



Spa Treatment Menu



Massages

Shine Massage*
80 minutes | 230.00
Experience the wondrous fusion of healing touch with the wisdom of ancient rituals. The sensation of warmed stones embracing your skin will also serve to enhance your relaxation. The massage ends with the gentle application of silk honey with an indulgent facial massage to harmonize your body and soul.

Shine Diamond Experience Rose Massage
80 minutes | 285.00
Take a journey through an unprecedented sensory experience. Enjoy a smoothing and nourishing exfoliation followed by a regenerating massage with the exquisite absolute Damask rose oil that will transport you to a complete state of relaxation and well-being.

Mother-to-be
(Not advised for 1st three months of pregnancy)
80 minutes | 213.00
A treatment for an extra pampering for this sweet special time. A well-deserved gift that focuses on the primary needs of the expectant mother. A gentle massage relieves heavy legs and the other areas are also treated with nourishing and soothing oils to provide greater elasticity to the skin.

Quirosport
50 minutes | 187.00
A targeted treatment for the sports enthusiast to relieve tense muscles. A unique sports massage ideal for total body recovery after an intense exercise session.

Hot Stone Massage
80 minutes | 218.00
The sensation of warm lava stones embracing your muscles will serve to enhance your relaxation, melt away tension and increases circulation and metabolism.

Back & Shoulder Unwind
30 minutes | 94.00
Soothe away the tension on your upper body by this customized treatment. After, you will feel reenergized and relaxed.

Deep Ocean
50 minutes | 160.00
80 minutes | 213.00
An intensive massage that concentrates on the deep layers of muscle. This treatment is designed to relive muscle tension, strain and soothes minor muscle aches.

Asian Journey
50 minutes | 160.00
80 minutes | 213.00
This treatment combines the techniques of Balinese and Thai massage by using pressure points and stretching movements. It enhances body flexibility whilst soothing away tension, stress and pain.

Abhyanga
60 minutes | 170.00
Inspired by the ancient Indian therapy, this massage includes long strokes using warm oil followed by steam bath to detoxify and revitalize the mind and body. This therapy stimulates circulation and restores your spirit.

Shirodhara
40 minutes | 120.00
Following the footsteps of the age old Ayurvedic tradition yet delivered in contemporary way, warm oil is poured over the third eye chakra a vital energy point located at the center of the forehead accompanied by gentle scalp and head massage. This treatment nourishes hair and scalp, reduces mental stress and improves concentration.

Indian Head Massage
30 minutes | 94.00
An excellent treatment for relieving stress-included tension in the head, neck and shoulder areas.

Oriental Foot Massage
30 minutes | 94.00
50 minutes | 140.00
An healing art that treats the entire body by applying pressure to the reflex points on the feet.

Facials

Express Shine
30 minutes | 105.00
This quick facial includes deep cleansing, exfoliation, toning to brighten up the skin by a special face mask that suits your skin type.

Shine Facial*
60 minutes | 187.00
Purifies · Brightens · Balances
A divine facial that establishes your skin's defensive and regenerative functions with oxygen. Awaken your skin with the revitalizing energy of pure oxygen to decongest, brighten and clarify a dull complexion. Perfect for the frequent flier and urbanites whose skin suffers from every day aggressors.

The Cure Therapy
60 minutes | 182.00
Detoxifies · Restores · Hydrates
A true antidote against the ravaging effects on our skin resulting from our modern lifestyle. This deep cleansing facial includes an innovative enzymatic detox and to open, purify the pores as well as a meticulous extraction process, revealing extraordinarily soft and radiant skin.

Skin comfort
50 minutes | 182.00
Protects · Restores · Reinforce
Comfort your skin with this treatment to fortify skin tolerance, visibly reduce sagging and reverse micro inflammation, which causes premature aging. Specifically designed for instant skin protection, this facial is your solution to hypersensitivity.

Shine Diamond Experience
80 minutes | 240.00
Energizes · Renews · Revitalizes
A true luxury Facial experience. Energize your skin with this treatment designed to reboot dull skin from environmental stress and DNA damage. Improves definition of facial contour, dramatically restores elasticity, skin texture and tone.

The Citrus Essence
50 minutes | 182.00
Revitalizes · Stimulates · Firms
Drench your skin with the antioxidant power of vitamin C. This nutrient rich treatment revitalizes the senses, stimulates the production of collagen, reduces inflammation and intensely hydrates.

