cryo Time Freeze - 75 minutes

€175

Immediate Toning, Radiance, Brightness

A flawless skin brightening experience, this face and eye treatment uses the age defying effects of cryotherapy with Super Active Serum to reinforce the skin's firmness at a cellular level. Complemented by a neurocosmetic containing Wild Indigo this elegant touch stimulates the release of B-endorphins, flooding the body with a total sense of well-being.

Resurfacing Peel Facial - 75 minutes

€195

Skin renewal, Anti-age, Radiance

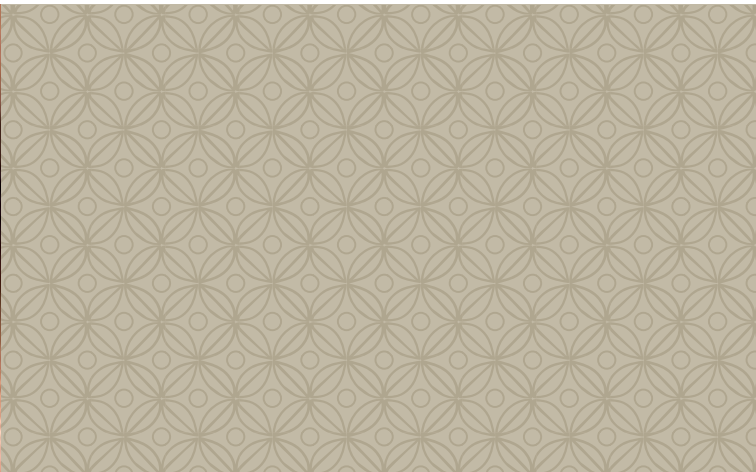
With its results driven combination of peel methods, advanced ingredients rich in fruit acids, draining and lifting techniques, this treatments dissolves dead cells, radically renews the skin's surface texture and unlocks brighter, clearer, and more beautiful skin.

Naturaceutical Facial - 75 minutes

€205

Plump, Balance, Cleanse

Harnessing the power of our Naturaceuticals collection to reset the skin, this treatment is perfect for those with hectic city lives. It remedies the disruptive effects of pollution, jet lag, lack of sleep, and stress on the skin microbiome and prevents premature skin ageing. The use of a Ridoki Face Roller and the Olive Peel-Off Mask will work in tandem for plump, rested, radiant skin.



Marine Mineral Purifier - 90 minutes

€190

Deep Cleansing, Decongesting, Remineralising

Traditional steam and extraction techniques combine with the power of marine elements resulting in a deeply purifying facial spa treatment. The advanced Anne Semonin peel off mask, with the highest concentration of minerals and algae, leaves the skin instantly calmed, decongested, and silky smooth.

Precious Pearl Ultra Lift - 90 minutes

€220

Anti-ageing, Regenerating, Radiance enhancing

This ultimate wrinkle-fighting spa facial treatment will restore the skin's lack of firmness and tone leaving your skin and face contours in top condition. Including a series of comprehensive lifting and drainage massage techniques that are a godsend for those suffering from tight facial muscles and a tired complexion. The perfect remedy for mature lacklustre skin.

Instant Cryo Facelift - 90 minutes

€250

Firm, Lift, Sculpt

This advanced technical treatment is devised to achieve radical, instant results. The Anne Semonin lifting technique will sculpt your facial contours and the electrical muscle stimulation (EMS) will firm and restore the skin's elasticity. This transformative facial also includes metal Gua Sha tools to drain and de-puff the skin and cryotherapy products for an instant rejuvenation. If you are seeking a non-invasive treatment that delivers lifted, sculpted, dewy skin, then the Instant Cryo Facelift will not disappoint.





SEMONIN

HUILE CORPS
NOURRISSANTE
relaxante, sublimatrice

NOURISHING
BODY OIL
relaxing, regenerating

SEMONIN
PARIS

HUILE CORPS
VITAMINÉE
anti-oxydante, anti-âge

VITAMIN RICH
BODY OIL
anti-oxidant, anti-ageing

HUILE CORPS
DÉTOXIFIANTE
tonique, stimulante

3.3 fl. oz.

100 ml

3.3 fl. oz.

Ultimate Body Collection

White Sand Scrub - 45 minutes

€110

Moisturising, nourishing, soothing

An express exfoliation with the Anne Semonin Nude Sea Salt & White Sand Body Scrub, leaving skin smooth and hydrated. The warming and nourishing qualities of this scrub ensure a soothing experience and visible results.

