



Our Festive Programme

2025 - 2026

Greetings	03
Festive Programme Summary	04
Introducing our Restaurants	06
Festive Programme	08
Coconut Tribe	38
Teens Programme	44
Constance Spa	46

Content



Mr. Stephane Duchenne
General Manager
Constance Ephelia

Greetings

At this most magical time of year, the team at Constance Ephelia Seychelles is delighted to share in the spirit of Christmas with you. Whether you are joining us for the first time or returning to a familiar haven, we warmly welcome you to our island home, where every corner is alive with festive joy.

This season, our chefs have transformed our restaurants into stages of flavour — each meal a celebration of the senses, from ocean-fresh feasts to elegant candlelit dinners beneath the stars. Our Culinary team will be happy to guide you through these memorable dining experiences and assist with your reservations.

For families, the Constance Coconut Tribe becomes a world of wonder — where laughter, creativity, and the excitement of Santa's visit on Christmas morning promise lasting holiday memories for our little guests.

Amidst the festivities, take a moment for yourself: unwind at the Spa Village, where our team invite you to indulge in soothing rituals inspired by nature — the perfect way to begin the New Year refreshed and renewed.

As the sun sets over Port Launay and the air fills with music and laughter, may your days here be filled with peace, connection, and the true meaning of the season.

From all of us at Constance Ephelia, we wish you a Merry Christmas and a wonderful New Year 2026.

24

Christmas Eve Celebration
Corossol Restaurant
18:30 to 22:30

Christmas Eve Gala Dinner
Cyann Restaurant
19:00 to 22:00

Christmas Eve Experience
Helios Restaurant
18:30 to 22:30

25

Christmas Luncheon
Helios Restaurant
12:00 to 15:00

26

Sakura Dinner
Cyann Restaurant
19:00 to 22:00

27

Lebanese Night
Helios Restaurant
18:30 to 22:00

28

Creole Fiesta
Seselwa Restaurant
18:30 to 22:00

29

Lobster Odyssey
Cyann Restaurant
19:00 to 22:00

30

Asian Street Food Market
Adam & Eve Restaurant
18:30 to 22:00

31

New Year Celebration Dinner

Corossol Restaurant

18:30 to 23:30

Epicurean Experience

Cyann Restaurant

19:00 to 22:00

New Year Eve Gala Dinner

Helios Restaurant

18:30 to 22:00

New Year Culinary Experience

Seselwa Restaurant

18:30 to 23:00

01

New Year Lunch Delicacies

Helios Restaurant

12:00 to 15:00

02

Four Hands Dinner

Cyann Restaurant

19:00 to 22:00

03

Discover Italy

Helios Restaurant

18:30 to 22:00

04

Port Launay BBQ

Seselwa Restaurant

18:30 to 22:00

05

South East Asian

Street Vibes

Adam & Eve Restaurant

18:30 to 22:00

06

Christmas Orthodox

Dinner Set Menu

Cyann Restaurant

19:00 to 22:00

CAVIAR AT CYANN

Celebrate the festive holiday with a true taste of luxury and class. Visit our signature restaurant Cyann and treat yourself to the finest selection of Caviar.

Served traditionally, and at the same time why not further indulge by tempting yourself with our world class selection of Champagnes to accompany.

CYANN
SIGNATURE CUISINE

CAVIAR AT KABANA

Join us at Kabana Bar for a refined Caviar pairing. Elevate your enjoyment by savouring it alongside the exceptional smoothness of Takamaka Rum, a local gem that perfectly complements this luxurious treat.

Celebrate in style and let this festive moment become truly unforgettable.

kabana

SUNDAYS AT SESELWA

Dive into the vibrant flavours of the Indian ocean with our 'Creole Feast' buffet!

Experience the rich and diverse culinary traditions of Creole cuisine, featuring an array of mouthwatering dishes that celebrate the essence of Creole cooking. From savoury papaya salad, octopus curry, each dish is a journey through the heart of Creole culture.

Reserve your table today and savour the taste of Creole at Seselwa.



DISCOVER ITALY & LEBANON

We would love for you to join us on two unforgettable evenings. The first will carry you to Italy, where every moment feels warm, vibrant, and filled with the joy of gathering around the table. It's an evening of passion, tradition, and simple elegance.

