Service provided as part of

**Marina Sands Hotel – All Inclusive**

* **Breakfast /7:30-10:00/ in Main Restaurant** – buffet with Continental and English option, indoor Show cooking – pancakes, eggs, omelette /with bacon, vegetables, ham/ , a variety of fresh dairy products and seasonal fruits, muesli , a wide assortment of breakfast cereals, jam, bakery products , French toast, beverages.
  + **Outdoor Show Cooking / 10:00- 21:00/** offering a rotary system – pizza, hot sandwiches, waffles 13:00 - 17:00 (01.06.-20.06.2023 и 09.09. - 20.09.2023);

13:00 - 18:00 (21.06.-30.06.2023 и 01.09. - 08.09.2023)

* **Lunch /12:00- 14:00ч./ in Main Restaurant** - International buffet with a variety of hot and cold appetizers, soups, delicious culinary delights of meat, fish and vegetarian meals, salad bar offering seasonal vegetables, pastry and desserts, organic and diet section, beverages.
  + **Afternoon snack /12:00 - 14:00 / at the Beach Bar -** coffee, tea, frappe, ice coffee, ice nectar, ice cream, homemade biscuits and pastries
  + **Afternoon snack and ice cream /15:00 - 17:00 ч./ at Pool bar** – coffee, tea, frappe, ice coffee, ice nectar, sweet frosties, homemade cakes and pastries, ice cream
* **Dinner /18:00 – 21:00ч./ in Main Restaurant** - International buffet, salad bar, a variety of appetizers, soups, pasta, indoor Show cooking with fresh meat, fish and vegetables, delicious sweet delights, fresh fruits

Thematic cuisine nights /three times a week/: Bulgarian cuisine, Oriental cuisine, Mediterranean cuisine, Italian cuisine or Spanish cuisine

* **Bar Restaurant 07:30 - 10:00 / 12:00 - 14:00 / 18:00 - 21:00 :**
  + Hot drinks - espresso, instant coffe, cappuccino, hot chocolate, milk and a variety of aromatic teas
  + Juices and mineral water from a post-mix dispenser
  + Non-alcoholic beverages from post-mix by “Nectar Natura” , Coca Cola, Fanta, Tonic, Sprite
  + Draft beer 12:00 - 14:00 / 18:00 - 21:00
  + Wine - (red and white) 12:00 - 14:00 / 18:00 - 21:00
  + Local bulgarian alcoholic beverages - 12:00 - 14:00 / 18:00 - 21:00 (whisky, vodka, gin, brandy, liqueur)
* **Pool Bar 10:00 - 23:00 :**
  + Hot drinks - espresso, instant coffe, cappuccino, hot chocolate, milk and a variety of aromatic teas
  + Juices and mineral water from a post-mix dispenser
  + Non-alcoholic beverages from post-mix by “Nectar Natura” - Coca Cola, Fanta, Tonic, Sprite
  + Frappe (black and white); Sweet frosties
  + Draft beer
  + Wine - red and white
  + Local bulgarian alcoholic beverages - whisky, vodka, gin, brandy, liqueur
  + Great variety of alcoholic and non-alcoholic cocktails
  + Childrenʹs cocktails
* **Beach Bar 10:00 - 19:00 :**
  + Hot drinks - espresso, instant coffe, cappuccino, hot chocolate, milk and a variety of aromatic teas
  + Juices and mineral water from a post-mix dispenser
  + Non-alcoholic beverages from post-mix by “Nectar Natura” , Coca Cola, Fanta, Tonic, Sprite
  + Frappe (black and white); Sweet frosties
  + Draft beer
  + Wine - red and white
  + Local bulgarian alcoholic beverages - whisky, vodka, gin, brandy, liqueur
* **Parasols and sunbeds** on the beach and at the pool are free of charge
* Pool and beach towels are available on deposit-refund schemes
* **Sports and animation (from 20.06 to 15.09)– 10:00 – 17:00** (fitness, zumba, water gymnastic, bocce, flip flops, beach sports)
* **Kids club** – 10:00 – 12:00 и 16:00 – 17:00
* Mini disco – 20:00 – 20:30
* Animation for adults - 21:00 - 22:30 – evening entertainment, disco, dance party, karaoke, Bulgarian folklore program
* Fitness center with instructor and nutritionist
* Free outside parking
* Free safe
* Wireless internet /Wi-Fi/are free to access from all hotel areas and on the beach
* To use the All Inclusive Programme everyone needs special wristbands
* Check-in after 15:00 and check-out until 11:00, possibility of early check-in and late check-out for an additional fee

***\* All Inclusive Programme begin with lunch on the day of arrival and end with breakfast on the day of departure.*** *Guests who missed lunch will not be compensated!*