Anti-Fatigue Back Remedy - 60 minutes Medium

€140

Tension releasing, restoring back therapy

An exceptional solution created to alleviate tension stored in the back, neck and shoulders and reduce fatigue. The exquisite combination of heat, minerals and oils begins with a generous application of self-heating mineral mud mask to release stiffness, strain and stress in the muscles. This is followed by a bespoke massage with blended oils just right for your needs. Both energizing and relaxing, this treatment leaves the whole body with a complete sense of well-being.

Pure Detox Wrap Experience - 60 minutes

€150

Detoxifying, purifying, uplifting

Wrap your body in a cocoon of Spirulina micro-algae to stimulate toxin release and purify the skin. A pre-wrap scrub of sea salt, combined with uplifting lemongrass and peppermint body oil, prepares the skin for the green algae and laminaria body mask, rich in iodine and powerful marine elements. Together these dynamic ingredients purify, energise and help reduce inches.

Cryo-lipoliss - 75 minutes



€175

Anti-cellulite, firming, toning action

If your main concern is dimpling and uneven skin, this 3-phase treatment is definitely for you. Powerful cryotherapy techniques ensure immediate results: your legs feel refreshed, with firmer skin contouring. A special massage using the natural powers of algae will get rid of toxins in a flash while a firming body mask will work to target problem areas.

Post-Beach Reviver - 75 minutes

€185

Radiance / Soothe / Cool / Prolong Summer Tan

Inside-out hydration is essential for maintaining your skin's suppleness and prolonging your hard-earned tan. When you opt for this ritual, you will be treated to a moisturizing body mask, soothing scalp massage and calming face mask.



Cocooning Scrub & Massage Ritual - 90 minutes Medium

€195

Exfoliating, Nourishing, Soothing

A luxurious blend of sea salts, white sand, pink quartz crystal powder and aromatic oils actively sweeps away dead skin cells, leaving skin wonderfully soft, silky, detoxified and youthfully radiant. The warming elements of the Nude Scrub create a cocooning sensation and elevate the spirits. Aromatic oils are applied all over the body to deeply nourish, soften and re-mineralize the skin, followed by a revitalizing exfoliation.

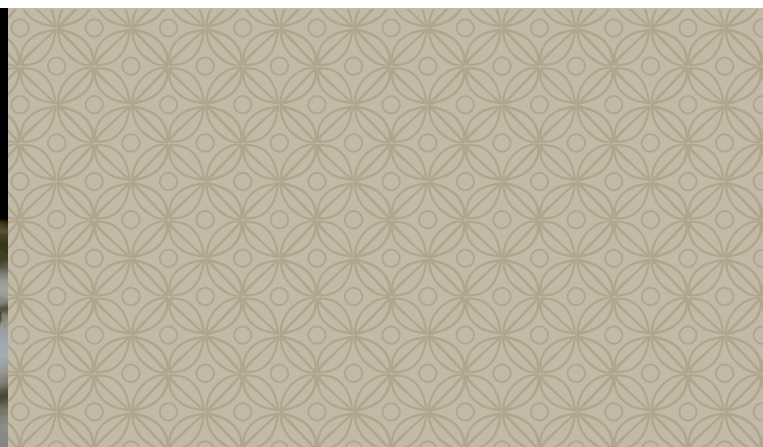
This spa body therapy concludes with a Haute Couture full body massage to re-awaken your senses.

Heavenly Anti-stress Face and Body Experience - 120 minutes Medium

€255

Tension releasing, Nourishing, Toning, Revitalising

A synergy of heat and cold is the essence of this truly exceptional experience combining a relaxing back therapy and anti-ageing facial. The creamy, rich mixture of self-heating clay and algae melts away deep-seated tension throughout the back of the body while the feet and legs are massaged. The senses are further stimulated with an advanced cryotherapy facial, using the Anne Semonin Express Radiance ice cubes infused with powerful ingredients to support the skin at a cellular level, as the whole body experiences a rush of complete well-being.





Mediterranean Bliss Collection

Wellness treatments can be wonderfully evocative of a long and lazy Mediterranean summer.

A refreshing facial can feel like a cooling plunge in an idyllic turquoise cove. A deliciously relaxing massage? Like sneaking off for a secret nap under a shady lemon tree.

With our Mediterranean Bliss treatments, revitalizing marine ingredients and uplifting notes of lemon, grapefruit and mint transport you to sunny shores and dreamy hideaways, while innovative techniques ensure you emerge revived, refreshed and ready to enjoy a sunset aperitif.