The second invites you to Lebanon, where generosity, color, and celebration create an atmosphere that is both lively and welcoming. It's a feast for the senses and a true journey of discovery. Two nights, two cultures, one beautiful opportunity to travel the world through taste and emotion.



Wednesday 24 December 2025

Christmas Eve Celebration

Corossol Restaurant – 18:30 to 22:30

Christmas Eve dinner takes on a special sparkle at our Corossol restaurant. Enjoy amazing buffet with a fabulous array of flavours and products from around the world.

SCR 2785 per person for guest booked BB

Wednesday 24 December 2025

Christmas Eve Gala Dinner

Cyann Restaurant – 19:00 to 22:00

Want to celebrate Christmas differently. Experience Christmas Gala Dinner with the highest quality ingredients over this seven course celebratory meal. Think finest ingredients with highest quality culinary precision.

SCR 4850 per person for guest booked BB

**** Credit of SCR 400 per person for guest booked HB & FB**

Christmas Eve Experience

Helios Restaurant – 18:30 to 22:30

Embark on a festive journey through Italy this Christmas with our exclusive Christmas Gala Dinner. Savour a beautifully set menu, where each dish represents the rich flavours of Italy's renowned regions. From the finest ingredients to expert culinary precision, this extraordinary dining experience promises to transport you across Italy, elevating your celebration with a true taste of regional authenticity and festive elegance.

SCR 3250 per person for guest booked BB

SCR 2450 per person for guest booked HB



Corossol Restaurant



Cyann Restaurant

Thursday 25 December 2025

Christmas Luncheon

Helios Restaurant – 12:00 to 15:00

Celebrate the magic of Christmas, gather your loved ones and indulge in a bountiful spread of holiday delights, specially crafted to bring everyone together in the true spirit of the season. From traditional favourites to international treats, our buffet offers something for every palate, ensuring a memorable family gathering filled with joy, laughter, and the warmth of the holidays. Join us for a celebration that will make your Christmas truly unforgettable.

SCR 1250 per person for guest booked on BB & HB



Friday 26 December 2025

Sakura Dinner

Cyann Restaurant – 19:00 to 22:00

Experience the elegance and precision of Japanese cuisine with our exclusive 'Sakura Feast' menu! Journey through the culinary traditions of Japan, from the delicate flavours of sushi to the rich umami of miso soup.

Each course is crafted to perfection, offering an authentic taste of Japan. Reserve your table today and embark on a culinary adventure at Cyann.

SCR 3700 per person for guest booked on BB

**** Credit of SCR 400 per person for guest booked HB & FB**



Cyann Restaurant

Saturday 27 December 2025

Lebanese Night

Helios Restaurant – 18:30 to 22:00

Join us for a Lebanese dinner crafted with passion by our Jordanian chef, who brings the true flavors of the Levant to your table. Share a variety of mezze, enjoy tender meats and fresh fish grilled to perfection, and finish with a sweet Lebanese delight. More than just a meal, it's an evening of warmth, generosity, and authentic hospitality.

SCR 1700 per person for guest booked on BB

SCR 650 per person for guest booked on HB



Helios Restaurant

Sunday 28 December 2025

Creole Fiesta

Seselwa Restaurant – 18:30 to 22:00

Dive into the vibrant flavours of the Indian ocean with our 'Creole Feast' buffet! Experience the rich and diverse culinary traditions of Creole cuisine, featuring an array of mouthwatering dishes that celebrate the essence of Creole cooking. From savoury papaya salad, octopus curry, each dish is a journey through the heart of Creole culture. Reserve your table today and savour the taste of Creole at Seselwa.

SCR 1850 per person for guest booked on BB

SCR 650 per person for guest booked on HB2025




Seselwa
Restaurant

Monday 29 December 2025

Lobster Odyssey

Cyann Restaurant –19:00 to 22:00

Embark on a culinary adventure with our exclusive Lobster Odyssey menu! Savour the rich flavours and exquisite presentations of our hand-crafted lobster dishes, available for a limited time. Book your table now and experience the ultimate seafood journey at Cyann.

SCR 2650 per person for guest booked on BB

SCR 1650 per person for guest booked on HB



Cyann Restaurant

Tuesday 30 December 2025

Asian Street Food Market

Adam & Eve Restaurant – 18:30 to 22:00

Step into the vibrant world of Asian street food with our 'Asian street food market' menu! Savour the authentic flavours and aromas of street food from Thailand, Vietnam, Indonesia, and more. Each dish is crafted to bring the bustling energy of Asian street markets to your table. Book your table now and embark on a culinary adventure at Adam & Eve.

