

SOLE MIO  
BOUTIQUE HOTEL & WELLNESS



Discover 'All-in-One' Tranquility with Adult-Friendly Concept by Bangtao beach. Enjoy balcony rooms with kitchens, a rooftop swimming pool, ocean-view dining, and an on-site wellness clinic

## Location

Located in Bangtao Phuket, Sole Mio Boutique Hotel & Wellness combines tranquility with convenience, offering serene stays, free shuttle services, and everything within walking distance — perfect for exploration.

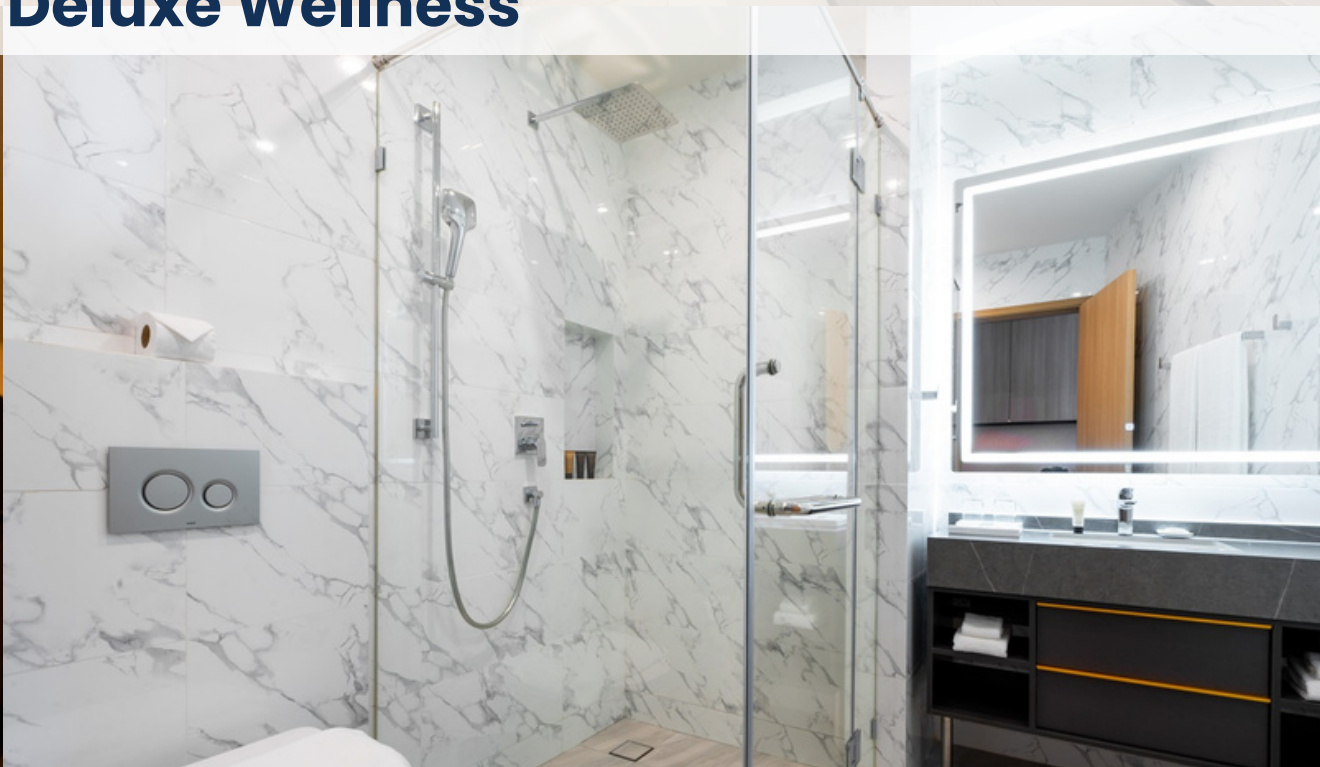
Locations	Distance
Bangtao Beach	0.2 Km
Convenient Store	0.3 Km
Restaurants & Bars	0.5 Km
Beach Club	1 Km

