



Bootcamp at Three Corners Ocean View**** Prestige El Gouna

The Three Corners Bootcamp is a brand-new fitness concept, designed for active travelers, sports groups, and wellness enthusiasts looking to combine training with an unforgettable holiday experience.

Hosted at Three Corners Ocean View Hotel, the bootcamp facility is an exclusive, dedicated space integrated into the Du Port swimming pool area, offering breathtaking views over the magnificent harbor and lagoons of El Gouna at the beautiful Red Sea Riviera in Egypt.

This fully equipped, open-air facility provides the ideal setup for bootcamp-style workouts, from strength training to endurance challenges—all without the need for instructors, giving guests full freedom to design their own fitness routines or for organized groups with their personal trainer.

Whether they prefer functional training, HIIT (High-Intensity Interval Training) sessions, or team-based challenges, the Three Corners Bootcamp delivers the perfect balance of fitness, motivation, and relaxation in a world-class resort setting.



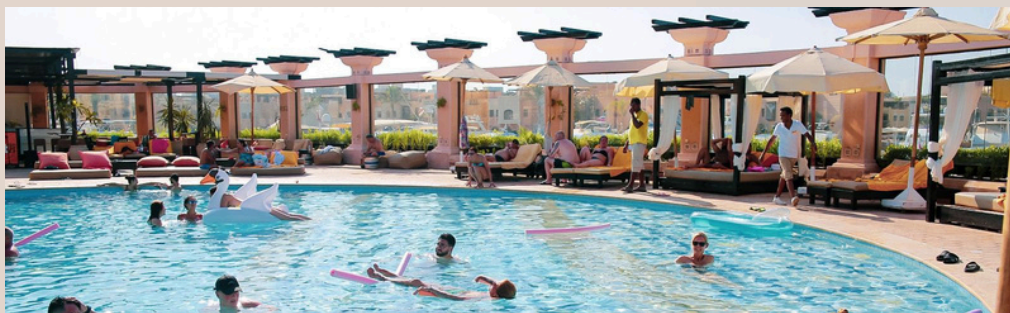
All about the new travel trend

Three Corners Bootcamp is a unique fitness concept designed for groups who want to train, challenge themselves, and stay active while enjoying a holiday. Set in a stunning destination, our hotel provides fully equipped outdoor and indoor bootcamp facilities—giving teams and individuals the freedom to structure their own workouts. Whether it's endurance, strength, or functional training, this is the perfect setting for an energized and refreshing fitness getaway.

STAY, train & Relax. with Three Corners

As a growing trend in the travel and wellness industry, bootcamp vacations are becoming increasingly sought after by health-conscious travelers. We encourage our partners, tour operators, and travel agents to introduce this unique service to

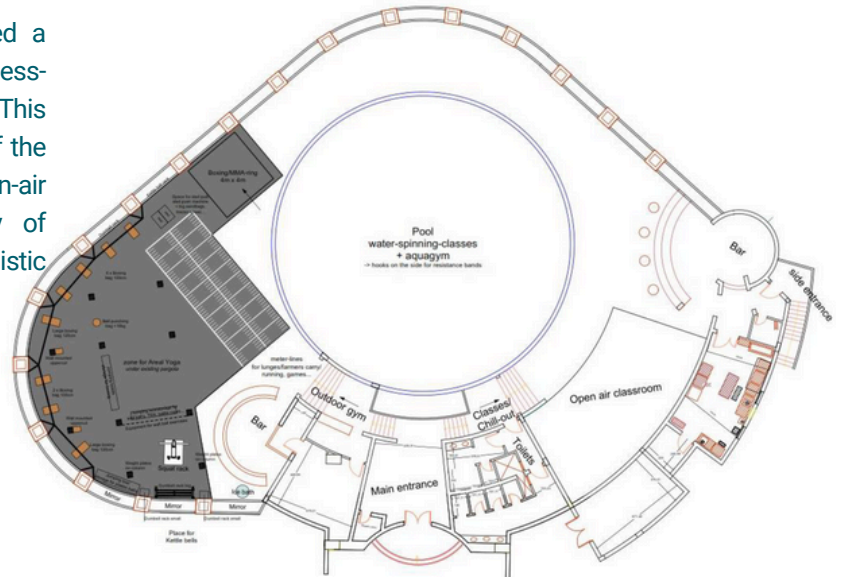
their clients—especially those seeking active and wellness-oriented holidays. With fitness tourism on the rise, Three Corners Bootcamp is the perfect addition to your offerings, ensuring guests an experience that revitalizes both body and mind.