SCR 1850 per person for guest booked on BB

SCR 650 per person for guest booked on HB



Adam & Eve
Restaurant

Wednesday 31 December 2025

New Year Celebration Dinner

Corossol Restaurant – 18:30 to 23:30

Celebrate NYE with family and friends with delectable buffet lovingly prepared by our culinary team in our main restaurant Corossol. Highlighting only the finest ingredients to start the New Year celebrations.

SCR 2700 per person for guest booked on BB

Epicurean Experience

Cyann Restaurant – 19:00 to 22:00

Looking for a unique way to celebrate the holiday season? Indulge in our New Year's Eve Gala Dinner, a seven-course feast crafted with the finest ingredients. Immerse yourself in festive elegance as we present an evening of gastronomic excellence, where culinary precision meets the art of celebration.

SCR 5950 per person for guest booked on BB

**** Credit of SCR 400 per person for guest booked HB & FB**

New Year Eve Gala Dinner

Helios Restaurant – 18:30 to 22:00

Celebrate New Year's Eve with an unforgettable dinner, surrounded by family, friends, and loved ones. Enjoy a specially crafted set menu, rich in Mediterranean Flavours, designed to elevate your celebration. Savour each course as you share meaningful moments and toast to new beginnings. End the year in style with great food, warm company, and a festive atmosphere.

SCR 3500 per person for guest booked on BB

SCR 2750 per person for guest booked on HB

New Year Culinary Experience

Seselwa Restaurant – 18:30 to 23:00

Desire an extraordinary holiday celebration? Immerse yourself in our exclusive New Year's Eve set menu, refined island cuisine. Crafted with the finest local ingredients, this festive experience brings together the best of Indian Ocean' culinary traditions with a modern twist.

SCR 2650 per person for guest booked on BB




ZeeBar

Thursday 1 January 2026

New Year Lunch Delicacies

Helios Restaurant – 12:00 to 15:00

Celebrate the start of the year with our exquisite New Year's Day Buffet, featuring a luxurious spread of seasonal delicacies and timeless favourites. Indulge in a variety of gourmet dishes, carefully crafted to make your first meal of the year truly unforgettable.

SCR 1250 per person for guest booked on BB and HB





Friday 2 January 2026

Four Hands Dinner

Cyann Restaurant – 19:00 to 22:00

Experience the elegance and precision of Japanese cuisine with our exclusive 'Sakura Feast' menu! Journey through the culinary traditions of Japan, from the delicate flavours of sushi to the rich umami of miso soup.

Each course is crafted to perfection, offering an authentic taste of Japan. Reserve your table today and embark on a culinary adventure at Cyann.

SCR 3700 per person for guest booked on BB

**** Credit of SCR 400 per person for guest booked HB & FB**




Cyann
Restaurant

Saturday 3 January 2026

Discover Italy

Helios Restaurant – 18:30 to 22:00

Join us on a gastronomic journey through the heart of Italy with our 'Discover Italia' menu! Explore the rich culinary heritage of Italy's regions, from the sun-drenched coasts of Sicily to the rolling hills of Tuscany. Each dish is a celebration of authentic flavours and traditions. Book your table now and embark on an unforgettable Italian adventure Helios.

SCR 3700 per person for guest booked on BB

SCR 650 per person for guest booked on HB



Helios
Restaurant

Sunday 4 January 2026

Port Launay BBQ

Seselwa Restaurant – 18:30 to 22:00

Dive into the vibrant flavours of the Indian ocean with our 'Creole Feast' buffet! Experience the rich and diverse culinary traditions of Creole cuisine, featuring an array of mouthwatering dishes that celebrate the essence of Creole cooking. From savoury papaya salad, octopus curry, each dish is a journey through the heart of Creole culture. Reserve your table today and savour the taste of Creole at Seselwa.

SCR 1850 per person for guest booked on BB

SCR 650 per person for guest booked on HB




Seselwa
Restaurant

Monday 5 January 2025

South East Asian Street Vibes

Adam & Eve Restaurant – 18:30 to 22:00

Step into the vibrant world of Asian street food with our 'Asian street food market menu! Savour the authentic flavours and aromas of street food from Thailand, Vietnam, Indonesia, and more. Each dish is crafted to bring the bustling energy of Asian street markets to your table. Book your table now and embark on a culinary adventure at Adam & Eve.

