



# KITAVAREE PACKAGE

## Serenity of Kitavaree

195 mins | THB 8,900++

Indulge in a multi-sensory voyage to revitalization with our signature spa package, which is designed to transport you into a world of blissful serenity. This immersive 195-minute wellness journey includes:

### Kitavaree Signature Scrub

45 mins

Feel invigorated with the KITAVAREE Signature Scrub, a blissful fusion of sea salt and patchouli, meticulously blended to exfoliate your skin and leave you looking radiant. Complemented by our Following Organic Milk Bath, this treatment promises a rejuvenating experience.

### Kitavaree Signature Massage

90 mins

Experience the soothing effect of our signature massage, which is influenced by Swedish techniques and features gentle, flowing strokes and rhythmic kneading motions.

### Facial Lifting

60 mins

Hydration is the key to achieving healthy, youthful skin. This moisturizing mask and massage will help your face to feel refreshed and your skin to look soft and smooth.





# BODY MASSAGES



## Nuad Thai

60 mins | THB 2,800++

90 mins | THB 3,200++

Indulge in the ancient art of traditional Thai massage, which has been inscribed on the UNESCO World Heritage list. This signature therapy incorporates acupressure, deep stretching and kneading to promote energy flow throughout the body.

## Siam Serenity Massage

60 mins | THB 2,800++

90 mins | THB 3,200++

Experience the exquisite fusion of traditional Thai massage and aromatherapy. Stretching and acupressure techniques are combined with the healing power of natural essential oils to evoke a sense of deep relaxation and balance.

## Essence of Tranquil Aromas

60 mins | THB 2,800++

90 mins | THB 3,200++

Embark on a journey to complete relaxation and revitalization with this aromatherapy massage. Natural, therapeutic oils are harmonized with gentle massage strokes to promote a sense of deep tranquility for your mind and body.

## Deep Harmony Revival

60 mins | THB 2,800++

90 mins | THB 3,200++

Experience the rejuvenating power of our deep tissue massage, which is perfect for active guests with busy lives. Targeting deep-rooted tension, this intensive massage will release muscle knots, enhance flexibility and boost wellbeing.

## Thai Herbal Compress Reflexology

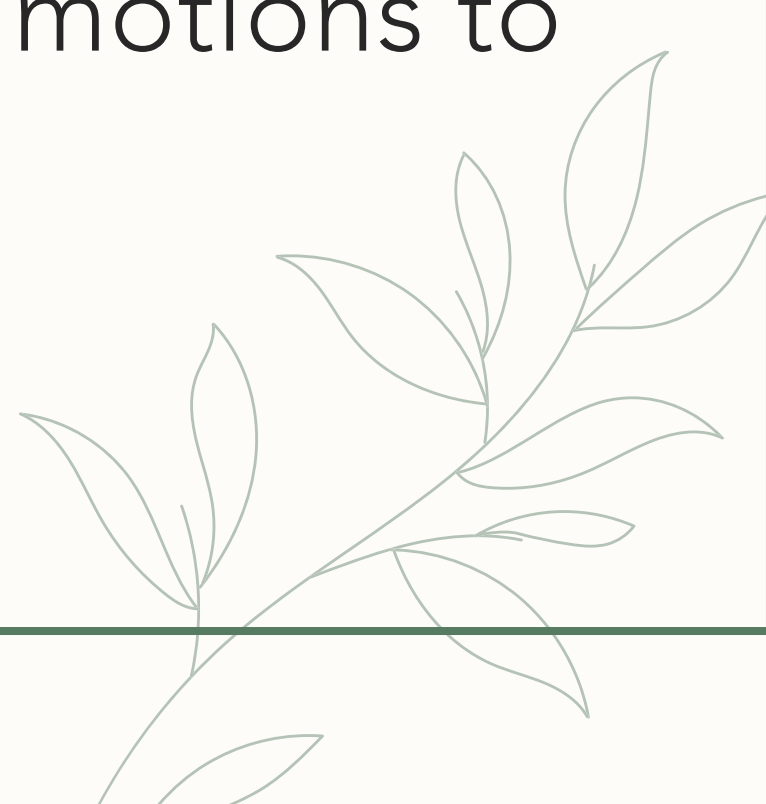
90 mins | THB 3,900++

Elevate your relaxation with this traditional therapy that blends the healing power of a natural herbal compress with Thai massage and reflexology techniques. The result is an invigorating experience that stimulates the flow of energy.