Locations	Distance
Shopping Arcade / Supermarket	2 Km (Shuttle Services)
Friday Night Market	2 Km (Shuttle Services)
Phuket Airport	18 Km





## Deluxe Room & Deluxe Wellness



## Deluxe

- Private Balcony
- Kitchen with refrigerator & Microwave, Stove, Cookware and utensils
- Size 36 SQM
- Deluxe Twin: 2nd & 3rd Floor
- Deluxe King: 4th Floor

Total 69 units



## Deluxe Wellness

- Private Balcony
- Kitchen with refrigerator & Microwave, Stove, Cookware and utensils
- Size 36 SQM
- Deluxe King: 5th Floor
- Special Amenities:
  1. Doctor Consultation,
  2. Wellness Treatment
  3. Welcome Healthy Snack
  4. Daily Infuse Water Setup,
  5. In-room Workout Kit Menu
  6. Orthopedic Pillow

Total 29 units





## Excutive Suite

Private Balcony & Kitchen -- Size 60 SQM -- 6 units -- King Bedded Units





## Two Bedroom Executive Grand

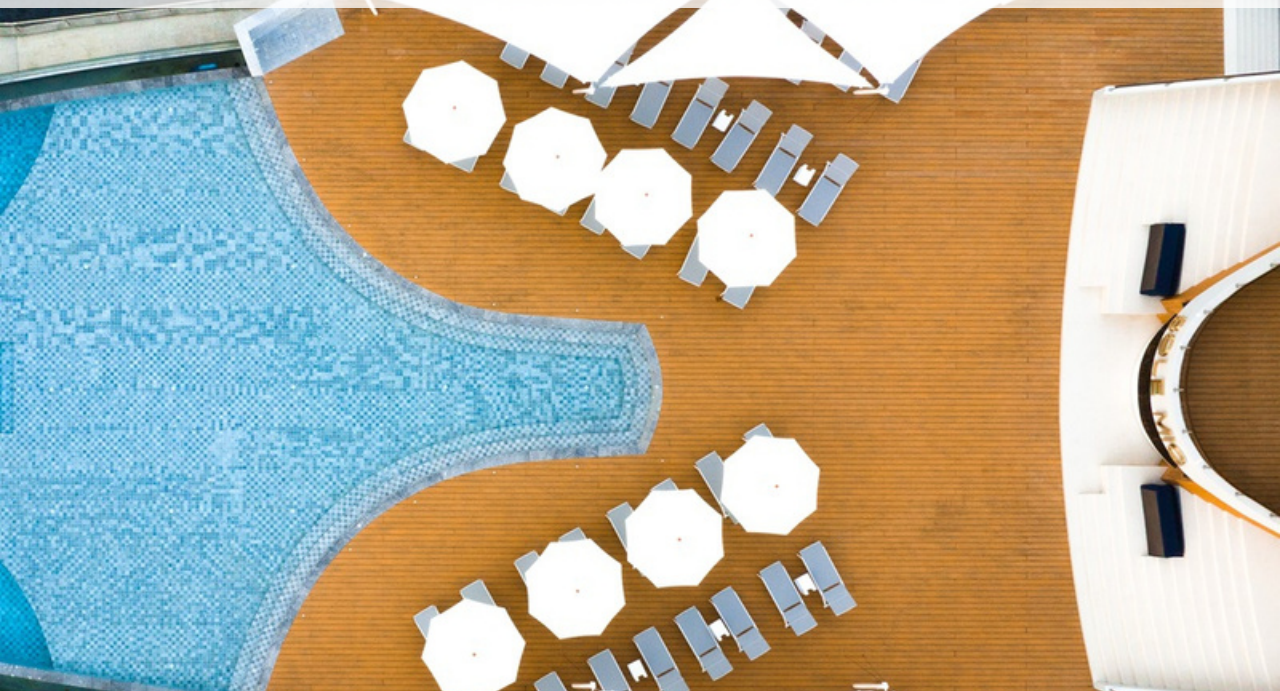
Private Balcony & Kitchen -- Size 120 SQM -- 1 unit -- King Bedded Units