SCR 1850 per person for guest booked on BB

SCR 650 per person for guest booked on HB



Adam & Eve
Restaurant

Tuesday 6 January 2025

Christmas Orthodox Dinner Set Menu

Cyann Restaurant – 19:00 to 22:00

Savor a fine dining journey where the ocean takes center stage, showcasing the freshest fish and seafood in artful creations. Each dish is a perfect harmony of delicate flavors and refined techniques, celebrating the ultimate in oceanic luxury.

SCR 3650 per person for guest booked on BB

SCR 3250 per person for guest booked HB



Monday 22 December 2025

Joyful Day

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Elf Stretching
 11:00 - 12:00 > Volley Ball
 12:00 - 13:00 > Lunch And Filler Game
 13:00 - 14:00 > Fruit Slush
 14:00 - 15:00 > Siop Sand Sculpture
 15:00 - 16:00 > Tortoise Interaction & Crab Feeding
 16:00 - 17:00 > Reindeer Creation
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner at Corossol Restaurant
 19:00 - 20:00 > Mastermind Free play
 20:00 - 21:00 > Minutes To Win

Tuesday 23 December 2025

Rudolph Day

09:00 - 10:00 > Free play & Ice Breakers
 10:00 - 11:00 > Wreath Decoration
 11:00 - 12:00 > Rainbow Sushi Surprise
 12:00 - 13:00 > Lunch And Filler Game
 13:00 - 14:00 > Santa Wishes & Tree Decoration
 14:00 - 15:00 > North Pole Obstacle
 15:00 - 16:00 > Tortoise Interaction & Crab Feeding
 16:00 - 17:00 > Carol Rehearsal
 17:00 - 18:00 > Supervised Free Play
 18:00 - 22:30 > BBQ

Wednesday 24 December 2025

Elves Day

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Reindeer Hike
 11:00 - 12:00 > Water Waves Of Fun
 12:00 - 13:00 > Lunch And Filler Game
 13:00 - 14:00 > Gingerbread Competition
 14:00 - 15:00 > Recycle Holiday Frame/Journal
 15:00 - 16:00 > Tortoise Interaction & Crab Feeding
 16:00 - 17:00 > Bracelets & Henna Design
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Sparkle Xmas Milk
 20:00 - 21:00 > Ti Marmite Dance

Thursday 25 December 2025

Christmas Cheer Day

10:00 - 12:00 > Gift Distribution By Santa
(In front of Zee Bar)
 12:00 - 13:00 > Lunch And Filler Game
 13:00 - 14:00 > Eloni Meditation
 14:00 - 15:00 > Kouk Deliverer
 15:00 - 16:00 > Tortoise Interaction & Crab Feeding
 16:00 - 17:00 > Pin the Bottom of Gingerbread
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner at Coarossol Restaurant
 19:00 - 20:00 > Guess The Christmas Sound
 20:00 - 22:30 > Xmas Party

Friday 26 December 2025

Funtastic Day

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Yoga Pose
 11:00 - 12:00 > Fruit Kebab
 12:00 - 13:00 > Pizza Making
 13:00 - 14:00 > Dry Leaf Craft
 14:00 - 15:00 > Pedalo Fun
 15:00 - 16:00 > Tortoise Interaction & Crab Feeding
 16:00 - 17:00 > Plan Kare
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Mindful Game/Charade
 20:00 - 21:00 > Nex Challenge
 21:00 - 22:00 > Zumba Class

Saturday 27 December 2025

Holiday Fun

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Trash Relay
 11:00 - 12:00 > Mini Aqua Game
 12:00 - 13:00 > Lunch and Filler Game
 13:00 - 14:00 > Smoothie Creation
 15:00 - 16:00 > Tortoise Interaction & Crab Feeding
 16:00 - 17:00 > Palm Leaf Demonstrate
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Rock Painting
 20:00 - 21:00 > Local Dance Experience
 21:00 - 22:30 > Bingo & Skip-Bo

