

Welcome to Towers Rotana

Here's a list of useful information about different meal plans of guests staying at Towers Rotana with different packages

Towers Rotana Meal Plans

Half Board

Guests on **Half Board** can enjoy breakfast plus lunch OR dinner with soft beverages in our buffet restaurant.

· FLAVOURS ON TWO RESTAURANT ·

Breakfast: 6:30am - 10:30am
Lunch: 12:30pm - 3:30pm

or Dinner: 6:30pm - 10:30pm

Half Board Dine Around

Guests on **Half Board - Dine Around** can enjoy breakfast plus lunch or dinner in the following restaurants:

· FLAVOURS ON TWO RESTAURANT ·

Buffet Restaurant serving international buffet

Breakfast: 6:30am - 10:30am
Lunch: 12:30pm - 3:30pm or

Dinner: 6:30pm - 10:30pm

Package Inclusion: Buffet breakfast + lunch OR dinner with unlimited soft drinks or alcoholic beverages during the meal*

· LONG'S BAR & RESTAURANT ·

*Reservation required**

British pub with great beverage options and upscale pub food menu

Lunch: 12:noon - 3:30pm or
Dinner: 7pm - 10:30pm

Package Inclusion: Set Menu with unlimited soft drinks or alcoholic beverages during the meal*
Kids Until 9:30pm

· ELEVATE LOUNGE | BAR ·

Outdoor, rooftop restaurant, lounge bar serving Mediterranean cuisine with an Arabic touch

Dinner: 7pm - 10:30pm

Package Inclusion: Set Menu with unlimited soft drinks or alcoholic beverages during the meal*

Reservation required for Long's & Elevate

* Alcoholic drinks include selected house beer, house wine, and house spirits, and are only served after 12noon as per local law

All Inclusive Dine Around

Guests on All Inclusive - Dine Around can enjoy the following:

· FLAVOURS ON TWO RESTAURANT ·

Buffet Restaurant serving international buffet

Breakfast: 6:30am - 10:30am

Lunch: 12:30pm - 3:30pm

Dinner: 6:30pm - 10:30pm

Package Inclusion: Buffet breakfast, lunch and dinner with unlimited soft drinks or alcoholic beverages during the meal*

· LONG'S BAR & RESTAURANT ·

*Reservation required**

British pub with great beverage options
and upscale pub food menu

Lunch: 12:noon - 3:30pm or

Dinner: 7pm - 10:30pm

Package Inclusion: Set Menu
with unlimited soft drinks or alcoholic
beverages during the meal*
Kids Until 9:30pm

· ELEVATE LOUNGE I BAR ·

Outdoor, rooftop lounge I bar serving
Mediterranean cuisine
with an Arabic touch

Dinner: 7pm - 10:30pm

Package Inclusion: Set Menu
with unlimited soft drinks or alcoholic
beverages during the meal*

· AQUARIUS POOL BAR ·

Snacks: 3pm to 5pm

Beverage service:

10am to 10:30pm (non-alcoholic)

12noon to 10:30pm (alcohol)

Reservation required for Long's & Elevate

* Alcoholic drinks include selected house beer, house wine, and house
spirits, and are only served after 12noon as per local law

Soft All Inclusive

Guests on **Soft All Inclusive** can enjoy the following:

· FLAVOURS ON TWO RESTAURANT ·

Buffet Restaurant serving international buffet

Breakfast: 6:30am - 10:30am

Lunch: 12:30pm - 3:30pm

Dinner: 6.30pm - 10:30pm

Package Inclusion: Buffet breakfast, lunch and dinner with unlimited soft beverages during the meal*

· LONG'S BAR & RESTAURANT ·

*Reservation required**

**British pub with great beverage options
and upscale pub food menu**

Lunch: 12:noon - 3:30pm **or**

Dinner: 7pm - 10:30pm

Package Inclusion: Set Menu
with unlimited soft drinks during the
meal

Kids Until 9.30pm

· ELEVATE LOUNGE | BAR ·

**Outdoor, rooftop lounge
I bar serving Mediterranean
cuisine with an Arabic touch**

Dinner: 7pm - 10:30pm

Package Inclusion: Set Menu
with unlimited soft beverages during
the meal

· AQUARIUS POOL BAR ·

Snacks: 3pm to 5pm

Beverage service:

10am to 10:30pm (non-alcoholic)

Reservation required for Long's & Elevate
Soft All Inclusive is part of the next contracting season 2025/2026