## Pool Area



## Spa Complex & Group Classes

- Natural Day Light  
Fitness Center
- Steam Room
- Suana
- Ice Room
- Changing Room
- Yoga Room
- Group Class





**SOLE MIO**  
BOUTIQUE HOTEL & WELLNESS

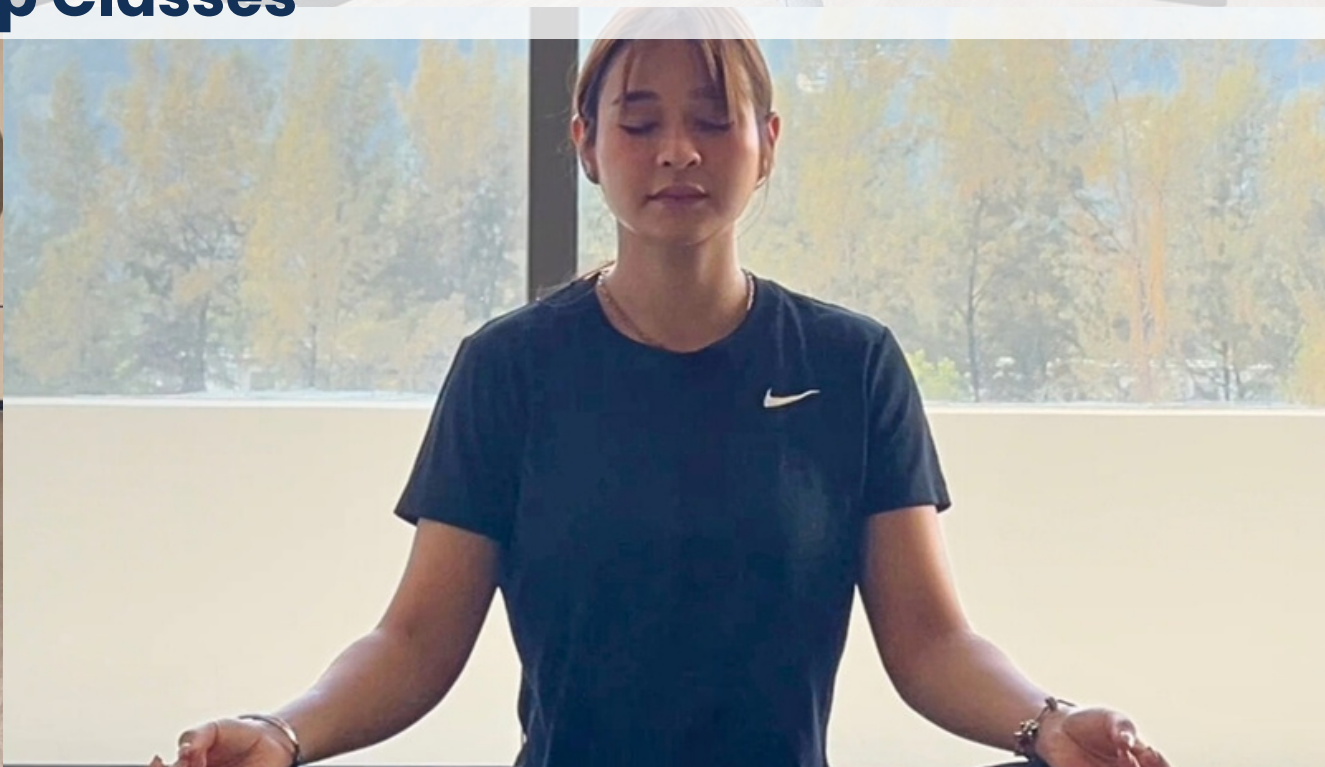
## Spa Complex





**SOLE MIO**  
BOUTIQUE HOTEL & WELLNESS

## Group Classes



SOLE MIO  
CLINIC



Sole Mio Clinic brings an approach to detoxification and better aging to two bespoke wellness centres along the idyllic northwestern coast of Phuket.



