



# The Big 7!

LABRIZ SUMMER CAMP  
July 28 - August 31 2025





# Know Before They Go

## **Big 7 at Hilton Seychelles Labriz Resort & Spa**

This August, let your little islanders dive into adventure with Big 7—our daily kids' program designed for ages 4 to 12, running from **July 28 to August 31st** on the breathtaking Silhouette Island.

Each day features one thoughtfully curated activity, allowing kids to explore their interests at a relaxed pace—whether it's nature walks, wildlife discovery, island cooking, beginner's diving, or beach games. With a strong focus on outdoor exploration, creativity, and connection with nature, Big 7 offers over 30 unique experiences throughout the month.

Led by our expert team, kids make new friends, learn something new every day, and build lasting memories—while parents enjoy well-earned time to relax.

The daily meeting point is at the resort's Art Gallery.

You can register your child up 30 minutes before the activity begins.

**Each activity lasts 3 hours and costs just €10 per child.**





# Island Activities



Diving  
School



Kayaking



Treasure  
Hunts



Beach  
Games



Nature Trails  
Hiking



Harvest and  
Tasting



Nature  
Walk







# Monday

## Guided Beach Hike

Let your kids discover the island's natural beauty on a fun and safe adventure! Led by our experienced hiker from the Activity Center, the kids will explore three hidden beaches, learn about local nature, and enjoy a day of discovery, teamwork, and fresh air.



**10 AM - 13 PM**



**Art Gallery**

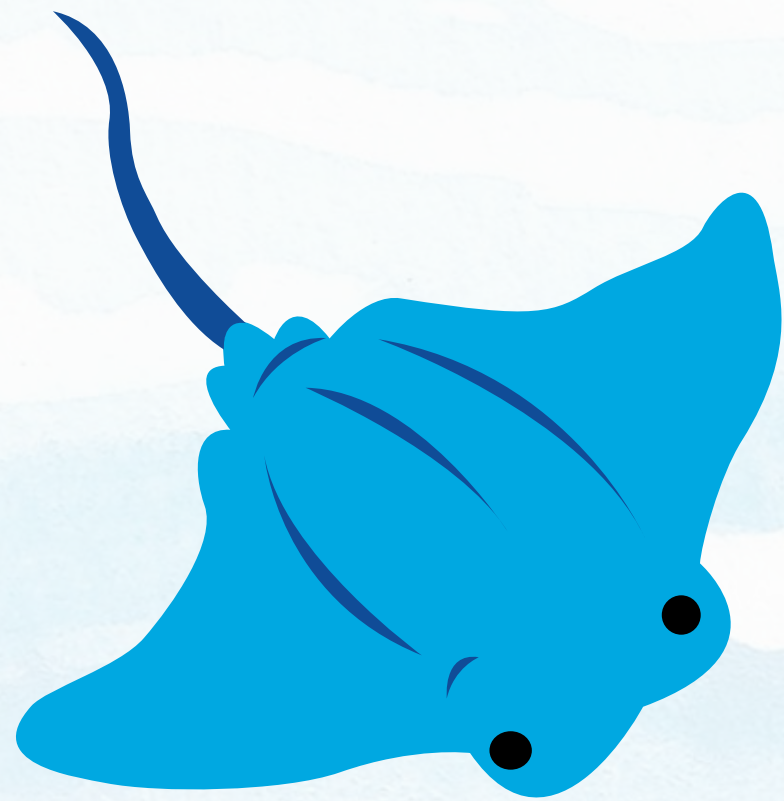


**Granola Bar**



\*All activities are weather-dependent and conducted safely under the supervision of trained professionals.





# Tuesday

## Kayaking

Paddle through gentle island waters and discover secret spots only accessible by kayak. This tide-dependent adventure is led by our dive center guides, offering kids a unique and exciting way to connect with the coast—safely and confidently.