## Kitavaree Signature Massage

90 mins | THB 3,900++

Drawing inspiration from the tranquility of the sea and the rhythmic movement of waves, our signature massage is influenced by Swedish techniques and features flowing strokes and soothing kneading motions to revive the body.





# FOOT AND BACK MASSAGES

## Thai Herbal Foot Reflex Revive

75 mins | THB 2,800++

Take the weight off your feet and experience the bliss of our foot reflexology therapy. A warm herbal compress will create a wonderfully soothing and revitalizing sensation.

## Foot Sanctuary Bliss

60 mins | THB 2,500++

Step into a world of serenity with this invigorating foot reflexology therapy, which quickly releases tension and restores balance to your entire body.

## Heavenly Back & Shoulder Escape

60 mins | THB 2,500++

Ease your pent-up stress with this deeply soothing back, neck and shoulder massage, which will improve your circulation, release tension and leave you feeling fantastic.



# BODY SCRUBS & WRAPS

## Kitavaree Signature Scrub

60 mins | THB 2,500++

Inspired by the ocean, our signature scrub offers a blissful fusion of sea salt and patchouli to exfoliate your skin and help you to look radiant.

## Aloe Oasis Soothing Wrap

60 mins | THB 2,500++

Feel the natural healing properties of aloe vera with this soothing wrap that will nourish your skin, refresh your body and revive your spirit.



# RELAXATION THERAPY

## Little Dreamer Massage

60 mins | THB 1,900++

Let your little ones feel the soothing hug of wellness with this special treatment, which features a gentle massage designed especially to help kids chill out.





# FACIAL TREATMENTS

## Kitavaree Facial Therapy

90 mins | THB 3,200++

Embark on an immersive journey that starts with gentle cleansing, exfoliation and a detoxifying mask, followed by a refreshing Ice Globe Therapy to tighten the pores, before concluding with a moisturization to leave your skin glowing.

## Facial Lifting

60 mins | THB 2,800++

Hydration is the key to achieving healthy, youthful skin. The facial cleansing, scrub and gentle massage will help you to feel refreshed, before a mask and moisturization will leave you wrinkle-free with soft, smooth skin.

## Facial Brightening

60 mins | THB 2,800++

Bright, clear and flawless skin begins with a deep cleanse. Enjoy an organic scrub with bamboo charcoal and exfoliating beads, followed by a moisturizing mask and a nourishing cream to regenerate and revitalize your complexion.



# SPA ETIQUETTE



## RESERVATIONS

To make a reservation at KITAVAREE Spa, please dial extension 5807 from within the hotel or email us at [kimptonkitalay.spa@ihg.com](mailto:kimptonkitalay.spa@ihg.com). A valid credit card is required at the time of reservation. All prices are quoted in Thai baht and are subject to change without prior notice.

## PRE-ARRIVAL


Appointments begin promptly at the scheduled time. If you arrive late, your treatment may need to be shortened to ensure that the therapist is on time for the next appointment. We kindly advise that you arrive 15 minutes early to fully enjoy your pre-treatment experience.

## HEALTH CONSIDERATIONS

At the time of reservation, please advise us if you have any allergies or health issues, especially if you are pregnant or have high blood pressure. You will also be asked to complete the spa consultation form prior to your treatment, so our therapists can deliver the best possible experience for you. Alcohol consumption should be avoided before and after the treatment.

## CHILDREN'S POLICY

Our children's therapies are available for guests aged 8-15 years old, only with the prior authorization of their parents or guardians.



## PERSONAL BELONGINGS

We recommend that you leave your valuables at home or in your room's safety deposit box. The spa cannot be held liable for the loss of personal items.

## CANCELLATION

**In-house Guests:** Please be advised that we have a four-hour cancellation policy. Cancellations made less than four hours prior to the scheduled treatment time will incur a 50% charge, while cancellations less than two hours prior to the treatment (including no-shows) will incur a 100% charge.

**External Guests:** Please be advised that we have a 24-hour cancellation and re-scheduling policy. Cancellations made less than 24 hours prior to the scheduled treatment time will incur a 50% charge, while cancellations less than 12 hours prior to the treatment (including no-shows) will incur a 100% charge.

## TRANQUILITY

KITAVAREE Spa is an oasis of tranquility, so please refrain from making excess noise and using your mobile phones in the spa. Smoking is prohibited throughout the spa premises.

## TAX AND SERVICE CHARGE

All prices are quoted in Thai baht and do not include tax and service charge.

