

pulman

MALDIVES MAAMUTAA



ALL-INCLUSIVE FACTSHEET





MÉLANGE

The resort's all-day dining venue overlooking the pristine beach, with indoor and outdoor seating. Mélange offers six international live cooking stations serving fresh flavours for breakfast, lunch, and dinner.

BREAKFAST | Open daily from 07h00 to 10h00

Breakfast, Your Way

Local & Regional Favourites • Healthy & Wellness Corner • Live Cooking Stations • Tropical Fruit Selection • Crêpes Made to Order • Fresh Bakes Daily • Immunity Boosters • Coffee & Herbal Teas • Smoothies & Fresh Juices

LUNCH | Open daily from 12h00 to 14h00

A Feast for Every Taste. Enjoy a generous selection featuring:

Chef-Curated Daily Delicacies • Salad Bar • Freshly Baked Pizzas • Interactive Live Stations • Traditional Roast Station • Smoked & Grilled Specialties • Ice Creams, Sorbets & Desserts

Drinks to Complement Your Meal:
Premium Pouring Brand Spirits • House Red & White Wines • Beers • Crafted Cocktails & Mocktails • Soft Drinks & Fresh Juices

DINNER | Open daily from 19h00 to 22h00

Enjoy an evening of variety and flavours featuring:
Rotating Theme Nights • Chef-Curated Daily Specialties • Salad Bar • Freshly Baked Pizzas • Sushi & Asian Selections • Interactive Live Stations • Traditional Roast Station • Smoked & Grilled Specialties • Ice Creams, Sorbets & Desserts

Drinks to Complement Your Meal:

Premium Pouring Brand Spirits • House Red & White Wines • Beers • Crafted Cocktails & Mocktails • Soft Drinks & Fresh Juices



SOL RISING

Overwater poolside breakfast experience.

Start your day with a vibrant, wellness-driven breakfast designed to energise your body, sharpen your mind, and support an active lifestyle.

BREAKFAST | Open daily from 07h00 to 09h30

Enjoy a curated selection featuring:

Natural Energy Boosters • Age-Defence & Wellness Foods • Superfoods & Power Bowls • Fresh Yoghurts • Seeds, Grains & Nuts • Balanced Breakfast Choices (Proteins, Carbs & Fibre) • Energy Juices & Wellness Shots • Fresh Cold-Pressed Juices



PHAT CHAMELEON

Dhivehi Heritage À la Carte Menu

At Phat Chameleon, our menu celebrates the rich culinary heritage of the Maldives through a modern, mindful lens. Rooted in wellbeing, balance, and responsible sourcing, our cuisine embraces a plant-forward philosophy, offering thoughtfully crafted vegetarian and vegan dishes alongside responsibly sourced seafood that honours local fishing traditions and respects the surrounding marine ecosystem.

DINNER EXPERIENCE | Open Saturday to Thursday from 19h00 to 22h00

Signature Highlights:
Seasonal Artisan Soups • Dhivehi Heritage Fusion Menu • Refined Garden Salads • Interactive Live Culinary Theatre • Chef's Garden-to-Table Creations • Elegant Plant-Based Desserts

Beverage Selection:
Premium Pouring Brand Spirits • House Red & White Wines • Beers • Hand-Crafted Cocktails & Mocktails • Organic & Soft Beverages



SOUQ OVEN

Overwater Pan Mediterranean Dining

Rooted in the culinary traditions of the Mediterranean coastline, the menu celebrates time-honoured techniques, garden-fresh ingredients, and the artful balance of spice and fragrance. Each dish is layered with meaning — slow-cooked, charcoal-grilled, and delicately seasoned to reflect the soul of the region.