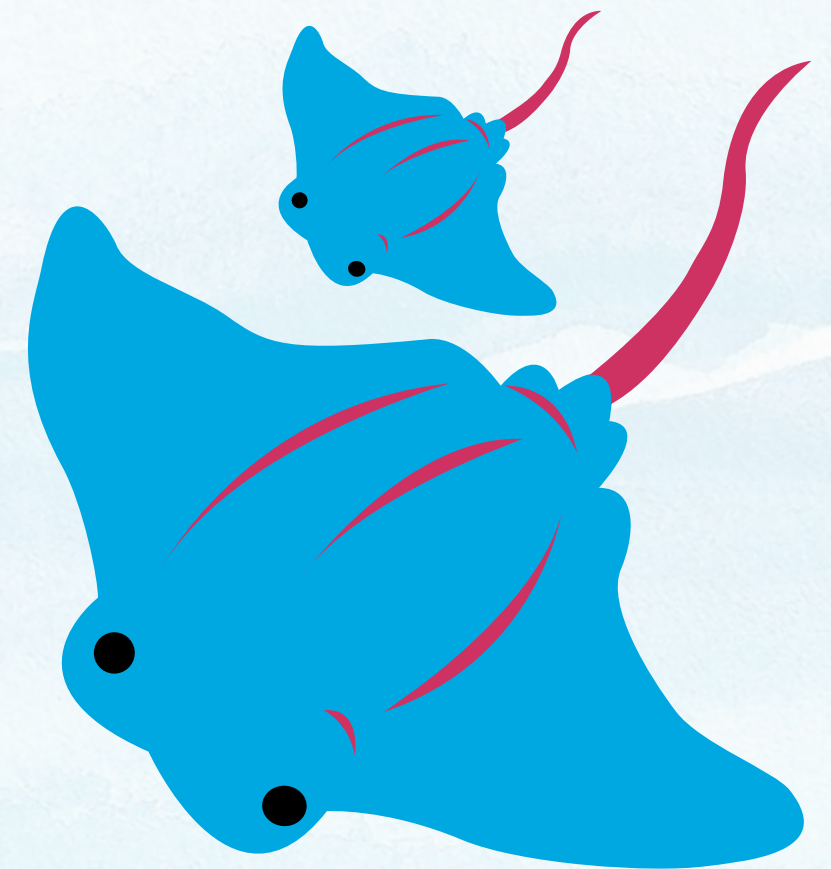
**10 AM**  
(Please enquire at the Art Gallery –  
Subject to tides)



**Art Gallery**



**Vegetable Quiche**



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# Wednesday

## Nature Walk

Embark on a guided nature walk through the lush trails of Silhouette Island. Along the way, kids will learn about the diverse species that call the island home—from vibrant plant life to unique wildlife—while enjoying the beauty of the island's untouched landscapes.



**2 PM - 5 PM**



**Art Gallery**



**Veggie Wraps**

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# Thursday

## Dive Introduction

Let your kids take their first plunge into the underwater world in a fun and safe environment! Held in the main pool and guided by our professional Dive Center team, this beginner-friendly session teaches the basics of diving through play, confidence-building, and hands-on exploration.



**2 PM - 5 PM**



**Art Gallery**



**Choco Brownie**

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# Friday

## Harvest and Tasting

From garden to table—let your kids explore the island's organic garden alongside our horticulturists and kitchen team. They'll discover how fruits, vegetables, and herbs grow, help with the harvest, and enjoy a fresh tasting of what they've picked. A hands-on, delicious introduction to sustainable living!



**2 PM - 5 PM**



**Art Gallery**



**Fruit Skewer**

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# Saturday



## Beach Games & Fun

Sun, sand, and non-stop fun! Kids can join our Recreation Team for active games and beach adventures right in front of Four Degrees Beach. From team challenges to classic seaside fun, it's the perfect way to play, laugh, and make new friends by the shore.



**10 AM - 13 PM**



**Art Gallery**



**Red Velvet Cupcake**

\*All activities are weather-dependent and conducted safely under the supervision of trained professionals.







# Sunday

## Island Scavenger Hunt

Let your kids set off on an exciting adventure around the resort! Starting at the Activity Center, they'll follow clues, solve fun challenges, and uncover hidden treasures—all while exploring the surroundings with our team. A playful way to build teamwork, curiosity, and resort knowledge!



**10 AM - 13 PM**



**Art Gallery**



**Soft Serve Ice Cream**

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