



HOBA SPA

'hoba'

"Hoba," an ancient Dhivehi word meaning kindness, serves as a heartfelt reminder to be kinder to ourselves and nurture our well-being.

Oaga's very own holistic wellness brand which offers the essence of Maldivian healing traditions passed down from generations, reimagined completely to cater to the modern day spa experience.

Hoba Spa is the first of its kind and the only spa in the country entirely dedicated to Maldivian alchemy and healing artistry. Offering a holistic wellness experience with its four private treatment pods, an open-air pod, Atharuge, a traditional sweat lodge, a soothing Vevu pool, and a rejuvenating well. Guests can indulge in a variety of treatments, including Beys Foshi therapies (Maldivian traditional massage therapies), Hoba Moonu (facials), Hoba Aroma (aromatherapy), and San'dhu therapies (moon rituals) and various wellness activities. The spa also provides tailored treatments for children, making it a perfect retreat for the entire family.



atharuge

Atharuge, an alchemic space where the ancient art of Dhivehi Beys (Maldivian medicine) thrives. Discover a world of traditional ingredients and raw, evocative scents. This is where therapeutic-grade oils, scrubs, and skincare products for the body and face are meticulously crafted using time-honored techniques. Guests can choose from the signature oil blends and watch the Hoba Beysverin mix it for them.



fen vadaa

Our hydrotherapy journey, offers an extraordinary blend of nostalgia and rejuvenation inspired by Maldivian traditions, nakaiy (seasons), and ancient bathing rituals. This open-air sanctuary features a rain shower reminiscent of the wet season's storms, a heated vevu pool, and a valhu (well) echoing traditional Maldivian baths. A dumashi ge (sweat lodge) enhances the experience with purification and serenity, using heated stones and healing aromatic waters.



beys foshi

Tapping into Maldivian traditions, these ancient healing remedies were developed over the centuries and passed on by word of mouth from generation to generation. In our Beys Foshi therapies, local spices and herbs meet modern therapeutic wellness traditions of the Maldives.



hoba aroma


Inspired by the healing scents of the Maldives, this exclusive aromatic collection evokes love, warmth, and joy. Crafted with the purest therapeutic ingredients, it offers powerful, sensual experiences for both body and face.



dhulhaheyo

Hoba Spa invites you to experience a harmonious blend of traditional Maldivian healing and contemporary wellness practices. Incorporating weekly Dulhaheyo (wellness) activities, Hoba introduces a collection of revitalizing programs designed to nurture your overall well-being.

Wellness Activity Highlights




araam adu

Healing sounds. Brings immediate shifts in the physical, mental and emotional sphere



dhandi jehun dance therapy

A harmonious blend of traditional dance and modern movement techniques



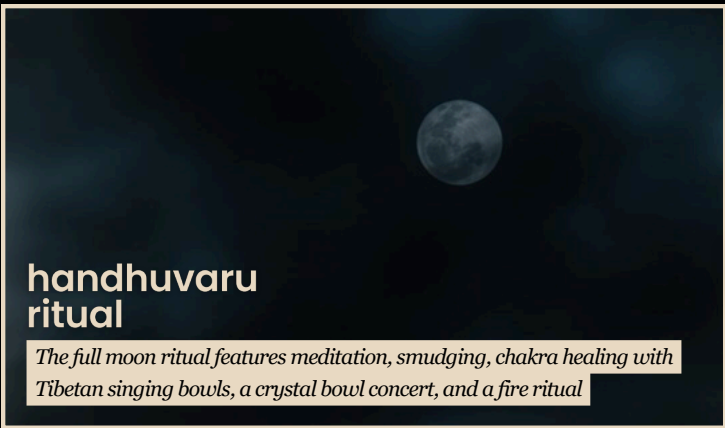
fen fit

An innovative fitness session harnesses the healing power of water



hendhunū & haveeru ritual

The morning ritual sets positive intentions with stretches and meditation, while the evening ritual restores with breathwork and releasing exercises.



handhuvaru ritual

The full moon ritual features meditation, smudging, chakra healing with Tibetan singing bowls, a crystal bowl concert, and a fire ritual



free flow session

A guided therapeutic experience that encourages expression and movement through art, led by our resident and visiting artists