LUNCH | Open daily from 12h00 to 14h00

DINNER | Open daily from 19h00 to 22h00

Culinary Highlights:

Traditional soups infused with ras el hanout, cumin, and coriander • Hot & cold mezze-style salads seasoned with za'atar, sumac, and fresh herbs • Garden-to-table dishes layered with smoked paprika, cinnamon, and saffron • Desserts, delicately flavoured with orange blossom, rose water, pistachio, and honey

Beverages:

Premium Pouring Brand Spirits • House Red & White Wines • Beers • Crafted Cocktails & Mocktails inspired by regional botanicals • Organic Beverages • Soft Drinks



BARS & MINI BAR

THE HUB

Poolside Bar | Opens daily from 10h00 to 23h00

Ice cream for children (11h00 to 18h00)
• Mocktails • Fresh juices • Soft drinks • Alcoholic beverages

SOL RISING BAR

Casual Bar | Opens daily from 10h00 to 23h00

Mocktails • Cocktails • House wines red & white • Coffee

SAFFRON AFFAIR

Overwater Bar & Lounge | Opens daily from 16h00 to 01h00

Mocktails • Cocktails • House wines red & whites • Tapas (16h00 to 19h00) • Resident DJ

IN-VILLA MINI BAR

Replenished once daily

Selection of snacks • Chocolate • Beers • Soft drinks • House wines red & white • Spirits

ACTIVITY & RECREATION

SKILLZ (TEENS ONLY AREA)

A fun-filled space for teens and those who refuse to grow up. Explore the island by bike, relax with indoor games, or book the tennis court, karaoke room, or golf simulator for some friendly competition

KID'S PLAYGROUND (4 TO 11.99 YEARS)

A fun and welcoming space just for kids, packed with daily activities that spark creativity and adventure. Indoor and outdoor experiences keep little ones entertained all day long, with nanny services available if parents would like some extra time to relax.

PULLMAN FIT

Stay active throughout your stay at our fully equipped 24-hour gym or join guided workouts led by our experienced fitness team. The resort offers a variety of sessions, from beginner-friendly classes to internationally recognised fitness experiences held across the island.

YOU ALSO HAVE ACCESS TO

- Beach volleyball
- Snorkeling equipment
- One (1) hour per day of non-motorised water sports (stand-up paddle boarding and kayaking)
- Scuba diving trial in the main pool, on request
- One (1) complimentary single-tank dive for every four (4) paid single-tank dives per person
- Aqua aerobics
- Zumba classes
- Sunrise yoga and meditation classes
- Pullman Fit Trail
- Tennis court and beach pickleball





GUESTS STAYING FOR SEVEN (7) TO NINE (9) NIGHTS ARE ENTITLED TO:

Included Benefits:

- Choice of **one (1) group sunset cruise or group sunset fishing**, per adult, per stay
- **One (1) 30-minute spa add-on** with any booked massage, per person, per stay
- **Complimentary bicycles** for guests staying in:
- Family Beach Villa, Family Beach Pool Villa, Two-Bedroom Beach Pool Villa, Two-Bedroom Ocean Pool Villa, Ocean Pool Suite, and Four-Bedroom Ocean Pool Retreat
- **USD 20 laundry credit**, per room, per stay.

*Benefits are non-transferable and not redeemable for cash.

**Advance booking required for spa and excursions; subject to availability.

***Bicycle availability subject to operational conditions.

GUESTS STAYING FOR TEN (10) OR MORE NIGHTS ARE ENTITLED TO:

- Guests staying for ten (10) nights or more are entitled to the same benefits as the seven (7) to nine (9) nights package, plus:
 - A one (1) time excursion credit of USD 50, per person, per stay.
 - A one (1) time Pullman Spa credit of USD 200, per villa, per stay.

TERMS & CONDITIONS

- Benefits are non-transferable and apply only to the original booking nor transferred to any person outside of the original booking.
- Unused credits have no cash value and cannot be exchanged or refunded.
- **Advance reservations upon arrival** are required for spa treatments, activities, and sea excursions.
- Resort activities and sea excursions are subject to availability and prevailing weather conditions.
- Vouchers issued on arrival must be presented at participating outlets.
- Benefits apply to guests aged 12 years and above.

DIVING TERMS AND CONDITIONS

- A valid diving licence is required in accordance with Maldives regulations.
- Mandatory diving insurance is required for all diving activities.
- Short-term dive insurance is available at the diving centre at an additional charge, if required.

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