

Factsheet

SIRO ONE ZA'ABEEL . DUBAI

ACCOMMODATION (SQM) TOTAL KEYS: 132	HOTEL FACILITIES	TECHNOLOGIES	TEAM SIRO
84 – SIRO Plus (46–50 sqm) 24 – SIRO Premium Double Queen (60 sqm) 12 – SIRO Premium King (75 sqm) 6 – Fitness Suite (120 sqm) 6 – Recovery Suite (120 sqm)	The triple detox by MLX i³Dome IV therapy The Garden Pool – A family-friendly swimming pool with all-day complimentary access for SIRO guests. Tapasake Pool – The UAE’s longest suspended infinity pool features iconic skyline views and offers complimentary access for SIRO guests from 6AM to 10AM. The Collective – A multipurpose space that hosts workshops, seminars, pop-ups and SIRO community events. Meeting rooms – 3 meeting rooms from which each space is designed with a functional layout that is versatile and tailored to accommodate varying capacities.	SIRO App is a one-stop platform that enables guests to engage with our services before, during, and after their stay. This paperless, seamless, and fully integrated experience offers a powerful tool for customising guests’ stays, from ordering meals and booking recovery treatments to exploring our rooms, joining group classes, and more.	Team SIRO is comprised of the globally renowned football team and our Official Hotel Partner, AC Milan, Olympic boxer and distinguished model Ramla Ali, and Jonah Kest, a globally renowned yoga instructor. More than brand ambassadors, these industry trailblazers have shared their personal experience and expertise on high-performance routines, training methodologies, nutrition and recovery strategies so that we can shape a SIRO experience that empowers our guests to feel their best during their stay with us.
HOTEL FACILITIES		EXPERIENCES	F + B
Fitness Lab (885 sqm) – A whole floor dedicated to fitness equipped by Technogym. Group Classes Studios 3 Training Zones, Experience Box, Cycle Studio, Yoga Studio, and Pilates Studio Recovery Lab (840 sqm) – A whole floor dedicated to recovery with 10 recovery rooms covering various treatments: Modular massage by Proverb Assisted stretching by Proverb Skin workout Myofascial cupping Physiotherapy Percussive therapy EMS therapy Compression therapy High-frequency therapy by Indiba Cryotherapy Vibroacoustic therapy by Welnamis		Destination Fitness – SIRO is more than a hotel; it is an immersive, active lifestyle destination. Each location we open will develop its own programme of excursions and experiences for guests to enjoy local activities in remarkable surroundings, taking fitness beyond the hotel itself. From trekking in Wadi Ghalilah to cycling in the UAE, SIRO One Za’abeel’s Destination Fitness excursions will build on SIRO’s philosophy – blending wellbeing, hospitality and sport to support optimal wellbeing.	- In-House Nutritionist – One-on-one consultations and custom meal plans. - Refuel Bar – Personalised smoothies and healthy snacks to be enjoyed on the go. - In-Room Modular Dining – In-room meals that can be tailored to each guest’s dietary needs. - The Link – The world’s longest cantilever & home to 8 acclaimed restaurants with international menus. Perched 100 meters high, this fine dining destination is conveniently located just below SIRO One Za’abeel.



ACCOMMODATION - SIRO PLUS



FITNESS LAB - FUNCTIONAL TRAINING ZONE



RECOVERY LAB - THERAPY/TREATMENT ROOM