Sunday 28 December 2025

Sandsation Day

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Mangrove Walk & Talk
 11:00 - 12:00 > Popsicle Sorbet
 12:00 - 13:00 > Lunch And Filler Game
 13:00 - 14:00 > Volcano Eruption
 14:00 - 15:00 > "La Pi, La Pon"
 15:00 - 16:00 > Tortoise Interaction & Crab Feeding
 16:00 - 17:00 > Emoji Charade
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Jenga & Cup Stacking Challenge
 20:00 - 21:00 > Nintendo Switch/VR Games
 21:00 - 22:30 > Funniest Karaoke

Monday 29 December 2025

3' R Day

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Nature Workout
 11:00 - 12:00 > Water Toss
 12:00 - 13:00 > Lunch And Filler Game
 13:00 - 14:00 > Magic Blender Time
 14:00 - 15:00 > Snowball Science
 15:00 - 16:00 > Tortoise Interaction & Crab Feeding
 16:00 - 17:00 > Toupi Initiation
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Spin wheel Fun
 20:00 - 21:00 > Scavenger Hunt
 21:00 - 22:30 > Show Your Talent

Tuesday 30 December 2025

Countdown day

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Yoga At Helipad
 11:00 - 12:00 > Fredi Freeze Splash
 12:00 - 13:00 > Lunch and Filler Game
 13:00 - 14:00 > Holiday Bookmark
 14:00 - 15:00 > Pool Party
 15:00 - 16:00 > Tortoise Interaction & Crab Feeding
 16:00 - 17:00 > Kite Flying
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Wishing Star
 20:00 - 21:00 > Tie & Dye T-Shirt
 21:00 - 22:30 > Cinema Under The Star

Wednesday 31 December 2025

New Years Eve

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Facial Massage
 11:00 - 12:00 > Ring In The Year Float Race
 12:00 - 13:00 > Lunch and Filler Game
 13:00 - 14:00 > Local Drink Tasting
 14:00 - 15:00 > New Year 2026 Banner
 15:00 - 16:00 > Tortoise Interaction & Crab feeding
 16:00 - 17:00 > Firework Painting
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner at Corossol Restaurant
 19:00 - 20:00 > Kapla Competition
 20:00 - 21:00 > Holiday Photo Booth
 21:00 - 22:30 > Dance Through The Year

Thursday 1 January 2026

New Year Day

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Holiday Journal
 11:00 - 12:00 > Colorful Ball Challenge
 12:00 - 13:00 > Lunch and Filler Game
 13:00 - 14:00 > Bite To The New Years
 14:00 - 15:00 > Konos Fun
 15:00 - 16:00 > Tortoise Interaction & Crab Feeding
 16:00 - 17:00 > Bracelets & Henna Design
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Eloni Meditation
 20:00-21:00 > Ti Marmite Dance
 21:00-22:30 > Board Games

Friday 2 January 2026

Coconut Day

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Mangrove Explorer
 11:00 - 12:00 > The Trunk Boat
 12:00 - 13:00 > Pastatis Lunch Jar
 13:00 - 14:00 > Discover The Coconut
 14:00 - 15:00 > Parachute Game
 15:00 - 16:00 > Tortoise Interaction & Crab feeding
 16:00 - 17:00 > Local Instruments
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Minutes To Win
 20:00 - 21:00 > Racko Challenge
 21:00 - 22:30 > Race The Clock



Availability: 200m Baby sitting reservations should be made 24 hours prior to the requested time. The programme is for children aged 2 to 12 years. All children must be accompanied by an adult. The programme is subject to change without notice and conditions and the number of children registered.

Saturday 3 January 2026

Be A Pirate

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Pirates Accessories Creation
 11:00 - 12:00 > Coin Hunt
 12:00 - 13:00 > Lunch And Filler Game
 13:00 - 14:00 > BabosaFace Painting
 14:00 - 15:00 > Little Lens Explorer
 15:00 - 16:00 > Tortoise Interaction & Crab Feeding
 16:00 - 17:00 > Zumba
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Recycle Photo Frame
 20:00 - 21:00 > Touse Res
 21:00 - 22:30 > Cinema Under The Star

Sunday 4 January 2026

C'Heros Day

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Planet Protectors Club
 11:00 - 12:00 > Ocean Lab Explore
 12:00 - 13:00 > Lunch And Filler Game
 13:00 - 14:00 > Local Chips Tasting
 14:00 - 15:00 > 'Tanmi' Flower Making
 15:00 - 16:00 > Eloni Feeding
 16:00 - 17:00 > Fun Flow Yoga
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Build It With Straw
 20:00 - 21:00 > Language Exchange
 21:00 - 22:30 > The Coral Cam Crew