The new facility integrates different types of training to improve strength, endurance, flexibility, mobility, balance, recovery, and mental well-being.

At Three Corners Ocean View Hotel, we have created a dedicated bootcamp facility that offers everything fitness-focused guests need to train, recharge, and unwind. This exclusive dedicated spaces offers breathtaking views of the stunning harbor of El Gouna. This one-of-a-kind open-air training space is fully equipped to host a variety of bootcamps, from high-intensity training camps to holistic wellness retreats.

- Yoga & Wellness Facility
- Open-Air Classroom
- Pool for Water-Based Training
- Mixed Martial Arts Ring
- Fitness & Training Equipment
- Bar



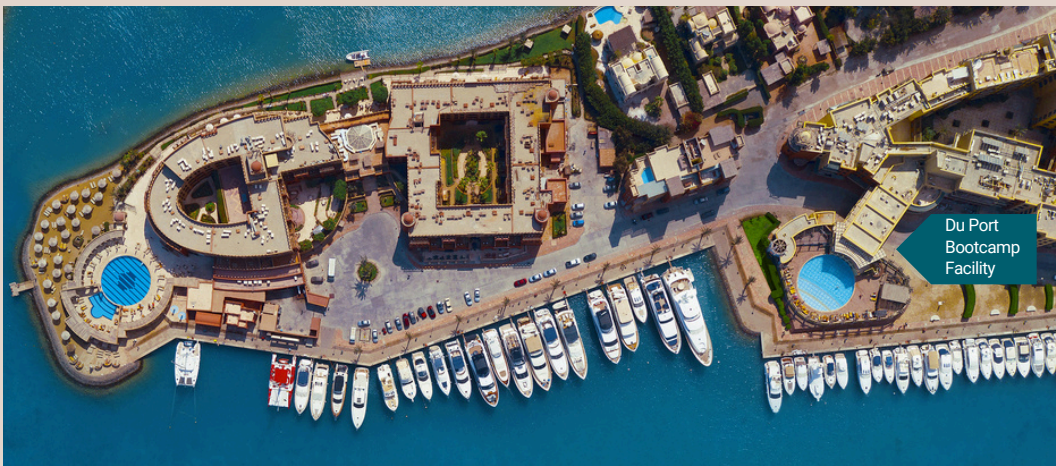
Our Nutritionists help

Great training goes hand in hand with balanced nutrition. Our buffet can provide wholesome, energy-boosting options, ensuring guests get the right fuel for their workouts. From protein-rich meals to fresh, nutrient-packed selections, every dish is crafted to support recovery and performance. For groups with specific dietary needs, our team is happy to customize meal plans.



The demand for active holidays is rapidly growing, and fitness-conscious travelers are seeking destinations that offer more than just relaxation. As a Three Corners partner, we encourage you to introduce Three Corners Bootcamp to your network, your clients, sports teams, and wellness enthusiasts. Let's bring this new travel experience to your customers

At Three Corners Ocean View, we can host Yoga & Pilates Retreats, Dance Bootcamps, Strength & Conditioning Camps, Recharge & Wellness Bootcamps, Boxing and Mixed Martial Arts Bootcamps — all in a stunning and fully equipped setting. For any other requests, just let us know, and we will be happy to assist you!



Let's stay in Touch

For further information and details, please contact us:

Cairo Office

3 El Portsaidia Company St., Asmaa Fahmy St., Nasr City, Cairo, Egypt

Tel: +20 22 2904181/ 2915138/ 2915429

E-mail: info@threecorners.com
corporate@threecorners.com