Body Treatments

Shine Body*
70 minutes | 230.00
Let the aroma of the essential oil transport your body to a relaxed state as your skin is polished to glow. You are then wrapped in a nourishing elixir to enrich the skin.

Body Polish Bar (Bamboo / Citrus)
30 minutes | 130.00
This à la carte full-body exfoliation is the perfect addition to any treatment. Choose between citrus exfoliation that revitalizes and brightens, and bamboo micro-fibers that effectively eliminate dead cells for smooth, soft and nourished skin.

Detox Marine Essence
30 minutes | 130.00
This purifying algae wrap helps to hydrate your skin and firm the body.

Oceanic Coffee Scrub
30 minutes | 130.00
This natural scrub is ideal for deep cleansing and detoxifying. Coffee prevents formation of cellulites and promotes elasticity.

Aloe Vera Cooling Sensation
40 minutes | 140.00
A soothing and revitalizing body treatment created as a refreshing way to cool down the skin after a day under the sun. Aloe Vera and cucumber helps reduce the stinging effect of sun burn, leaving your skin to cool and rehydrate after exposure to the sun's harmful rays.

*Signature Shine Spa experience

All prices in U.S. dollars and are inclusive of 10%service charge and 16% GST.

Hands & Feet

Shine Hands & Feet*

50 minutes | 140.00
The hand & Feet indulgence, pamper your hands and remove damage caused by external aggressors. Show off radiant, revitalized skin and visibly rejuvenated hands. Treat your feet with this oxygenating treatment that erases years of stress for smooth, supple and comforted skin.

Manicure

60 minutes | 99.00
This hand care treatment includes nail shaping, cuticle care, soothing scrub to exfoliate the dead cells, relaxing massage and nail buffer. You will be offered a collection of nail polishes to beautify the nails.

Packages

Shine Couple Escape

80 minutes | 513.00
Shine couple escape is a dream experience meant to be shared with your loved one. The treatment starts with a choice of scrub (or express facial or wrap) followed by a 50 minute massage.
* Price quoted for 2 people.

Taste of Ayurveda

80 minutes | 245.00
Experience an authentic 60 minute Ayurveda massage including traditional Indian head massage followed by a Shirodhara. A perfect combination of treatments to relax and improve the concentration.

Find Your Glow

110 minutes | 322.00
Create your own package by selecting any three services from the list below.

- Massage (50 mins)
- Body Scrub
- Body Wrap
- Foot Massage
- Express Facial

Pedicure

60 minutes | 140.00
This treatment is a quick and necessary touch-up, meant to rescue your tired and dehydrated skin and nails. Complete with a classic procedure, cuticle cutting, filing, buffing and polishing, thereby leaving your nails looking healthy and shiny.

Express Manicure

30 minutes | 73.00

Express Pedicure

35 minutes | 94.00

De-Stress

135 minutes | 399.00
Keep your young vigor forever! This special combination of treatments removes dead cells from your skin, relaxes the muscles and glow your face by our signature facial. Get your flawless beauty back.

- Massage (50 mins)
- Facial
- Choice of Body Scrub / Wrap

Shine Indulgence

210 minutes | 545.00
Stop the clock for a few hours and experience the most luxurious spa journey at Shine Spa. Detox and refresh your mind, body and soul on a serene tropical island overlooking the turquoise blue ocean.

- Body Polish
- Body Wrap
- Massage
- Facial
- Spa Bath
- Sparkling Wine During Bath

Enhancements

Spa Plus | 26.00

You can enjoy a variety of add-on services that help you indulge, relax and beautify your skin while savoring any spa treatment and that are designed to enhance your treatment experience.

Reservations

For bookings, dial “110” for Shine Spa opens from 10 am to 10 pm or dial “0” for the Resort Telephone Operator. Schedule your appointments in advance to ensure availability of your preferred treatment and therapist. Bookings made on the day of service and walk-in appointments are always welcome, subject to availability.

Cancellation Policy

24 hours’ notice is required for changes or cancellations. Arriving late for a service may require us to shorten the length of your treatment, with full charges applied.

Gift Certificates

Shine Spa for Sheraton gift certificates are available for purchase at the spa front desk. Our gift certificates are the perfect way to celebrate any occasion, with individual treatments or predetermined denominations offered.

Sheraton Maldives

Full Moon Resort & Spa
Furanafushi Island, North Male Atoll

*Signature Shine Spa experience
All prices in U.S. dollars and are inclusive of 10%service charge and 16% GST.