Monday 5 January 2026

Holiday Fun

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Cap Cult Launcher
 11:00 - 12:00 > Marco Polo
 12:00 - 13:00 > Lunch And Filler Game
 13:00 - 14:00 > Slush Creation
 14:00 - 15:00 > Meditation In Nature
 15:00 - 16:00 > Tortoise Interaction & Crab Feeding
 16:00 - 17:00 > Holiday Journal
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Flash Challenge
 20:00 - 21:00 > Ti Marmite
 21:00 - 22:30 > Cinema Under The Star

Tuesday 6 January 2026

Orthodox Day

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Nature Walk Explore
 11:00 - 12:00 > Colourful Ball Race
 12:00 - 13:00 > Lunch And Filler Game
 13:00 - 14:00 > Volcano Eruption
 14:00 - 15:00 > Local Moment
 15:00 - 16:00 > Tortoise Interaction & Crab feeding
 16:00 - 17:00 > Master Mind Fun
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Bubble Bounce Mindfulness
 20:00 - 21:00 > Minutes To Win
 21:00 - 22:30 > Flick Friends

Wednesday 7 January 2026

Secret Agent

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Let's Make Pottery
 11:00 - 12:00 > Water Relay Fun
 12:00 - 13:00 > Lunch And Filler Game
 13:00 - 14:00 > Cookies Decoration
 14:00 - 15:00 > Cultural Fun
 15:00 - 16:00 > Tortoise Interaction & Crab Feeding
 16:00 - 17:00 > Cozy Crew Chapter
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Sea Creatures Craft
 20:00 - 22:30 > Board Games
 21:00 - 22:30 > Happy Orthodox Party

Thursday 8 January 2026

Wellness Kids

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Kids Yoganimal
 11:00 - 12:00 > Splash Splashy!
 12:00 - 13:00 > Lunch And Filler Game
 13:00 - 14:00 > Slush Creation
 14:00 - 15:00 > Capture The Flag
 15:00 - 16:00 > Tortoise Interaction & Crab feeding
 16:00 - 17:00 > Work Art Competition
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Dry Leaf Craft
 20:00 - 21:00 > Island Story
 21:00 - 22:30 > Ephelia Night Games

Friday 9 January 2026

Ephelia Wonderland

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Mangrove Discovery Walk & Talk
 11:00 - 12:00 > Pool Relays
 12:00 - 13:00 > Lunch And Filler Game
 13:00 - 14:00 > Mosaic
 14:00 - 15:00 > Squash Tournament
 15:00 - 16:00 > Tortoise Interaction & Crab Feeding
 16:00 - 17:00 > Bracelet & Henna Tattoo
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Cup Challenge
 20:00 - 21:00 > Kapla Competition
 21:00 - 22:30 > Moutia Dance Show

Saturday 10 January 2026

Mystery Pirates

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > Build Your Pirates Accessories
 11:00 - 12:00 > What Time Is It MrHook?
 12:00 - 13:00 > Lunch And Filler Game
 13:00 - 14:00 > Ahoy Face / Body Painting
 14:00 - 15:00 > Barbosa's Treasure Hunt
 15:00 - 16:00 > Tortoise Interaction & Crab Feeding
 16:00 - 17:00 > Foot Massage
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Tic Tac Toe
 20:00 - 21:00 > Sardine Fun
 21:00 - 22:30 > Constance Cinema

Sunday 11 January 2026

Water World Adventure

09:00 - 10:00 > Free Play & Ice Breakers
 10:00 - 11:00 > "PaperMache" Sea Creature
 11:00 - 12:00 > Pool Fishing Game
 12:00 - 13:00 > Lunch And Filler Game
 13:00 - 15:00 > Mini Picnic To Anse Trusalo Beach
 15:00 - 16:00 > Tortoise Interaction & Crab Feeding
 16:00 - 17:00 > Aquarium Creation
 17:00 - 18:00 > Supervised Free Play
 18:00 - 19:00 > Dinner At Corossol Restaurant
 19:00 - 20:00 > Yoga Animal
 20:00 - 21:00 > Kouk Delivre
 21:00 - 22:30 > Star Gazing Experience