Olive Grove Body & Face Therapy - 90 minutes Medium €210

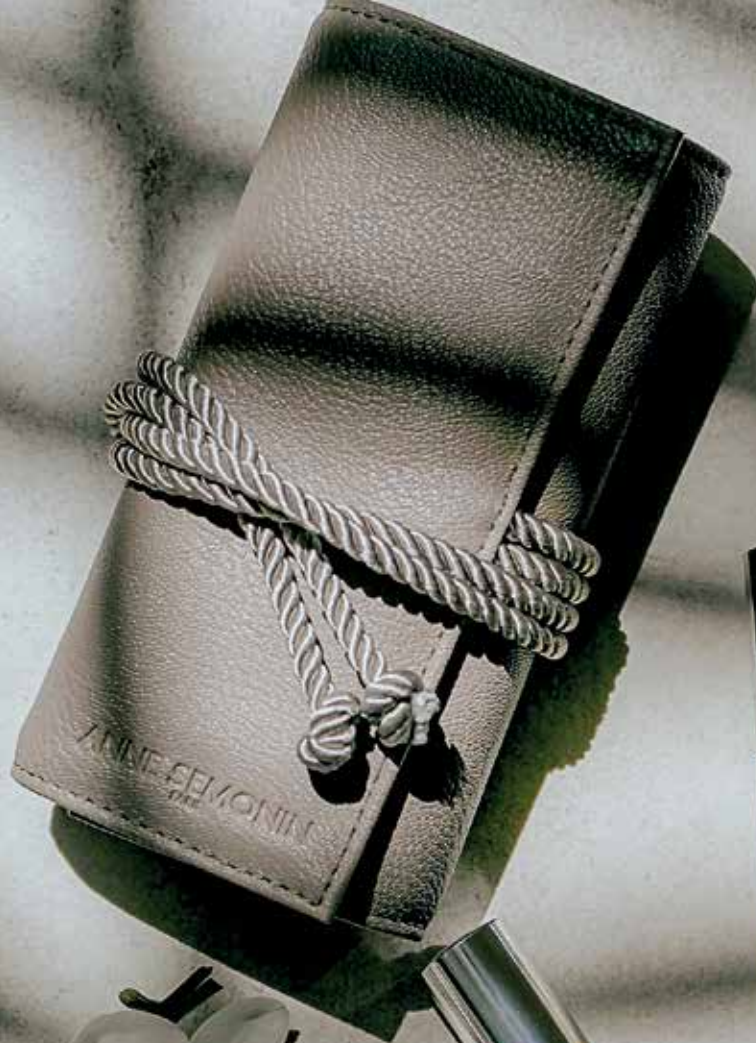
Release Tension / Relax / Restore

If you're looking for a rejuvenating facial as well as a relaxing body ritual, this treatment is definitely for you. After a back scrub, your therapist gently pummels away pressure during a relaxing back massage. A personalized facial is followed by the application of an olive peel-off mask. While the mask works to boost radiance, you'll enjoy a soothing scalp & hand or foot massage.

Mediterranean Summer Dreams - 90 minutes Medium €210

Detoxify / Refresh / Renew

This body treatment begins with an invigorating body brush before your therapist delicately administers a scrub and moisturizing body mask. Similar to a snooze on soft golden sand, a soothing scalp massage will silence busy minds and release tension. A short but relaxing body massage will help you slip further into a place of balmy idyll.



Pure Gold Collection

If you're looking to pair glamorous downtime with dramatic visual results, you'll love our gold-inspired therapies. Our most seductive treatment range revolves around the world's most coveted metal – gold – and includes gold stone massages, a peel-off mask made with gold powder and 24k gold serums which improve skin texture, adding firmness and elasticity. Deeply effective and deliciously spoiling, our red-carpet worthy therapies ensure an outcome that will take your breath away.

24 Karat Face & Body Massage Ritual - 75 minutes



€195

Release Tension, Enhance, Luminosity

A soothing full-body massage with our golden massage balm for smooth, radiant skin frees your body from all aches and pains. A facial cleansing and anti-ageing massage will ensure you'll leave feeling years younger and with a wonderful golden glow to match.

Firming & Lifting Gold Facial - 90 minutes

€220

Plump, Lift, Radiance

Your skin will be treated to the light reflecting properties of 24k gold and plumping effects of hyaluronic acid. The refinement of pores and reduction of wrinkles through an advanced collagen stimulating complex are also on this illuminating facial's menu. The firming treatment focusses on performance over pampering and will deliver on its promise of smooth, glowing skin as a result.