### Cosmetology

Facial Injections,  
Lifting, Peeling  
Treatments & Hair  
Removal



### Physiotherapy

Redcord, Ultrasound  
Therapy, Magnetic  
Myostimulation



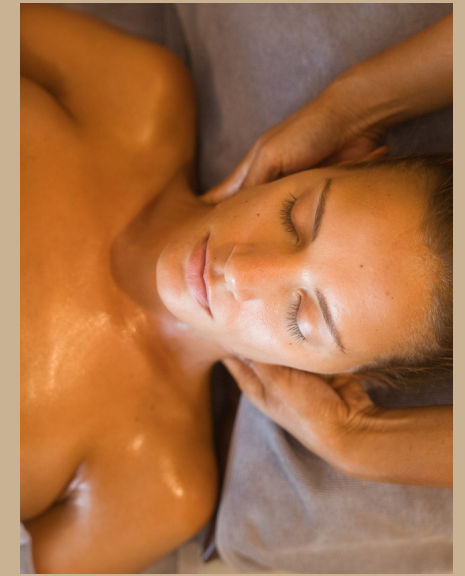
### Body Sculpting

LPG, RF Lifting,  
Vibration  
Massages



### Wellness

7, 10 & 14 Day  
Package of  
Wellbeing  
Programs



### Relaxation

Thai, Oil, Belly &  
Deep Tissue  
Massage

# Wellbeing Programs

7 - 14 Day Programs

Explore our selection of bespoke Detox & Better Aging Clinic programs. Our team of doctors, nurses, therapists, and coaches are always available to help you on your journey to better health.

## Inclusion

- 3D Body Scanner
- Doctor Consultation
- Medical Device Treatments
- Relaxation Massages
- Exercise Classes
- Breathing Classes
- Dietary Supplements

## Optional

- Physiotherapists
- IV Therapies
- Nutritional Plan





# Wellbeing Programs



## Body Sculpting

Help you transform your figure and leave you feeling confident and rejuvenated from the inside out.



## De-Stress & Reset

Helping you regain control over your thoughts and emotions, leaving you feeling ready to take on life's challenges.



## Detox & Restore

You will feel lighter, energized, and more focused, with a renewed sense of clarity and purpose.



## Full body Recovery

Regain your usual level of physical activity and achieve a full recovery with the program's comprehensive approach.

# Wellbeing Programs



## Sport

The program aims to enhance sports performance using the latest sports medicine techniques.



## Wellness

You will come to experience a total transformation of bodily functions, renewed clarity and a revived appreciation for better health and living.



## Weekend

The 3-day program provides a relaxing, rejuvenating environment, a selection of spa treatments, and a nutritious dietary regime.



## Women's Health

The Women's Health programme is designed to aid post-childbirth recovery, deal with and prevent chronic disease.

7 Floor  
RESTAURANT & BAR



**7 Floor**  
RESTAURANT & BAR

Savor elevated dining at 7th Floor Restaurant. Exquisite flavors, stunning views. A culinary journey above the rest



## All Day Dining

From 7 am to 11 pm -- Mediteranean Cuisine -- Live Piano Bar -- Amazing Sunset



# SOLE MIO BOUTIQUE HOTEL & WELLNESS

32 Moo 5, Chergtalay, Thalang, Phuket 83110 Thailand

Tel: +66 (76) 311 091

[www.solemiophukethotel.com](http://www.solemiophukethotel.com)

## SALES & MARKETING

E-mail: [salesco@solemiophuket.com](mailto:salesco@solemiophuket.com)

Whatsapp +66(0)61 173 1003

## RESERVATION

E-mail: [reservation@solemiophuket.com](mailto:reservation@solemiophuket.com)

Whatsapp +66(0)61 175 0230



Instagram



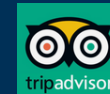
@solemio\_hotel\_and  
\_wellness



Facebook



@solemiophukethotel



Tripadvisor



Sole Mio Boutique Hotel &  
Wellness