



Deep Tissue Massage

Targeted therapy using firm pressure to release chronic muscle tension and knots. Ideal for athletes and those with persistent muscle stiffness.

60 minutes - \$95 / 90 minutes - \$135

Balinese Massage

Traditional Indonesian technique combining gentle stretches, acupressure, and aromatic oils for complete mind-body harmony.

60 minutes - \$75 / 90 minutes - \$105

Aromatherapy Massage

Custom-blended essential oils tailored to your needs, promoting relaxation, energy, or stress relief through gentle Swedish techniques.

60 minutes - \$100 / 90 minutes - \$140

Swedish Massage

Focused relief for tension in the upper body, perfect for quick stress relief or post-work decompression.

60 minutes - \$85 / 90 minutes - \$110

RELAX & REVIVE



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Indulge in our relaxing spa treatments and rejuvenate your mind, body and soul.

Foot Reflexology

Ancient healing art focusing on pressure points in feet and hands to promote overall wellness and balance throughout the body.

45 minutes - \$65 / 90 minutes - \$85

Combo Packages

Ultimate Relaxation (Aromatherapy + Reflexology)

90 minutes - \$150

Tension Relief Duo (Deep Tissue + Reflexology)

90 minutes - \$145

Quick Escape (30min Back/Neck + Reflexology)

60 minutes - \$85

Address:

08th Floor
Arrival Beach & Spa
K. Gulhi

Open Hours:

10am - 7pm