Shimmer and Shine Body Ritual - 105 minutes



€230

Soften / Anti-age / Luminosity

A body scrub with a gold massage balm for glowing skin is followed by a full body massage to gently loosen tight and tense muscles. An anti-aging facial cleanse and massage will ensure you'll leave with a wonderful golden glow.

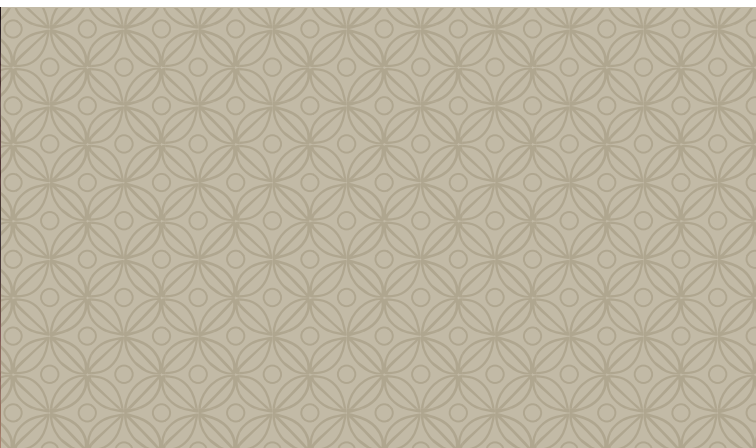
Liquid Gold Face & Body - 105 minutes



€230

Release Tension / Enhance / Rejuvenate

This equally lavish treatment starts with a relaxing back massage using warm globes filled with golden liquid. After a firming facial, lifting massage and peel-off mask, the application of a 24-karat gold serum will add a sumptuous finishing touch.



Gentlemen's Collection

Maximum Strength - 30 minutes

€80

Remineralising, mattifying, smoothing

The treatment that offers fast, effective, immediate results. The optimum combination of cleanser, exfoliator and mask restore the skin to its full health and strength.

Bespoke Gentlemen's Facial - 60 minutes

€140

Cleansing, nourishing, skin perfecting

Defending the skin against environmental elements, this treatment uses the ultimate in antioxidant expertise. Products rich in chlorella cleanse and exfoliate the skin and the addition of a corrective mask injects the cells with a much-needed boost of nutrients.

Gent's Detox Facial - 90 minutes

€190

Detoxifying, purifying, radiance

Natural sea minerals and essential oils combine with steam and extraction resulting in a skin that is deep cleaned and totally purified. The peel off mask reveals a smooth texture and brilliantly clear complexion.

Back, Face and Scalp Revitalizer - 60 minutes



Medium

€140

De-stressing, balancing, recharging

Beginning with a relaxing back therapy, body and mind are immediately de-stressed. A unique facial treats the skins specific needs as the scalp is massaged unravelling tensions and leaving the skin exuding health.



Mother-to-be Treatments

Baby Bliss Pregnancy Facial - 60 minutes

€140

The hormonal effects on your skin during pregnancy can cause dryness, breakouts, increased pigmentation and a lack lustre complexion. Regain that beautiful pregnancy glow with this rehydrating soothing facial and heavenly scalp massage which will leave your skin glowing.

Glowing Mother-to-be - 90 minutes Light/Medium

€185

Nurture your body at this precious time with a specially designed therapy to treat muscle aches, reduce fluid and imbue total rejuvenation of the face and body. The pregnancy specific massage and tailored facial combine into one seamless pleasure, melting away fatigue and revealing a radiant you. Suitable for pregnancy over 14 weeks.

Nurturing Mother-to-Be Massage - 75 minutes Light/Medium

€175

Give yourself a moment to appreciate the joy of pregnancy with this profoundly nurturing massage experience. Tried and tested, safe massage techniques are combined with a Vitamin Rich Body Oil, specially formulated to be used during pregnancy to care for expanding skin and to reduce the risk of stretch marks. This massage will relieve stress and tension, ease the heavy feeling that can come with pregnancy and help alleviate swelling of the hands and feet and an aching back. Suitable for pregnancy over 14 weeks.



Teen's Collection

My Fantastic Facial with Mum (from 13 years) - 30 minutes

Treat your face to a little TLC and get a hand and foot massage while it all happens!

€75
per person

My Massage with Mum (from 13 years) - 30 minutes



Enjoy a wonderful neck, back and shoulder massage with Mum.