Teens Club

EPHELIA TEENS CLUB

22 December - 11 January

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00 – 11:00	Kayak & Pedalo Challenge NORTH BOATHOUSE <i>Team up for fun water racing and coordination on the lagoon</i>	Meditation & Yoga CONFERENCE <i>Start your day grounded and refreshed.</i>	Hiking Adventure FITNESS <i>Explore nearby trails and enjoy stunning views – moderate fitness required</i>	Aqua Gym FITNESS <i>Music, movement, and water resistance – a low-impact, energetic session.</i>	Kayak & Pedalo Relay NORTH BOATHOUSE <i>Team up for a fun-filled Kayak & Pedalo Relay, combining, balance, speed, and teamwork on the water.</i>	Meditation & Yoga CONFERENCE <i>Reset and unwind for the weekend.</i>	Grand Scavenger Hunt Finale CONFERENCE <i>Bonus challenges, mystery clues, and epic surprises.</i>
13:00 – 14:00	Smoothie Creation Workshop COCONUT TRIBE <i>Learn to make your own tropical smoothies with local fruits.</i>	Coconut Peeling Competition FITNESS <i>How fast can you crack a coconut? Fun and a little messy.</i>	Splash & Play FITNESS <i>Enjoy laughter, teamwork, and a refreshing good time under the sun.</i>	Fast Lap (Swimming Competition) FITNESS <i>Time to race – who's the fastest swimmer on the resort?</i>	Smoothie Creation COCONUT TRIBE <i>Get creative with Smoothie Creation, where you mix fresh tropical fruits into your perfect blend.</i>	Coconut Opening FITNESS <i>Experience the tropical tradition with Coconut Opening, learning to crack and enjoy fresh coconut.</i>	Aqua Gym CONFERENCE <i>Music, movement, and water resistance – a low-impact, energetic session.</i>

Opening hours from 09:00 - 20:00. Babysitting reservations should be made 24 hours prior to the requested time. We welcome kids from 4 to 11 years old. Kids below 4 years old can come accompanied by an adult. The programme is subject to change due to weather and land conditions and the number of kids registered.

Teens Club

EPHELIA
TEENS CLUB

22 December - 11 January

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
15:00 – 16:00	Badminton Tournament FITNESS <i>Singles or doubles – show off your racquet skills!</i>	Volleyball Tournament BEHIND KABANA <i>Serve, spike, and dive with your team in the sand..</i>	Squash Tournament FITNESS <i>Fast-paced and competitive – indoor court fun.</i>	Scavenger Hunt CONFERENCE <i>Solve clues, find hidden treasures, and win prizes!</i>	Padel Tournament FITNESS <i>Enjoy a fun and energetic game of padel – the perfect mix of tennis and squash!"</i>	Squash Tournament FITNESS <i>Final round for squash – let the best player win.</i>	Awards & Farewell Circle CONFERENCE <i>Celebrate the week's winners and memories made!</i>

Opening hours from 09:00 - 20:00. Babysitting reservations should be made 24 hours prior to the requested time. We welcome kids from 4 to 11 years old. Kids below 4 years old can come accompanied by an adult. The programme is subject to change due to weather and land conditions and the number of kids registered.



 CONSTANCE
SPA





Festive Duo Delight

Escape the stresses of everyday life and indulge in a blissful spa experience designed to melt away tension and restore your inner balance this festive season.

Begin with a calming foot ritual, easing you into relaxation. Then enjoy a 60-minute full-body couples massage using warm cinnamon oil—perfect for reducing exhaustion and soothing tired muscles. Complete your journey with a luxurious private bubble bath, paired with a refreshing spa cocktail.

Duration: 90 mins

Price: SCR 6,500 per couple

Management reserves the right to change dates, timings, venues, menus, entertainments and prices at last minute. All prices mentioned are per person, are in Seychelles Rupees and are inclusive of VAT and service charge.





For Kids & Teens

Enjoy and experience our range of nail and hair treatment that suitable for kids and teens this festive season.

Kids Nail Deco

Duration: 30 mins

Price: SCR 650

Kids Hair Band Up Do

Duration: 30 mins

Price: SCR 550

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The Perfect Gift for the Special Day

Discover an exclusive collection of iconic Sisley products beautifully packaged in a prestigious Sisley gift boxes.



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