€75
per person

Express Spa Treatments

Muscle Melt Massage - 45 minutes



A deeply soothing back massage with a hot stone flow is followed by an indulgent mind melting head massage. This deeply relaxing treatment is concluded with a foot massage, the perfect way to melt away all your stress and tension.

€95

Deep Tension Back Massage - 30 minutes



Focusing primarily on the back, shoulders and neck area, this deep back massage will help to relieve tension and stiff aching muscles.

€90

Soothing Back Massage - 30 minutes



This soothing back, shoulder & head massage will relieve stress and leave you feeling deeply relaxed.

€80

Sublime Radiance Express Facial - 30 minutes

Refreshing, firming, healthy look. Suitable for everyone, this clever combination of cleanser, exfoliator and mask allows even the busiest person to attain a look of instant freshness. The fast, effective results leave skin hydrated, soft and radiating health.

€80



Technologically advanced treatments for inch loss, body contouring, cellulite reduction, face and body tightening. The triple action of TriLipo™ technology consists of Radio Frequency deep heating to liquify fat combined with internal muscle contraction which together yield maximum fat removal and lymphatic drainage as well as skin tightening. The effect is visible from the first treatment and long-term body shaping is achieved in a minimal number of treatments.

Lipofirm Pro Treatments

The LP Facelift - 30 minutes

€150

An advanced non-surgical facelift using patented TriPollar radio frequency technology to stimulate and contour the face by producing natural collagen and elastin in the skin to tighten and tone to improve elasticity, reduce and soften the appearance of fine lines and wrinkles plus aid in reducing crow's feet and puffiness around the eye area.

The LP Tummy Contour - 30 minutes

€150

This treatment is aimed to define the abdomen area by accelerating natural fat metabolism by creating instant inch loss to the area for circumference reduction whilst stimulating the muscles with dynamic muscle activation (DMA) for improved core strength. This contouring treatment will also promote natural collagen regeneration to tighten the loose skin on the abdomen area.



The LP Tummy Tuck - 30 minutes

€150

The LP Tummy tuck is designed specifically to tighten the skin and stimulate tissue repair to the abdomen area. This treatment uses TriPollar radio frequency technology to rekindle new collagen production in the body. This treatment is ideal for post pregnancy mummy tummies or someone that has lost weight from dieting to regenerate the area and soften the appearance of stretch marks.

The LP Buttock Lift - 30 minutes

€150

A treatment that will lift and contour the buttocks leaving the area firm and toned. This buttock lift will also reduce the appearance of cellulite providing a smoother, defined and dimple free appearance.

The LP Cellulite Eraser - 30 minutes

€150

An ideal treatment targeting unwanted toxins in the body to break down the fatty deposits we call cellulite. The LP cellulite eraser uses TriLipo™ technology with dynamic muscle activation (DMA) to improve the appearance of cellulite by enhancing and stimulating blood circulation, oxygenation and lymphatic drainage. Even though this treatment will decrease the cellulite it will also provide an instant lift, tone and contour to the area providing a smoother and tighter appearance.

The LP package of 4

€540

The LP package of 6

€780

The LP Ultimate Body Solution - 60 minutes

€270

A full body solution with this ultimate treatment as you can receive more than one TriLipo™ session in the same day to start your body contouring regime to assist in inch loss, firming, toning and reducing cellulite. This treatment will provide the effortless body shape with the bonus of no need for post exercise as blood circulation, oxygenation and drainage is enhanced throughout the treatment.

Hands & Feet

Spa Manicure - 60 minutes €55

Includes an application of nail polish of your choice.

Spa Manicure with Long Lasting Gel Polish - 75 minutes €75

Includes an application of long-lasting gel polish.

Spa Pedicure - 75 minutes €85

Includes an application of nail polish of your choice.

Spa Pedicure with Long Lasting Gel Polish - 90 minutes €95

Includes an application of long-lasting gel polish.

Spa Men's Manicure - 45 minutes €50

Spa Men's Pedicure - 60 minutes €65



Long Lasting Gel Polish - Hands or Feet - 60 minutes

€50

Nails are prepared by nail shaping, cuticle work and buffing before a long-lasting gel polish of your choice is applied. This treatment is concluded with a nourishing cuticle oil to finish.

Gel Polish Removal - 20 minutes

€20

Gel Polish is removed using foil wraps and gentle buffing.

Re-shape & Polish Hands or Feet - 20 minutes

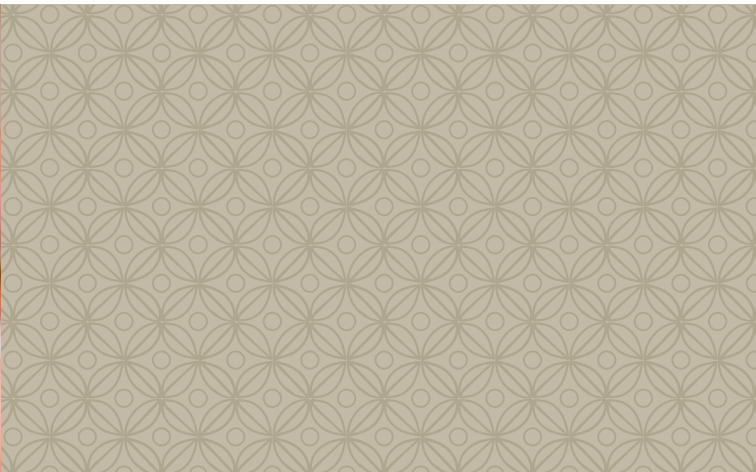
€25

Re-shape and file of the nails followed by a nail polish of your choice.

Re-shape & French Polish Hands or Feet - 20 minutes

€30

Re-shape and file of the nails followed by a French nail polish.



Spa Essentials

Eye-Brow Shape - 15 minutes	€20
Eye Lash & Brow Tint - 30 minutes	€25
Full Leg Wax - 60 minutes	€60
Half Leg Wax - 30 minutes	€45
Arm Wax - 30 minutes	€30
Under Arm Wax - 15 minutes	€25
Upper Lip or Chin Wax - 15 minutes	€20
Bikini Line Wax - 30 minutes	€35
Full Bikini Wax - 45 minutes	€50
Back Wax - 45 minutes	€55
Chest Wax - 45 minutes	€55

One Day Packages

Glow €285

- White Sand Scrub
- Soothing Back Massage
- Soothing Skin Saviour Facial

Revive €275

- White Sand Scrub
- Relaxing Massage
- Sublime Radiance Express Facial

Time for Him €285

- Royal Thai Massage – 90 min
- Bespoke Gentleman’s Facial

Time for Two €280

- Couples Soothing Back Massage
- Couples Sublime Radiance Express Facial

Mood for Massage Package

Choose any combination of 5 from the below 60 minute massages: €600

- Traditional Thai Massage
- Royal Thai Massage
- Deep Tissue Massage
- Thai Foot Massage
- Relaxing Massage

SPA ETIQUETTE

In the interests of the comfort, safety and relaxation of our guests we ask that the following guidelines are followed:

Cancellation Policy

Please ensure you inform us of any treatment cancellation 12 hours prior to your scheduled appointment in order to avoid a 50% cancellation fee. Failure to give the required notice and No Shows will incur a 100% charge of the reserved treatment.

Arrival Time

Please arrive 15 minutes before your treatment in order to complete the required health & lifestyle consultation form and to take time to relax in our lounge and enjoy a beverage before your treatment. Out of respect for other client's reservations, we advise you that we are unable to extend your time due to late arrival and that your treatment time will be reduced or amended accordingly without refund.

Health Conditions

Please inform us if you have any injuries, physical ailments or allergies that may contraindicate spa treatments or may require modification in order to ensure your comfort and well-being. During treatments please let your therapist know if you have any concerns or experience any discomfort. Your care is our greatest priority.

Children

We regret that the spa and its facilities are not available to children under the age of 16 years old, except for the teens treatments which are available for 13 years and above, only when accompanied by a parent.

Dress Code

We will provide you with a secure locker, bathrobe, slippers & disposable underwear. Nudity is not permitted and your therapist will use suitable towel draping at all times during treatments.

Jewellery & Valuables

Please make sure that your valuables are kept in your locker. The spa cannot be held responsible for the loss or damage of any personal possessions.

Peace & Harmony

Our spa environment is one of tranquillity and relaxation. Please respect other guest's right to privacy and serenity. Please ensure that your mobile phone is switched off or on silent and left in your locker and that you conduct all conversations at levels consistent with a relaxing spa environment.

Gift Vouchers

Gift Vouchers are available and make the perfect gift. Our spa reception is at your disposal to assist you. If you are redeeming a gift voucher please advise us at time of booking and present the voucher on arrival at the spa.

Payment

All treatments may be paid for in cash, credit card or charged to your room.

Gratuity

Service charge is not included in our prices. If you feel you have received exceptional service, it is at your discretion to leave a gratuity as a reflection of your appreciation of the service quality of your therapist.



